## CHURCHILL & DISTRICT NEWS

# "Connecting Your Community

Established 1966

Distributed Free

CDCA - p2**Shop Churchill Local** 



Tennis Come 'n' Try – p 6 **Get Fit – Play Tennis** ROUND ROBIN Churchill Tennis



# ocal juniors gain Gippstar Award gold

The June Junior Gippstar Award the following categories as well: Winner is Alex Richards of Boolarra for his sport of archery. Alex competed in Australian Bowhunters Association (ABA) National two day Safari where he received gold in the U12 grade. Following on from this Alex competed in a three day national event where he also received gold in the U12 grade. Well done Alex

The June Open Gippstar Award winner is Tammy Richards of Boolarra for her achievement in archery. Tammy competed in ABA National two day Safari where she received gold in the Open Grade. Following on from this Tammy competed in a three day national event where she also received gold in the Open grade. Well done Tammy

Congratulations to all our winners! July/August nominations will close September 2, 2019.

Please note that you can nominate for

- Team of the Year
- Club of the Year
- Special Achiever Award
- Gippsland Sporting Champion

These Annual awards can be nominated at any time during the current Gippstar year.

If you would like to recognise the sporting achievements of a Gippsland athlete or any of the above categories, nominations can be made online at the Gippsland Sports Academy website www.sportgippsland.org.au.

#### What We Do

The Gippsland Sports Academy offers talented Gippsland athletes the opportunity to reach their full potential in their chosen sport and life by providing services such as advanced technical coaching and sport science programs covering strength and conditioning, psychology, nutrition and hydration and

personal development sessions.

Services are provided on three levels - Full Sport Programs, Service Delivery Programs and Individual Athlete Programs.

#### **Full Sports Programs**

Programs are developed in consultation and agreement with an Advisory Panel made up of representatives from the relevant State Sporting Association, local members of the specific sport, a Gippsland Sports Academy Board Member and an Executive Officer.

This level provides athletes the full complement of services, regular technical coaching expertise, sport science components and personal development. Sports currently involved at this level are: Swimming, Tennis, Volleyball, Netball, Clay Target Shooting,

Golf and Gymnastics.

#### **Service Delivery Model**

This level of service provides athletes with sport science components and personal development in consultation and agreement with an Advisory Panel made up of representatives from the relevant State Sporting Association, local members of the specific sport, a Gippsland Sports Academy Board Member and an Executive Officer.

#### **Individual Athlete Model**

This program is currently under review and details will be provided shortly. Please feel free to contact the Gippsland Sports Academy about this should you wish to make any enquiries.

#### **Rising Star Program**

The Gippsland Sports Academy has developed the Rising Star Program Initiative for athletes who show exceptional potential in their chosen sport. Identified athletes will be provided with additional services giving them every competitive opportunity as they work towards reaching their full potential. **Services** 

Gippsland Sports Academy Programs are facilitated by coaches of the highest possible standard with all coaches employed at a minimum semiprofessional level.

Our sport science and medical providers are also of the highest standard and work closely with all coaches and athletes providing:

\*sport science - fitness assessment, technique analysis, fitness training programs, psychological counselling \*sports medicine – muscular skeletal

screenings, injury management and

\*career and education – personal development and education, exposure to high profile athletes

\*training and competition – technical development, camps, tournaments with coach support.







- \* be a local
- \* buy local
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See story page 2

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#### CHURCHILL & DISTRICT NEWS

"Connecting Your Community

Churchill & District News is a community newspaper staffed by volunteers.

#### The Team

Team Leader/Secretary: Ruth Place

Barbara Cheetham Minutes Secretary: Treasurer: Delma Hodges

Ruth Courtis, Sally Kohler **Assistant Treasurer:** 

Editor: Carol Scott Advertising: Ruth Place,

> Shelley McDonald, Marion Ireland, Carl Hood.

Layout: Allan Larkin

Production: Tracey Burr, Carol Scott,

Ruth Place, Allan Larkin

**Proof Readers:** Ruth Place, Shelley McDonald,

> Gary Weston, Geraldine Larkin, Carol Scott, Jan Taylor Delma Hodges

Bronte Hillis Harland

Charlie Rawlinson,

Barbara Cheetham,

Sam Gillett Webpage:

#### www.cdnews.com.au

Facebook page:

Team Members:

Glenys Falk-Horsey Rebecca Barry



#### Contributions

The deadline for the submission of articles and advertisements for the September 2019 edition is August 25, 2019

#### **EDITORIAL**

Articles for publication and Letters to the Editor can be sent to:

Churchill & District News

PO Box 234, Churchill, 3842

Or Email: cdneditorial@aussiebb.com.au All articles must be submitted by the 25th of each month for publication in the next issue.



Articles can be left in our Drop Off Boxes Located at: Churchill Post Office, Co-Operating Church, Williams Avenue and The Churchill Hub

#### **MEMBER 2019**

**ADVERTISING** 

Advertising enquiries can be addressed to:

Ruth Place or Allan Larkin Churchill & District News

PO Box 234, Churchill, 3842 or email:

cdnadvertising@aussiebb.com.au Ruth Telephone: 03 5122 1961

Allan 0427 372 517

#### Disclaimer

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We acknowledge the support of







Shop Churchill Local

& District Churchill Community Association (CDCA) is partnering with the Churchill & District News to encourage local residents to shop here at our Churchill businesses. You may have noticed the "Be a Churchill local - shop local" logo that appeared on the front page of the News last month!

We are going to conduct a campaign to encourage people to shop locally and in the coming months, we hope to be offering 'incentives', such as prizes and giveaways, for those who do their shopping in Churchill.

We have met with a number of our local traders to discuss some ideas about marketing, cross-promotion, incentives and prizes for 'lucky' local shoppers. It's our aim to partner with and support, our Churchill businesses to encourage a more localised spend.

While we are currently focussing on the retail stores in the town centre, we would be pleased to include other businesses operating from a Churchill location. Contact Margaret Guthrie CDCA on 0407 876 443 or email mgcdca@hotmail.org you would like to discuss how your business could be involved in this campaign.

As we develop the promotion of and incentives for this campaign, we'll keep readers informed via the News. It is likely we will also be displaying some

#### July rain fall

There were exactly 16 days with rain, we had a total of 81mm for this month.

The day with the most rain was July 15 with 15mm, This will now add to our yearly promotional material in and around our shopping centre, so keep a look out for the "Be a Churchill Local – shop local" logo!

CDCA is also working with a number of community stakeholder groups and representatives to address some issues and build some more community spirit.

We are continuing to talk to the Mirboo North community bank branch of Bendigo Bank about opening an agency in Churchill. We are also continuing to look at options to ensure that Hazelwood House remains as an occupied facility in the future, even if Benetas does abandon Churchill.

We also think that it is high time something was done about that eyesore that used to be the petrol station on the corner of Acacia Way, so we are planning a community campaign to tackle United and get it cleaned up.

CDCA has a number of small Working Groups planning our actions on these matters, which includes people not previously involved with our organisation. This is enabling us to link with, support and partner with where appropriate, other community groups.

We have a long-standing relationship with the Churchill News and more recently we have been better connected to the Churchill Neighbourhood Recycling Centre. Our Project partnership is a good

example of how, when community groups work together, good things happen. Our latest initiative - the recycling of old x-ray films - is really taking off!

Currently, we are

exploring our next

proposed partnership with Churchill 'Active Kids'. This project aims to promote the extensive range of sporting clubs Churchill that provide opportunities for young people to participate in. As a partner organisation, we stand a better chance of securing funding for free 'Come &

Try' events, junior clubs'

expos, demonstration days,

etc.

Representatives from CDCA have also recently met with the new Churchill Campus Manager, Ms Leigh Kennedy, at Federation University. We discussed a number of ideas around more engagement between the campus and the town, centring on some actions and events that would encourage more 'mixing' between the town and university.

All being well, Leigh will be guest speaker at CDCA's Annual General Meeting which will be held at 7pm on Tuesday October 8. A formal notice of our AGM will appear in the September issue of the News.

If you'd like to meet



Leigh and hear about the development of the new campus master plan, you would be most welcome. CDCA meetings are open to all Churchill and district residents. (Note that formal voting on decisions and elections are only open to CDCA members).

CDCA meets at 7pm on the second Tuesday of every second month - our last meeting was held on August 13 and our next meeting (AGM) will be held on Tuesday October 8, (venue to be advised next issue). Another regular CDCA meeting is planned for December 10.

More information about CDCA can be found on our www.cdca.org.au website: or email mgcdca@hotmail. com Find us on Facebook search for Churchill District Community Association - and leave a message, or write to us at PO Box 191, Churchill.

total making it 296mm. Rain at Hazelwood South.

July had good rainfall, with 95mm for the month and

120% of the average for July. Since January we still have a 15% deficit.

The ground water recharge has improved, but is still poor for this time of the

The weeds are now easy to find and remove out of the ground, avoiding the need for any chemicals.

It is a busy time with weeding, clearing and burning any fire hazard vegetation, and any required digging while the soil is easy to work.

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PLEASE CONTACT **RUTH PLACE**  Submission of Articles:

Articles can be Emailed to: cdneditorial@aussiebb.com.au - Mailed to: PO Box 234, Churchill, 3842

OR put in one of our collection boxes at: Churchill Post Office and at the Co-Operating Churches.

Advertising enquiries can be emailed to: cdnadvertising@aussiebb.com.au

#### **Proposed Battery Recycling** Plant in Hazelwood North



Chunxing Corporation is currently seeking approval to construct and operate a Used Lead Acid Battery (ULAB) recycling plant at No. 2047 Fourth Road, Hazelwood North – please refer to location

The Chinese Government has approved the company, Chunxing Corporation to progress the proposed project and to seek the necessary approvals, with the plan to obtain approval by the end of 2019, with construction commencing early next year. The proposed plant will process some 50,000 tonnes per year of used batteries which will be sourced from Northern Territory, Queensland, NSW, South Australia and Victoria with the used batteries being transported to the site by truck via Tramway Road.

The used batteries will be processed into 28,000 tonnes per year of refined lead which will be transported from the plant via truck along Tramway

The company in the project description claims that there is a "good buffer zone of 2 km's from the nearest residential areas"

This is not correct, as there are a number of residences within 2 kms of the proposed

There are a number of industries located within close proximity to the proposed site and the Hazelwood North Primary School which has some 140 pupils.

The company advise that they will comply with EPA licence discharge limits for pollutants to the environment.

However, the World Health Organisation (WHO) advises that "there are no known safe

and the health impacts of lead exposure are significant". The WHO also notes that "young children and women of child bearing age are particularly vulnerable to exposure to, and the toxic effects of lead". This is of particular concern to the Hazelwood North community. The plant emissions may also adversely impact adjacent farm soil and pastures, the health of grazing livestock and also adversely impact property values in the Hazelwood North and broader area.

Due to the harmful effects of lead, we as a society are removing lead from petrol, paint, ammunition and even fishing sinkers. It seems illogical to knowingly introduce a new source of lead into an area where people live and work and children attend a school.

It is understood the company has already purchased the 13.3 hectare site at No. 2047 Fourth Road, conditional on obtaining approval for the project.

To obtain approval for the project, it is understood that the company will need to obtain EPA Works Approval and Latrobe City Council Planning Approval.

The project proposal was both reported and advertised in the Latrobe Valley Express newspaper on June 13, 2019.

However due to the Latrobe Valley Express no longer being distributed to households within the Hazelwood North area, very few residents were aware of the proposal.

To fulfil EPA requirements, proponent, Corporation is required conduct community consultation regarding proposed project.

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\* Tyre fitting and balancing \* Log book servicing and general repairs

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consultation community meetings which have been held on June 19 and 25, 2019. However due to the low level community awareness of the proposal, the level of community attendance at the meetings was very low with only about 12 people attending the first meeting and about 20 people attending the second meeting.

The proponent is seeking to obtain the necessary approvals for the project by the end of this year with construction of the plant early next year.

Whilst additional employment opportunities in the Latrobe Valley are welcome, these industries must ensure a safe environment for

Due to the number of concerns regarding proposal, and the apparent low level of community awareness regarding the project, a Hazelwood Community Action Group has been established to further raise community awareness regarding the project, and identify community concerns and to lobby government and regulatory authorities to not approve the project.

Further information is available by logging into noleadsmelter@gmail.com.

Location Plan for Proposed Site of Battery Recycling Plant Transfer Station Porter's Princes Freeway Waterhole Creek Firmins Lane

Proposed Site of the Battery Recycling Plant Church Hazelwood Road Primary Hazelwood Road 2047 Fourth Road Hazelwood North.

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SERVICE

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#### Yinnar, Yinnar South Landcare Group

Our landcare group has been busy over the last few months getting ready for this winter's plantings and looking ahead to make sure we will have everything in place to start growing plants for next year.

Meanwhile we are looking for an access route into the far section of our Billys Creek revegetation project. We have been in to direct seed a section of the bottom of the block by wading across Billys Creek at 25 crossings along the Grand Strzelecki Track; but all we had to carry was some seed and hand tools.

Next winter we will need to get browser guards, stakes, plants and planting tools in there from the top, and all sorts of ideas have occurred to us. If anyone would like to talk to us about pack-horses, flying foxes or self levitating cargo drones - we would love to hear from you. The bottom track goes through the national park, so camels, horses, vehicles and llamas can't use that route. Anyone who would like to volunteer to pioneer another route for us would also be met with gratitude.

For our other re-veg project in Middle Creek we are putting together a partnership with West Gippsland Catchment Authority Management (WGCMA) and expect to be collecting seed and growing plants ready for a big planting effort next winter. This will be funded by private donations to our group and by fire recovery funds that the CMA has been able to access. We did a small trial planting of tubestock recently and regret to report that it was all eaten by browsing animals within a week.

We are understandably very concerned about the sheer numbers of deer that are getting in to these sites and into the National Park. Feral deer do terrible damage to the bush as well as being a reservoir of stock diseases and a threat to agriculture. The rules about hunting deer in Victoria have recently changed. They are not yet declared to be a pest as they

are in other states, but now, we understand that if you have deer on your property, any licenced shooter is permitted to shoot them at any time. The carcasses still can't be sold for human consumption, but can be sold

Winter is a busy time for us outdoors, but it's also a good time to consolidate and learn.

Our Landcare Group is part of a wider network in Gippsland and recently we've had the chance to attend programs to learn more about many topics of interest. As well as being interesting and useful, these sessions have been a great opportunity to meet others, share experiences and get energised.

Topics have included:

Introduction (Geographic Information System), **Ouality** Monitoring, Fish Habitat Grazfert workshop, course for farmers, Regenerative Farming with Charles Massy, Retrosuburbia with David Holmgren, 2040 presented by Latrobe Valley Sustainability Group, Dung Information Day, Climate Risk in Agriculture Conference presented by WGCMA.

Presentation slides from this conference are now available on the WGCMA website.

(https://www.wgcma. vic.gov.au/for-landholders/ managing-climate-risks-in-

Our group will be running an illustrated talk about Direct

Seeding as a technique for revegetation projects at Arc Yinnar on Saturday August 17 starting at 2p.m. All are welcome to attend.

We will then join with the Friends of Morwell National Park for a direct seeding field day on Sunday August 18. The meeting point for this activity is the Junction Road car park at 9.30a.m. and we will then be walking from the bottom or driving in to near the top of Blue Gum Hill.

If you can come, please bring your food and drinks for the day and wear suitable clothing. If you can, please bring

a hoe or mattock, these may prove useful. (It's fungi season, so please make sure your tools and boots are clean and dry so you don't introduce any fungi spores to the park.) Other diary dates

October 13 for identifying plants, eating pizza and washing up our greenhouse equipment at Jeeralang North and, Saturday November 9 for our Maple Massacre at Budgeree Bush Reserve in Yinnar South.

Thanks to Marnie Ellis from Latrobe Catchment Landcare Network for some of this information.

Jay Duncan

Secretary, Yinnar, Yinnar South Landcare Group

5163 1393

https://www.landcarevic. org.au/groups/westgippsland/ yinnar-south/

Reg No 46053



#### **Churchill / Latrobe City Neighbourhood Watch and Churchill Town Safety Group**

#### Winter road safety

This month, the we are looking at winter safety on the roads.

With the colder weather upon us, we need to be more observant when driving.

Make sure your headlights are working properly and you have fully functioning brake lights and parking lights.

Being seen is very important and with frequent foggy conditions and the shortened daylight hours,

we need to turn on our headlights earlier and more often.

Many darker coloured cars blend into the road very easily and having the headlights on makes it easier for other drivers to see those cars and avoid collisions.

Sometimes in cold weather, the road can be slippery due to ice on

So, drive to the conditions and stay safe.



#### FOR EMERGENCIES, RING 000

FOR POLICE ASSISTANCE, RING 000

Police advise members of the public that, if you require police assistance, call 000. The police communications operator will be able to assess your need and either send a police vehicle, relay a message or find out when the police station will be attended.



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#### Peter Ponderings

By Peter Carter

Have you ever been rung up and had the bad news that someone you care about, someone you love has cancer.

There is a feeling of panic of disbelief as you face the real possibility that you may very well lose that person.

For some of our loved ones there will be surgery and treatment with the best of outcomes as the treatment works and the cancer beaten.

However despite the very best of care, the most modern treatment, the person continues to suffer and the cancer takes a stronger hold till the call is made that there is no further use in pursuing treatment as nothing will

From this point there is a length of time given until the person will pass away and both the patient and their loved ones now have to face what is coming.

For some in this position Palliative care wonderfully well as the pain is easily managed and the patients pass away easily and peacefully.

For others the pain is extreme and pain killers do little or nothing.

Then comes the inevitable question, would it not be better to give the patient

something that would help them to die and relieve their suffering?

Real compassion would cause us to answer in the affirmative and that is where the Victorian Government legislation on Assisted Dying comes from.

However as I have researched the outcomes from other countries that have this same legislation, I find that there have been many abuses.

Patients who have been pressured or felt pressured to die so that their families can benefit financially sooner, or made to feel as though they would be a burden on that countries medical system if they continued to fight their illness.

The State Government's legislation is not about the right of the patient to refuse further treatment or turning off life support machines, or even having a no resuscitation order, since patients have always had that right.

The legislation enables people to purchase and take a substance that is specifically designed to kill the patient.

Before the legislation this would have been considered either murder or suicide with no difference made in law between a drug, knife or

There are currently very strong safe guards and criteria for this legislation, but who is to say that this will always be

Our politicians are not known for their reliability research evidence shows that these guidelines have been relaxed in other countries by their politicians as public opinion shifts. Will our Government do the same?

As public opinion shifts in Victoria, will other people with issues such as dementia or Alzheimers be included?

Where will the line eventually be drawn, will it be drawn even as far as to euthanase people with disabilities?

It is really not so far out of the picture when you look at Australian political history, as politicians of all political persuasions pursue public opinion in order to win power.

There are many ethical spiritual questions surrounding the issue of assisted dying.

Many arguments for and against assisted dying can be made, with factual evidence provided to support all these arguments.

But the main question that each of us must make as we face the question of assisted dying is, what price do we put on life?

For me personally I believe in the sanctity of life and where possible we must preserve that life.

The trouble is that compassion moves me to not see anyone suffer needlessly.

Rather than assisted dying, I would like to see Palliative care given more resources to make the end of life care painless and peaceful.

Just my ponderings for

#### Co-Op Snippets

#### Christian Motorcycle Association visit.

On the last Sunday in June we heard the roar of motor cycles as they arrived church. There were Harleys, BMWs, and Triumphs to name a few and

they were owned by members of the Christian Motorcycle Association of Australia. They had come from Ballarat, Geelong, Werribee, Toongabbie Korrumburra, and other places, just to be with us and share about their work and their faith.

Some of the group also belong to the Pilgrims who raise money through donations to buy bikes for pastors in developing countries where transport and travel is difficult. Since 2002 they have raised \$75,205 and donated 33 bikes to 27 ministries in countries like India, Tanzania, West Timor, Cambodia, Indonesia, Bangladesh, Bolivia, Philippines, Uganda, Myanmar, Nepal, Zambia and Papua New Guinea. David brought us a message about the importance of breathwhat we breathe in is what we breathe out; put good things into your body so that good may come out. This means regular Bible reading, prayer,

Churchill

often been asked.

Christians were

In the Book of Acts

meeting

Chapter 2, the earliest

for prayer in a Jerusalem

upper room. It was the Day

of Pentecost, an important

annual festival in the Jewish

calendar. The first strange

thing that happened was the

sound of a rushing mighty

wind, not outside but right

there in the room! The second

supernatural thing was what

study and mixing with other supportive Christian people. Journey into Prayer.

A passionate speaker and believer in the power of prayer, Chek Chia spent the day with some members of the congregation telling us we need to pray, pray, pray.

He gave us many strategies for clearing the line for building up of our relationship to God. He asked us to pray for Australia, for our governments and for Churchill and district.

#### **Coffee Connections**

Coffee Connections continues to be held on the Thursday third morning each month at 10am at the Co-Operating Church in Churchill.

We commence each session with time to chat with each other over a well prepared morning tea followed by the chosen topic for the morning which varies each month.

Sometimes we commence the program by sharing any

news we have since we last met, then a thought for the day or a devotional thought, followed by the chosen theme for the morning.

During the last few months topics have included: bringing a photo when young to guess who it belongs to; sharing about a past holiday, or the most recent, bringing along an item that is precious to show and share with the group. The most recent was particularly stimulating. We are pleased to have our Minister, Reverend Peter Carter joining with us and we invite both men and women to come along and join in.

Thank you once more to IGA for allowing the church to have a stall in the entrance foyer. The wood raffle was again popular as were the plants, jams and pickles. The church finds this a positive way to engage with the community as well as raising much needed funds to keep the wheels turning.

#### Pest Control I & G COMBRIDGE IAN & GLENDA www.combridgepestcontrol.com.au 養養 養 養 養 養 養 養 養 養 養 養

#### Church Times

#### Boolarra/Yinnar **Co-Operating Parish**

All Sundays 11.00am now at Christ Church Boolarra 5th Sundays 11.00am Yinnar South

**Churchill Christian Fellowship** 

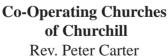
Bible Studies at the Churchill Hub,

7.30pm Tuesdays

Craft mornings and prayer meetings

Contact Linda on 0400 690 972 for

further information.



Sunday Service: 9.00am Willams Avenue, Churchill. Tel: 5122 1480

#### **Lumen Christi Catholic Church**

Williams Avenue, Churchill Tel: 5134 2849

Fr Solomon Okeh/Fr James Fernandez Saturday: Mass: 6.00pm Sunday: Mass: 9.00am 1st and 3rd Sundays:

> Yinnar: Mass: 10.30am 2nd and 4th Sundays: Boolarra: Mass: 10.30am

Churchill it's the belief that, according Christian looked like tongues of fire descending on everyone that Fellowship is a Pentecostal to the Bible, these things are Church. But what does that was there. And the third? still needed. mean? It is a question we have They were all filled with the Holy Spirit and began to

Christian Fellowship

had never learned. Maybe that's the best to describe Pentecostalism is all about. It's the supernatural ministry of the Holy Spirit in a believer's life. Speaking in tongues, spiritual gifts, divine healing. It's the belief that all these things are still available for the church in the twentyfirst century. More than that,

speak in languages that they

Want to know more?

The Churchill Christian Fellowship meets on Tuesday evenings in Studio 1, access from Philip Parade. Visitors are always welcome. The next healing rally is scheduled for 7.30 on Friday October 11 at the same venue.

Contact details and up-to-date information can be found at www. churchillchristianfellowship. com or phone Linda on 0400 690 972.

#### Uni Chaplin

I recently bought an old book which was written by the sister of a British poet and hvmn writer.

The book, by Maria Havergal, was written in 1880.

It is not a biography but a compilation of several of her sister's letters and some notes.

Frances Ridley Havergal (1836-1879) began writing poetry at the age of seven, publishing several volumes in her short life.

She is perhaps best known for the hymns 'Take my life and let it be' and 'Who is on the Lord's side?'

But as well as writing hymns. Frances wrote books for children and for adults. One book, called 'Little Pillows', was 31 short papers as a bed-time book for young girls and Frances put it together in just two weeks in 1874.

Each paper had a practical thought, a verse of a hymn and a verse of God's Word.

thoughts for children.

Together volume another compiled at the same time called 'Morning Bells', Frances provided a morning and an evening book of

Her life may be summed

Worth thinking about!



up in some of her last words, which were 'Trust Jesus'. closely followed with the faint singing of a hymn about trusting Him.

#### Al-Anon Based on Twelve steps

Step One: "We admitted we were powerless over alcohol that our lives had become unmanageable."

In Step 1 we do not admit that we are a failure. We may feel like a failure, but we have learned in this program that feelings are not facts. If we stop to reflect, we realise that we are not diminished when we admit our powerlessness over alcohol. In fact, in some important ways, we join the rest of the human race because we are all powerless over something at one time or another.

When we admit our life is unmanageable, we don't admit that we are a bad person. In our attempts to maintain the delusion of exercising power where we are powerless, our life has become disorderly. Although we may have temporarily lost control of our life, we have not committed a crime, we need only apply Step One to begin to regain our serenity.

Step One encourages us to build our life in a balanced perspective.

Step Two encourages us to make ourselves available and connect with our Higher Power to help us work out what things we can do to relieve the situation, e.g. call my sponsor or a friend, or go to an Al-Anon meeting. Step Two gives us hope and can restore us to balance, comfort, sanity and serenity through faith, trust, forgiveness and healing. We learn to look beyond ourselves for answers with the help of our Higher Power. It takes time but we can see the benefits to others and want that for ourselves.

Step Three encourages us to make a decision to turn our will and our lives over to the care of God as we understand him. This is an attitude to

develop as well as an action. It takes time. We can go straight to our Higher Power and skip the worrying through prayer and meditation as we make changes in our thinking and actions. Each new day is an opportunity to turn our life and our will over to our Higher Power and enjoy his peace and care.

Step Four is a searching and fearless moral inventory to clarify the things over which we do have power so we can make positive changes about who we can become. Sometimes we live for the results putting all our progress into achievement missing out on the gifts of today. It is worth the time and effort of pursuing recovery rather than stressing about our difficulties. Our Higher Power is with us as we go. The Fourth Step begins the process of becoming not perfect but more perfectly at peace with ourselves. Al-Anon shows you how disentangle vourself. sift through the debris and humbly ask our Higher Power to prepare us for new growth by removing the clumps in our way. It helps you to celebrate both your strengths and weaknesses.

Step Five invites us to leave the emotional prison in which we have spent our life and seek ongoing recovery through working the rest of the Steps. First admit to your understanding of your Higher Power, to yourself and to another human being the exact nature of your wrongs. This gives you an order for action and guidelines for prioritising the relationships on your life.

**Sixth Step** is when you have realised your defects and are entirely prepared to ask God to remove them in His time and in His order.

Praying to God helps us keep our defects at a distance and us on the road to recovery. It is the time you realise you are powerless to remove these defects on your own. It is the realisation that you need to ask your Higher Power for help with humility and selfforgiveness.

**Step Seven** is when you humbly ask God to take away your negative outlook. When feeling angry or resentful, stop yourself and think, examining the thoughts that lead to those feelings which are based on your old ways of reacting. Then you recognise these feelings are choices you have made and with the help of your Higher Power you try hard to focus on making the right choices for you that effect your emotional quality of life one day at a time.

Step Eight asks you to make a list of people you have harmed and then try to make amends. This list can also include yourself as often what we do harms us as well. This can be difficult especially if the person has died. However Al-Anon teaches that to become willing to make amends will help you move on as your heart softens and you begin to understand the people and their situations. It isn't about apologising for every problem, but figuring out how the relationship or situation went wrong, determining the part you played in it and doing what you can to make it right.

Step Nine is the actual carrying out of the ways you have thought of to make amends. The exception would be that to do so would injure the person or other people. It can be a very special experience this process, especially if it is afforded to yourself as well. The process

of making amends invites new acceptance and respect in all relationships. It is two way win win situation; a way to

continue to take a personal inventory and when we make mistakes to admit it. We are all human and we all make mistakes but accepting being human can help us to dismiss uncomfortable feelings such as guilt and shame. Step Ten also invites us to regularly keep a finger on our spiritual pulse so we can cooperate with God in your spiritual healing and growth. If you do something wrong you can stop, turn around and do something different. It encourages you to grow up, be responsible and make amends for your own benefit so you can be the best that you can be. This will lead to a life lived peacefully with God's

Step Eleven asks us to seek a deeper connection through daily prayer and meditation with God our Higher Power such as you would do with a trusted friend. It can be in silence, speaking out loud, and writing in a journal. It means bringing all of you- the uncensored parts as well. This takes discipline but reaps benefits and helps our days go more smoothly.

You feel richer, life is more meaningful. Be open to thoughts that come as you meditate. Trust God as He sees the whole picture and knows what is best for each one. If I follow His guidelines my life will be easier, saner

use this information.

Book Review "Emma" by Jane Austen

backfires completely. Miss Taylor's husband, Mr Weston, has a son Frank Churchill, who has been

> raised by a relative since the of his mother, and has taken their surname. He decides to visit Highbury meet his father's new wife. He is a dashing handsome young man and he and Emma become friends – it seems they falling in love with

each other, but the story has quite a twist and ends with three marriages. Jane Austen is said to

have commented that she is possibly the only person who likes Emma. Most of our book group agreed with this sentiment, and found her to be conceited, manipulative and smug.

The book was not easy to read because the language used was quite different to the way we speak and write today, and many words used old spelling; the book was also very wordy. There were many contrasts in the way we address people today, compared to the very formal manners of the time. For example, men were addressed by Mr and young ladies by Miss, even in very close and familiar relationships. It was interesting to note that the men married later in life, after they had established themselves, whilst the women married young, and preferably in the same or higher level of

The book seemed gossipy and petty, but when we contrast the world of today we have much more information and many more experiences available to us - the world at the time of writing this novel would have been a vastly different place.

During recent times our group has read many contemporary novels and it was decided to read a classic for a change. It certainly highlighted the differences in society and writing style, and whilst we are glad to have read "Emma" we are all looking forward to our next contemporary novel.

love more deeply. Step Ten ask us to

Jane

Steventon

1775,

seventh

minister.

moved

She

Bath with

her family

in 1805

until her

moved around

that year.

in 1818.

with her mother until

1809 and they settled in Chawton. She remained there

until 1817 when she moved

to Winchester to be near her

doctor. She died in July of

and after many revisions she

published four novels during

her lifetime. These were

"Sense and Sensibility" 1811,

"Pride and Prejudice" 1813,

"Mansfield Park" 1814 and

"Emma" 1816. "Northanger

Abbey" and "Persuasion"

were published posthumously

town of Highbury. The

family home is "Hartfield"

where Emma lives with her

indulgent and over-protective

father. She is spoiled, clever,

pretty and rich. She has cared

for her father since the death

of her mother and has vowed

never to marry. The family housekeeper/governess, Miss

Taylor, who is also very

close to Emma, has recently

married Mr Weston, much

to the disappointment of

Emma's father. Emma takes

credit for matchmaking this

union. Another young woman

in the town is Jane Fairfax, a

beautiful and accomplished

pianist and singer, and Emma

Smith who is of dubious

parentage and lower on the

social scale, and decides

to try to marry her off to

Mr Elton, the local Rector.

Harriet is in fact in love with

Robert Martin, a local farmer.

When he proposes marriage

to Harriet, Emma forces her

to refuse because she intends

with Emma manufacturing

situations to have Harriet and

Mr Elton together, but this

The story proceeds

to make her a better match.

Emma befriends Harriet

is quite jealous of her.

"Emma" is set in the

As a girl she wrote stories,

father's

death,

when

born

of a church

Austen

child

in

other children.

and safer. Step Twelve asks us to

carry the insights, experience, strength and hope we have learned to others with the understanding that they have to make the choice to use them or not. If asked about Al-Anon directly we can respond; if people confide about problems with an alcoholic friend or relative we can tell them of Al-Anon's existence; if we choose we can share how Al-Anon has helped us. But we must remember is not up to us it is up to God how the person will



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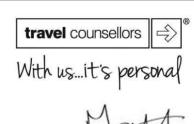
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# **Get Fit – Play Tennis** ROUND ROBIN Churchill OURNAMENT Monday, September 23, 2019

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4 and Over



**Players** 

have never played competition before (or played Section 8 and 9 in Latrobe Valley Tennis Association).

> II.30 am - 2.30 pm 18/U Competition Players

> > To Register:

Fill in the Entry Form and Mail to:-PO Box Box 270, Churchill 3842 by Thursday, September 19, 2019 Entry Forms are also available at

#### www.cdnews.com.au

More Information?

Contact Carol Scott 0409 326 769

#### **CHURCHILL TENNIS CLUB**

**Get Fit - Play Tennis Round Robin & Tournament** 

Monday, Sept 23, 2019 - 9.00 am - 11.00 am and 11.30 am - 2.30 pm

**ENTRY FORM** 

Player's Name		
Phone No.	Age	
Section played		LVTA/Other

My Son/Daughter would like to enter the -

**Hotshots Tournament Competition Tournament** 

#### Conditions of Entry

\* Players enter at own risk.

\* The referee's decision will be final.

I understand the Conditions of Entry:

Signature of Parent/Guardian ....

For Further information contact

Carol Scott 0409 326 769

Entries close: Thursday, September 19, 2019 Post entries to: Churchill Tennis Club, PO Box 270, Churchill VIC 3842

#### 700 times thank you

thanks Many all Churchill residents who contributed to the grand total of seven hundred clean, unused, left over nappies that were placed in the collection box located at Churchill Neighbourhood

Centre during the past year. This is a remarkable total for our town.

All hundred nappies have now been distributed Churchill North Primary School Day Care, Anglicare Churchill and Latrobe City Maternal & Child Health Service. These organisations are locally based and the nappies will be used by local families in need of support and help at this time.

The Nappy Collective began in

2013 as a group of Mums who found a handful of nappies that their toddlers did not fit into anymore. After considering the options of what to do with only six nappies – pass them onto a friend! Keep them for the next child! Throw them out, what a waste!

Collection of these odd left over nappies from throughout Australia has now grown to over 2.4 million nappies being donated and distributed to charities that help those in need.

Churchill & District News



has been helping with this collection since 2014. All nappies collected in Churchill have been donated to and used by local charities.

A big thank you is also given to Churchill Neighbourhood Centre for keeping a collection box for nappies in the foyer. Nappies can be placed there at any time and they will be gratefully accepted.

Top: Abigail and reps from Maternal and Child Health and Anglicare reeiving their nappies.

Below: Dianne accepting nappies for Churchill North Primary School Day Care

#### Plants in my Garden

By Mike Beamish

Species: Caesia calliantha. Family: Asphodelaceae in Victoria, Hemerocallidaceae in Tasmania, both formerly part of Liliaceae.

Derivation:

Caesia: Named after Federigo Cesi (1585-1630), the founder of the Lincei Acadamy in Rome in 1603 and the Italian naturalist who is said to have discovered fern spores.

calliantha; From the Greek calli, meaning beautiful, and anthos, meaning flower.

Name: Blue Grass-lily.

Distribution: Occasional in heavier soils in western and northern Victoria, on the basalt plains near Melbourne, but rare in eastern Victoria, with a few records from round Glenmaggie and Bruthen. Also listed as common in Tasmania, scattered along the Great Dividing Range in NSW and present in South Australia, but with no records mentioned online.

Description: A tufted plant with shiny, green, grass-like leaves to 50cm in length. The flower stem can be 70cm tall, sometimes branched, each carrying a terminal cluster of blue flowers. Each flower is up to 2cm in diameter and has 6 petals, each with a central nerve in a darker shade of blue. The petals wither into a strongly twisted spiral as they age.

Opinion: This is a nice little tufty that fits in with the other tufties planted around the rim of my frog pond. I'm amazed that it is still going strong, as I find it difficult to maintain these little lilies in the garden. Perhaps we should treat them as annuals, as that is how they act. In the wild, they're seasonal, growing strongly and flowering when

the conditions are suitable and then withering back to their underground tubers over the hot, dry months, waiting for the next break.

They try to do this in the garden too, but us humans throw water around in the dry times, which can be detrimental to a lot of the lilies and orchids, causing their tubers/roots to rot in the ground. Sometimes we can maintain conditions suitable enough that the plants retain their leaves over summer and don't die back to their tubers, basically becoming "evergreens", which seems to protect from root rot. I think this is what has happened with my Blue Grass-lily and also with my Yellow Star Lily (a future PIMG); they're shaded and watered enough to become "evergreens". This hasn't

**ADVERTISEMENT** 

helped my Branching Grassflag (Libertia paniculata, PIMG 141) though, planted next to the Blue Grass-lily – it's looking very poorly.

Sources: Sharr – WA Plant Names and their Meanings, Elliot & Jones – Encyclopaedia of Australian Plants, Volume 2, Corrick & Fuhrer – Wildflowers of Victoria, Online – Floras of Victoria, NSW, Tasmania and South Australia.

The Australian Plants Society Latrobe Valley Group meets on the second Thursday each month at 7.30pm, at the Horticultural Buildings of Federation Training, on the corner of Prince's Drive and Monash Way, Morwell. All guests welcome, please let us know you are coming by calling Mike on

0447 452 755.





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P: (03) 5134 8000 E: harriet.shing@parliament.vic.gov.au



#### Furry Fundraiser

Last year over \$1,400 was raised for Pets in the Park which provides medical care to pets of the homeless in Melbourne. This year the fundraiser is expanding to include Pet Medical Crisis which operates more locally and assists with the costs of medical intervention for companion pets in Victoria, where the owners inability to fund the care would otherwise result in death or significantly impact quality of life.

The happening on Sunday October 13, from 12 -3pm. There will be dog games run by Gippsland Dog Obedience Club, photography sessions from Fetching Images Photography and massages from MFD canine myofunctional therapist with proceeds going towards the charities. There will be a sausage sizzle from the Lions Club and the sponsored walk happening in the background.

The main fundraising area will be the sponsored walk and participants will set their own distances so that it can be tailored to peoples' limits and then they will seek sponsors for this.

For information contact Geraldine on 0447 351 295.





mathison park Churchill





What a beautiful sunny day we had for our working bee which was postponed from the previous week due to terrible weather. We welcomed Richard who has joined our volunteers. We will appreciate his vast experience with trees and learn lots.

There was plenty to do and we achieved a lot of the planned activities.

The burn pile was set alight and watched over. A garden bed with lots of dead

weeds was cleaned up, shrubs pruned and staked. Two new deciduous trees were planted and another transplanted. Mulch was placed ready for the Corrections team to spread in one of the garden beds. We offer a big thank you for that work as it would have taken the volunteers much hard work to do that by hand.

This all happened in the lovely surroundings of Mathison Park - a jewel in Churchill's crown.

The committee is working to smarten up the park and to that end we have had Eric and his stump grinder remove the ugly stumps.

Thank you to all those who use the doggie poo bags correctly by collecting the poo and making sure the bag goes in a bin and not dropped along

**MORWELL** 

Lunch

12-2 pm

**Dinner** 

6-8 pm

the way. You are responsible pet owners. Someone is trying to highlight the fact that many owners are not responsible. Let's hope they get the message.

Thanks to Allan R for fixing the rails over the small bridge before the long boardwalk. It is wonderful to have Allan's support in the

A huge thank you to the council mowing team which has taken over mowing a

greater area of the park and taken the burden off the committee for sorting this issue. They are also working with the Corrections teams to keep our park looking well cared for.

Working bees are usually held on the second Saturday of each month starting at 9am. We meet in Mackeys Rd carpark to sign in and assign activities for the morning. For further information contact Ruth 5122 1961.





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We have plenty of books, DVDs and

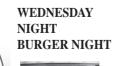




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# Hazelwood Cemetery Trust – remembers James Henry McGrath

By Leo Billington Today there 00 cemetery t

400 cemetery trusts with responsibility for cemeteries across Victoria. Most cemetery trusts hold their records – some in electronic formats and others in huge, well-worn books with records written in fading ink or even pencil.

The Department of Health and Human Services believes the number of lost cemeteries in Victoria is unknown.

But there are people who are now trying to recognise these long-forgotten burial places as well unmarked graves.

It's often believed if you walk through an old cemetery, it's just a mowed area, although one may see lots of undulations and little bumps. Generally, you know it's an unmarked grave here or there.

The Commonwealth War Graves Commission has a database which lists the 1.7 million men and women of the Commonwealth forces who died during the two world wars and the 23,000 cemeteries, memorials and other locations worldwide where they are commemorated. Some are in unmarked graves.

It's estimated (a guessimate, that is) about one-quarter of interments in the Hazelwood Cemetery are unmarked graves.

James Henry McGrath was born in Nelson, New Zealand in 1876. At the age of 40 years and 4 months, he enlisted on February 11, 1916, joined the 8th Light Horse Regiment, 18th Reinforcement and embarked from Melbourne on July 11, 1916.

He died as the result of an accident on Tuesday evening, August 22, 1933. James Henry McGrath is buried in an unmarked grave in the Hazelwood Cemetery. Through research by local resident, Rob de Souza-Daw, together with Hazelwood Cemetery Trust Secretary, Gayle English, this unmarked grave has been located and will soon be identified by a brass plaque financed by the Morwell RSL Sub-Branch. The Hazelwood Cemetery will provide the requisite concrete plinth upon which the plaque will be mounted.

James McGrath worked for Hazelwood North farmer, William Shaw. At the magisterial inquiry following McGrath's death, William Shaw indicated "I have known him for 23 years".

McGrath's enlistment papers for the Australian Imperial Forces list his occupation as "Groom" and the next of kin being "Mr William Shaw". It's noted also that McGrath's parents were deceased and that he was not married.

In reporting the magisterial inquiry, The Morwell Advertiser indicated

'The deceased was a veteran of the Boer War and also served in the Great War. He was a widower and leaves one son to mourn his loss'.

New Zealand Boer War records show a Private J. J McGrath embarking on the SS Gymeric on March 31, 1900, bound for South Africa to fight for Britain in the South African War. (This) Private McGrath came from Timaru, his occupation was listed as "shepherd" and that he was skilled in "horsemanship".

(This) Private Jim McGrath was a member of the 5th New Zealand contingent, otherwise known as the "New Zealand Bushmen" and "The Fighting Fifth". Further relevant information is unfortunately scarce.

James Henry McGrath is listed on National Archives

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**HAZELWOOD NORTH RESIDENTS** 

CHURCHILL & DISTRICT NEWS

Connecting Your Community

of Australia as being born "near the town of Nelson", occupation being a horsebreaker.

His Certificate of Medical Examination undertaken in Melbourne shows James, at 40 years and 4 months of age being a fraction over 5 feet and 7 inches tall, with a chest measurement of 36/38 inches.

During the course of the First World War standards for age, minimum height and minimum chest measurement for enlistment in the AIF were altered. The requirements in August 1914 were 19–38 years, height of 5ft 6in and chest measurement of 34 inches. In June 1915 the age range minimum height requirements were changed to 18–45 years and 5ft 2in, with the minimum height being lowered again to 5ft in April 1917.

It's therefore safe to profile James being employed by William Shaw at Hazelwood North working as a farm labourer with horsemanship type skills.

He departed Melbourne on the R.M.S Mongolia on 11 July 1916 with 119 AIF as the 2nd Australian Light Horse Field Ambulance 19th Reinforcements, 1st Wireless Signal Squadron 6th Reinforcements and Dental Details.

As a member of the 8th Light Horse Regiment, James reported for duty at Moascar, Egypt on August 19, 1916. About two months later, he was hospitalised in Masaid with a hernia. This ailment remained into early 1917. He was discharged in March of that year however, within three months he was diagnosed with a double hernia and hospitalised again. In August, James was returned to Australia and formally discharged from the A.I.F at Melbourne on

September 27, 1917, being declared "medically unfit – double hernia – senility".

(Masaid also in Egypt, is in the El Arish area.)

Department of Defence documentation dated October 12, 1917 reveals James listing his allotee (person to receive any outstanding rates of pay) as William Shaw.

In its Thursday, August 31, 1933 edition, the Morwell Advertiser reported:

FATAL FALL

Death of Mr Jim McGrath

'A former well-known and highly respected resident of the district in the person of Mr Jim McGrath, met his death in a simple and sudden manner, on Tuesday evening last. Deceased, who was about 66 years of age, had been living with his son in Sale, for some time past'.

James was planning to visit William Shaw and commenced walking from Morwell along the Jeeralang Road. He was offered a ride in a horse drawn jinker by Mr R Farran. They were old friends.

It was reported that:
'...whilst they were

driving along yarning, the horse suddenly stumbled and fell, with the result that both Mr Farran and Mr McGrath were thrown out on to the roadway.

Mr Farran was uninjured but poor old Jim lay unconscious. Mr Farran did what he could for him and sent for doctor, but he passed away before the doctor's arrival, death being due to a fracture of the neck.

The deceased was a veteran of the Boer War and also served in the Great War. He was a widower and leaves one son to mourn his loss'.

Researching the years between 1917 and 1933 to become more acquainted with James Henry McGrath will need to wait for another time.

There is evidence James was still in Hazelwood North during September 1919.

He played a pivotal role at a gathering held in the Hazelwood North Mechanics Hall to honour soldiers from the area.

The Morwell Advertiser reported that 'The hall was decorated by 'Trooper J. H. McGrath in such a way with fern fronds, and evergreen from the bush,

flowers, flags, etc. is to give it the appearance of quite a fairy dell, with the words "Welcome Home", "Home Sweet Home" in large letters showing prominently."

Mr T Livingston MLA afterwards proceeded to present, in fitting terms, handsome illuminated certificates and gold medals for the following:

Sister Nadenbousch, Sister Thompson, Sister Waldon, Trooper J H McGrath, and many others from the local area.

The wording on the certificates was as follows:

1914 The Great War. 1919. District of Hazelwood.

Presented to (Soldier's name) -

On his or her return home from active service in the great war of 1911-1919 by the Hazelwood Welcome Home Committee in grateful recognition and high appreciation of his or her services for King and country.

A new plaque will gratefully recognise James, seemingly a quiet guy who battled through life albeit largely finding fulfillment at Hazelwood North.





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Hazelwood North Fire Brigade and Hazelwood North Hall

Please see our decorative display at Dunbar Road Garden Supplies, Traralgon or visit our web site WWW.geostone.com.au

# 



We all know that any sort of exercise or physical activity is good for us, but sometimes it's hard to know where to start. WJR Latrobe could be the answer for you.

Having grown out of Churchill parkrun in early 2016, initially known as WJR Churchill, WJR Latrobe Inc is now an established recreational running group affiliated with Athletics Victoria. With over 60 members from across the Latrobe Valley, the group continues to grow and has become an important social as well as recreational group for its members.

Meeting up each Wednesday evening at 5:30 pm outside the Churchill Hub rain, hail or shine, the group attracts around 25 participants on average per session even over the winter months.

for around 40 minutes the socialising usually continues for much longer.

Membership is open to people of all ages, stages and abilities and current members are from three to 76 years of age. "We really want to provide an opportunity for anyone who wants to improve their fitness by walking, jogging or running or a combination of these" said head coach and foundation president Ben Bailey. "I've learnt to never underestimate the capacity of people to take on a challenge, set a new goal and achieve. The support and encouragement members give one other is just as important as the coaching. Ultimately the aim is for everyone who comes along to have fun, feel welcome and learn something more about themselves and their capacity" Ben added.

Since the group started,

Valley

many members have improved their running enormously, gaining confidence to participate in community events offered across the region and beyond, achieving results they never thought possible. Churchill parkrun and numerous other parkruns established since across the region have also contributed. While it is a recreational running club, many take their running very seriously, while others are happy to just be there.

For more serious runners coaching sessions are also conducted in Morwell at 6:30 pm each Monday night and sessions at the Newborough athletics track over spring and summer months as an introduction to track running and potential competition. There are also WJR Latrobe events organised monthly that anyone can participate in.

Fees are kept low, especially for families, people of low incomes as well as for students, with an annual fee for an adult in employment of \$50.

For anyone interested in finding out more or who is keen to give it a go before joining you are encouraged to contact either President Ben Bailey 0411 400 919 or Secretary Heather Farley on 0408 143 947. You may also want to check out the website and facebook pages.

#### Russell Northe MP

Royal Commission into Mental Health

Many Churchill residents will be aware of the Royal Commission inquiry into mental health which is currently in progress. This is an extremely important body of work and an opportunity for individuals, families, organisations and workers in the sector to have a say on their experiences when interacting with the mental health system. I do commend the State Government for initiating this inquiry.

In my conversations with countless people and organisations over the years, I invariably receive feedback that often describes a system that is broken, fragmented and under resourced. By no means is this a reflection on workers in the mental health sector who are valued, respected and admired for their incredible dedication and commitment. They need and deserve to be better resourced and supported.

We do face unique challenges in the Latrobe and statistically Valley across a range of areas we sit uncomfortably high when referring to mental health and associated issues such as suicide, crime. unemployment, drug and alcohol abuse and a lack of crisis housing. I have previously identified several initiatives which, with increased funding and resources, would support our community to achieve improved mental health outcomes.

These include ensuring Lifeline Gippsland adequately funded State Government. Only 12% of Lifeline Gippsland's total funding comes from Government, with the remainder coming from generous donations and through fund-raising activities. Volunteers at our Lifeline Op Shop in Churchill should be enormously proud of what they contribute to help people in crisis, but we also need the State Government to step up to the plate so Lifeline can deliver additional suicide

prevention services for those in need.

Similarly Gippsland mental health advocacy group Barrier Breakers previously had its State Government funding discontinued which unfortunately means their future is uncertain. We simply can't afford to have these types of supports and services diminished for people contending with mental health issues or their families.

Programs undertaken by Life Education Gippsland are only delivered in a small number of local schools due to financial constraints. Some other states in Australia fund and deliver this positive and preventative drug and health education program much more broadly than that which currently occurs in our region. We need early identification, education and intervention for those at risk and these programs form a solid foundation on which to build a sustainable service offer.

I have also been advocating strongly for more detox and drug and alcohol residential rehabilitation beds for our region, and whilst I commend the State Government for making some commitments, investment needs to continue to occur in supporting individuals and families who are contending with such issues. A residential rehabilitation youth facility is planned to be built between Morwell and Traralgon; however additional beds are required right across the mental health spectrum and for all ages.

In making a submission to the Royal Commission I have endeavoured to convey the urgent need for additional resources, funding and support required to manage the mental health system in our region. I have also requested that the Royal Commission host public hearings within the Latrobe Valley to ensure locals have the opportunity to have a voice on the most important of topics.

More information about the Royal Commission can be found at: https://rcvmhs.vic.



Russell Northe MP

If you would like a copy of my submission please feel free to call my office on (03) 5133 9088.

#### **Business Awards**

I recently had the absolute pleasure of attending the Telstra Finalists breakfast acknowledging fabulous local businesses from across the region who have made it as finalists in the prestigious Gippsland Business Awards.

This event was held at the Churchill Hotel and I thank Guy and Stacey and their hard working team for the sumptuous fare on offer. It was a fabulous opportunity to touch base with many Gippsland business owners and to celebrate their success and achievements. Being a finalist in the Gippsland Business Awards really is a fabulous testament to the dedication and commitment of our local business owners and their employees.

Despite some recent challenges within the Churchill township, it's important that we remain positive and ensure Churchill is a strong and thriving community. Subsequently, I encourage everyone to try and support our local businesses possible wherever by shopping locally. Remember these businesses employ local people and invariably support our schools, our community groups and our sporting and recreation clubs.



#### **Maryvale High School Reunion**

**Students commencing Form 1 in 1972** 

Home rooms – (Gamma, Kappa, Lambda)

Saturday 26 October 2019

Venue - Morwell RSL (5pm) RSVP 30 September 2019 to

Titch lizloughhead@hotmail.com or

Felicetta felicetta.kile@hotmail.com Mobile 0421 950 661



#### Learning English



English for Parents is a group meeting each Wednesday at Churchill Neighbourhood Centre.

Parents from various countries and backgrounds come together with a class teacher in order to improve their English.

The class is very informal and focuses on general conversation. Those attending bring their babies and children who play with toys and games during the class.

The group enjoys sharing food and recipes which is a great way to develop English and share culture. There is often much laughter when they discover new words from our unique Australian English, eg. "chook" you would be surprised how unknown that word is.

One participant brought the class to tears of laughter one day when she said "I thought I knew English until I came to Australia. I didn't know what people were saying".

Friendships extending beyond the group often form across the various cultures which just goes to show how

these lovely parents from different countries are able to embrace the language of their newly adopted country.

welcome members to our friendly group which meets every Wednesday 12.30 to 2.30pm, so if you know anyone who may benefit from this very different program please tell them about us.

Contact us at Churchill Neighbourhood Centre, 9-11 Philip Parade, Churchill 3842 tel: 5120 3850.

#### Hazelwood Pondage ontinues

#### Latrobe Regional Gallery invites you to celebrate

Voice, Treaty, Truth: Gunaikurnai artworks from the Latrobe Regional Gallery collection, Uncle Albert Mullett and Steaphan Paton.

recognition of In NAIDOC week 2019, Latrobe Regional Gallery is proud to present Voice, Treaty, Truth from July 6 to October 6. Featuring artefacts crafted by past Gunaikurnai elder Uncle Albert Mullett, kindly loaned by his family along with a screening of Boorun's Canoe, featuring Uncle Albert Mullett and his family, created by Steaphan Paton and Cam Cope. These will be on display alongside artworks from Latrobe Regional Gallery's permanent collection by Gunaikurnai artist Jennifer Mullett.

July 13 to October 13,

Gallery 1 & 2

A major exhibition of artworks from the Cbus Collection of Australian Art featuring 38 significant

This is a special opportunity to see artworks, some rarely displayed from impressionist, modern and periods post-modern Australian art.

In Morning, Noon and Night artists depict different times of day, sometimes as a record of atmosphere and sometimes as a metaphor for existential questions.

Vessel - a voyage

A solo exhibition of the work of Kevin White, curated

July 27 to October 6,

Gallery 5

Kevin White is one of the most eminent artists working with clay in Australia and has been instrumental in educating a generation of younger artists, dedicated to the medium of Ceramics. As a practitioner, White's porcelain vessels and their contemporary embellishment take inspiration from the elegance, philosophical sophistication and technical skill of the East Asian ceramic tradition.

This exhibition 'Vessel: A Voyage' features over forty works produced from 1983 to the present.

Member for Morwell Russell Northe has again written to Minister for Regional Development Jaclyn Symes, that calls upon the State Government to commit to undertaking a feasibility study of Hazelwood Pondage and its future. Following on from meeting with the Minister in Parliament in June with local stakeholders, Mr Northe along with representatives from Latrobe Valley Yacht Club (LVYC), Hazelwood Pondage Action Group (HPAG), Yinnar and District Community Association, Latrobe City **Business Tourism Association** (LCBTA) and local CFA brigades also recently met with Latrobe City Council. "It was pleasing to hear that Latrobe City Council is very supportive of retaining the pondage as an asset for community use" said Mr

previously passed motions indicating their support, and have written to the Premier stating it is the community's wishes to keep this vital asset open for future generations to enjoy. Nearly 5,000 people have signed petitions, which verifies the strength of local stakeholder and community support - a position also endorsed by Latrobe City Council." Mr Northe is calling for the Government to conduct a feasibility study that would look at all aspects Hazelwood Pondage including the structural integrity of the pondage walls through to the benefits that local stakeholders and user groups have enjoyed over the years. "We know Engie have previously commissioned a report on the integrity of the pondage walls; however many stakeholders have expressed their disappointment that the full report, despite its technical nature, has been

"Latrobe City Council has

recently provided to Latrobe City Council but not released to the general public," Mr Northe said.

"It is my strong view that any decision on the pondage's future be halted until a comprehensive feasibility study that includes a cost benefit analysis of the social and economic impacts upon local businesses, user groups, stakeholders and individuals is completed", said Mr Northe. We also need to understand the possibilities around management and water management options, and future opportunities that would continue to make the pondage an attractive destination for locals and tourists alike. "Once again I implore the Minister to commission this important piece of work and I also encourage the Minister to visit the site and meet with local stakeholders and Council so she can fully comprehend why the pondage should be reopened" Mr Northe said.



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## Hazelwood 8 Rotary Club

Contact: Ray Beebe, Secretary 0408 178 201

**MEETINGS:** 

Mondays 6.30pm - 8.00pm

MORWELL BOWLING CLUB

**ALL WELCOME** 

"Wheelchairs For Kids (WFK) is an organisation supported by Rotary, whose mission is to manufacture and distribute wheelchairs to children assisting them with the means to raise them off the ground from where they're presently confined, gaining a new level of freedom and mobility."



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#### Hazelwood Rotary Club and Father's Day

to my husband we have in in our

By Leo Billington

Father's Day Sunday, September 1 seems to have a rich history, dating back to at least the 1500s. A quick scan of Wikipedia (notwithstanding its academic limitations) suggests a customary day for the celebration of fatherhood in Catholic Europe is known to date back to at least 1508.

Fast forward to more contemporary times, as a civic celebration in the US, it was inaugurated in the early 20th century to

complement Mother's Day by celebrating fathers and male parenting. Marketers suggest the twin occasions provide an opportunity for

profits in time for Christmas. In addition to Father's Day, International Men's Day is celebrated in many countries on November 19 in honour of men and boys.

retailers to replenish their

1909, Sonora Smart Dodd of Spokane, Washington, was apparently inspired to create a holiday honouring fathers. William Jackson Smart, her father, was a farmer and Civil War veteran who raised Sonora and her five younger brothers by himself after his wife, Ellen, died giving birth to their youngest child in 1898. While attending a Mother's Day church service in 1909, Sonora, then 27, came up with

Popular marketing parlance tells us to honour Dad and enumerate his special qualities.

To this end, Hazelwood Rotary Club will provide its famous customer friendly gift-wrapping service on Saturday, August 31 at Mid Valley from 9.00 am to 5.00 pm. As with other giftwrapping occasions, cost of wrapping those favourite gifts for Dad will be a donation.

Following on September, Hazelwood Rotary will support the Very Special Kids appeal with a sausage sizzle at Bunnings Morwell.

Very Special Kids cares for children with life-threatening conditions by providing a children's hospice and professional family support services.

Hazelwood Rotary Club has been a staunch supporter of the appeal over many years.

#### Top travel award

Some of you remember Churchill's own Travel Agent Matt Schmitz Travel Counsellors for having been nominated within the top five agents of Australia through NTIA last year. To follow on from his success Matt was recently the recipient of two major awards.

Travel Counsellors is a world-wide franchise that celebrates each year with Australian National Conference.

In June Matt flew to Adelaide for the Travel Counsellors National conference and awards ceremony, where he took out two prestigious awards.

Top Leisure Agent -Australia and Top Customer Service. The customer service award is given to the agent with the most recognition from their clients. Each client booking with Matt completes a survey, based on the feedback of local people, 154 out of 156 perfect scores, he has been recognised nationally as receiving the highest 100% ranking Australia has ever seen.

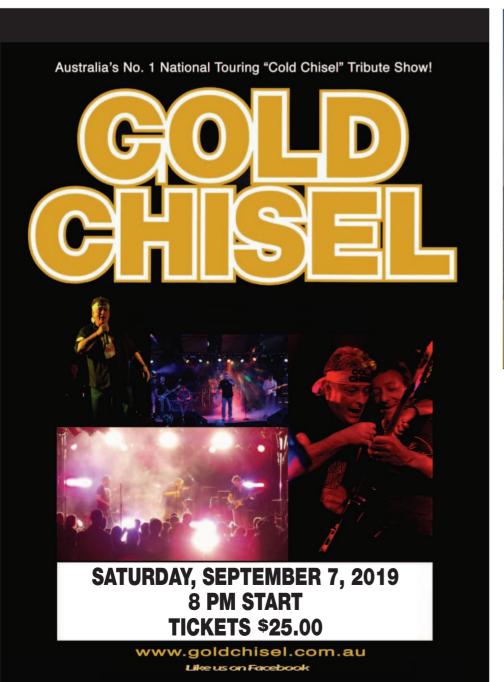
This is the third year running that Matt has taken out these awards. Matt is humbled by these awards and says "without the ongoing loyalty and support of my customers these awards would not be possible."

Matt states while the

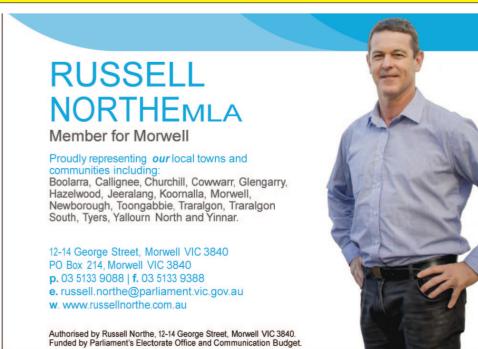


recognition is fantastic he and only wants to do the best

does not take it for granted he can for his customers.







# Taking the first step to getting help

It's important to look after ourselves and our relationships, but when things aren't going well, it can take a lot of courage to take the first step and reach out for help. The process can be even more difficult if you find you have to wait for a counselling appointment.

Kylie Lancaster, Senior Manager Gippsland at Relationships Australia Victoria (RAV), said that it was important that people could access services promptly once they'd made a decision to do so.

"Making that first phone call can really be quite daunting for people and we're focused on being able to be responsive and offer clients an appointment in a timely way," Ms Lancaster said.

"We're therefore pleased to be growing our counselling team and welcoming two new counsellors."

They join the existing qualified, skilled and experienced counsellors at RAV who can provide counselling for individuals, couples and families, including children.

According to Ms
Lancaster, people seek
counselling for a wide
range of issues, including
relationship difficulties,
mental health issues,



managing stress and life changes, grief and loss, and family violence.

"Separation or divorce is also often one of the most stressful times in life, and so we work to help people during this stage of life, including how they parent their children after separation."

Ms Lancaster said that counselling at RAV provided a safe and supportive environment which gave people the opportunity to talk about their problems and concerns, gain new perspectives and generate solutions.

"Our counsellors are non-judgmental and can help

clients to find positive ways to manage their situation, so we encourage people to reach out for help, no matter what their concern is.

While some people are hesitant to attend counselling initially, once they're able to share and talk about their concerns, many often feel like a weight has been lifted off their shoulders."

RAV provides counselling services from its Traralgon centre and from additional outreach locations across Gippsland. To find out more about RAV's services or to make an appointment with a counsellor, call 1300 369 630.



Mary and Martina with some of the gifts they received from their grateful customers.

# Farewell and Thanks

The people of Churchill and district bid a fond farewell to the staff of The Commonwealth Bank which closed on Friday July 12, 2019.

We say thank you for your willingly given service and helpful ways.

Our best wishes for the future are extended to staff members Mary, Martina, Lorelle and Lisa.



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#### Applications now open for community support program

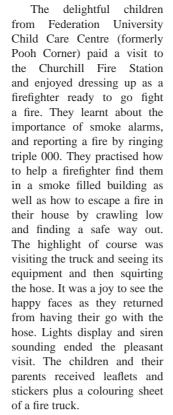
Applications are now open for Gippsland Water's annual community support program. Managing director Sarah Cumming said the program, now into its second year, aimed to build on the success of its inaugural 2018/19 round. "Once again, we're looking to partner with community groups and not-for-profit organisations on initiatives that will make a genuine difference in our local communities," Ms Cumming said.

Local schools, sporting groups and community organisations encouraged to apply. "We're particularly interested in initiatives that promote water conservation, water and wastewater education, environmental sustainability and public health," Ms Cumming said.

Ms Cumming said the program had already funded a varied list of projects, all of which were based around a central theme of water in the community. "Last year we

funded three projects, each in the order of five thousand dollars, including educating local students on waterway health, installing a rain water tank to conserve supplies and recycled water irrigation systems."

Ms Cumming said the program highlighted the higher purpose the water corporation performs within the region. "This is another example of the essential role we play in our community - while water and wastewater services are our core business, we're also passionate about supporting our local communities to stay happy, healthy and Ms Cumming connected," Applications concluded. of up to \$5,000 must to be matched and spent by June 30, 2020. Applications close on September 13, 2019 and successful applicants will be announced in October 2019. For more information and to apply, visit www.gippswater. com.au/sponsorship or call



#### **Breathing Apparatus Training**

As part of a statewide rollout of new breathing apparatus sets, Churchill and Hazelwood North fire brigade members have been completing conversion training to learn about the new sets and the updated operating procedures.

Members undertook one night of learning about the new sets, all the components, how the sets operated, and the safety features that the new sets allow.

The sets to be housed with the Churchill brigade are a new style of electronic set. Like most new equipment, technology advances mean that there are a range of new features which are made possible by the use of a small computer built in to the

The sets can now monitor the breathing rate of the wearer and adjust the display of remaining air to much more accurately reflect the time left for the firefighter to continue working.

Churchill CFA

Early alerting using visual alarms is also now possible through the use of lights in a Heads Up Display, which works in conjunction with the familiar audible alerts. Improved voice communications are also now possible through the use of an external speaker that amplifies the firefighters speech from within their mask.

A new feature that greatly increases firefighter safety should someone get into trouble and run low on air, is a hose on each set that allows the firefighter to connect up to another firefighter's set, to take on extra air while they are

removed to safety.

Members can be seen above preparing to don the new sets, and practising the new operating procedures.

The new sets will become

operational by around mid-August once training of firefighters has been completed across all brigades in CFA District 27 which covers all of Latrobe City.

www.cdnews.com.au



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# **Churchill & District**

**Lions Club** 

Meet 1st and 3rd Wednesday of each Month



**Contact Peter McShane**  **Phone:** 

0402 851 745

#### St Vincent de Paul Society good works

# St Vinnies Soup Van

**EVERY FRIDAY NIGHT** 

Commencing February 15, 2019 at Churchill

\*\*Note these times are approximate

5.45 pm - Churchill Community HUB

6.15 pm - Glendonald Park

#### Friends of Morwell National Park news

#### John's Jottings

This snippet on the activities of the Friends of Morwell National Park was sourced from early Newsletter files.

"May 1, 1990 Hello,

Who would have thought that we would be worried about whether the trees we planted would get enough water? All we need worry about now is whether or not they've slipped down the bank. Approximately 150 plants were put in; including blue and grey gums, prickly mo, wonga vine, varnished wattle and blackwood. Here's hoping some pesky wabbits haven't made a feast of them.

Well there's news a'plenty this time around. About a month back, Rob took a walk around the park at night and spotted a couple of Greater Gliders in the car park/Fosters Gully area. Ken also had the pleasure of seeing a Wedgetailed Eagle by the lodge site at our last meeting.

The Yinnar South Country Fair committee has generously donated the funds to purchase five large vermin traps - at \$80 a pop; this is a very helpful contribution.

Students from Monash Uni are currently doing a project to look at the rate of vegetation, and the species that re-vegetate, following the spraying of blackberries. They



have test plots set up along the Billys Creek reserve between the park and Junction Road. The information obtained from this work should prove invaluable in monitoring revegetation in the new section of the park.

Whilst on the subject of the creek reserve, Ken has spotted a small cluster of swamp gum with very accessible seeds. These should prove valuable once the pussy willow is removed from the creek banks.

Some research closer to home is being planned by a teacher from Yinnar Primary School. He has applied for an environmental research grant, and plans to involve the kids in some tree planting in the park. This planting will be coupled with some broader teaching of ecology within the park.

This will hopefully lead to a much greater appreciation of the role of the park by the local kids. At the very least, they'll have a strong personal appreciation for the park, after having had a part to play in its re-vegetation.

And so to our next meeting: please note the changes. The Department of Conservation and Environment (as they now must be known) have cancelled all weekend work in the region, as Wilson's Prom. blew out their budget. This is going to make Friends work very difficult for the rest of the financial year. Still, with socially redeeming projects like changing your name to occupy your time, why waste money on trivia like handson conservation work by volunteers. (I enjoyed that).

Anyway, next meeting will involve weeding, either of verbena around Billys Creek, or pine seedlings along Jumbuk Road. We are still meeting on May 20 at 1:30 p.m. however we are now meeting at Foster's Gully car park. It'd be great to see you with shovels etc. to help out. The weed infestation in the new section of the park is going to take some work to overcome.

See you round, Steve"

Morwell &

**District Red** 

**Cross Branch** 

**July Activity Report** 

This month we had Ken, Tamara, Wayne, Beryl, Graeme, Sharon and Darren for our July activity. We had apologies from John, Rose, Mike, Cathy and Matt. The group met in the Junction Road car park to make our plan for the day. Over the day we would complete the winter nesting box survey. Ken had the pole mounted camera, maps and record sheets needed for the day's activity. We packed lunches into the vehicle and started the survey close to car park.

Close to the car park few gliders were found in the nesting boxes. Commonly our winter survey will find fewer gliders and this year's survey was the same. The animals found in each box were a lot lower than our summer survey. We found that many boxes need repairs (about 1/3) while some others need replacement. A few boxes were found on the ground at the base of the tree in which they started.

The existing numbers are getting hard to read so it would be good to paint new numbers on the side on all of the old boxes. These tasks should be completed as part of a future activity.

Ken will investigate whether we can gain access to Blue Gum Hill via the adjacent property on Reidy's Road for next month's activity. If we can get vehicles and equipment to the top of Blue Gum Hill it makes the activity easier and saves having to carry gear from the Junction Road Car Park.

the last box, Ken drove around to the Junction Road car park while a few of us enjoyed the sunny walk back to the car park. It was great to see a few different groups of walkers over the day.

August Activities

For our August activities we will be joining with the Yinnar-Yinnar South Landcare Group to undertake a direct seeding trial on Blue Gum Hill. Over the weekend we will have two activities:

Saturday 17th August - 2.00pm - Presentation by Bronwyn Teesdale about direct seeding as a planting method for revegetation projects at Yinnar ARC (Switchroom). Bronwyn worked for Greening Australia for thirteen years specialising in large revegetation projects mainly involving direct seeding. Prior to that she owned an indigenous nursery, and she currently coordinates Basscoast the Landcare Volunteer Nursery at Bass.

Sunday 18th August – 9.30 start – Direct seeding trial on Blue Gum Hill. We will meet in the Junction Road car park to plan the day's work.

For the direct seeding trial, you will need to bring your lunch and drinks along with clothing and footwear suitable for the weather conditions on the day. Jay from the Yinnar-Yinnar South Landcare Group



has requested people (if they have them) to bring hoes, metal rakes or mattocks to clear soil for seeding and spice jars with shaker tops for seed distribution.

You can attend one or both activities depending on your availability.

The Yinnar Yinnar South Landcare group have a re-veg project that is only a few hundred metres upstream along Billys Creek from the Morwell National Park boundary. They have partnered with Friends of Morwell National Park to run a direct seeding demonstration/trial inside the park where the results will be easier to monitor than they

would on their block.

Much of the Billys Creek section of Morwell National Park was once farmland. It was planted to locally indigenous vegetation by volunteers from about 1980 on, and the early plantings are now forest that supports a wide range of native fauna.

Blue Gum Hill is an area that hasn't enough native vegetation, so the plan is to tackle that with this activity. The Yinnar Yinnar South Landcare group have a lot of left over seed from previous re-veg work that was collected inside the park, and they will be using this plus some recent collections for this direct seeding trial.



During the morning we had a little drizzle, but it was not enough to stop the survey. Over the morning we saw a few separate mobs of kangaroos and a koala. In one box the sugar glider came to the opening to greet us. Whether there were more gliders in that box is difficult to be determined. Beryl had been observant and removed some old tree guards and more patches of ivy. It is difficult to locate and remove all of these patches of ivy. The group stopped for lunch at the Braniff's Road bridge crossing.

After lunch the remaining boxes were surveyed and more gliders were found. These newer boxes are being well used. After surveying

#### **How to find your Churchill & District News**



Available from Churchill Newsagency, IGA Supermarket, Fuel Station, Woolworths Supermarket

Meetings held on 2nd Wednesday of each month. Fire Station, McDonald Street, Morwell Contact: Secretary 5163 1565

NEW MEMBERS WELCOME

### Cooking with Noelene

#### Pear and parsnip mash

Peel and core 4 Packham pears, slice thinly.

Peel and thinly slice 4 parsnips (avoid the coarse

Place the sliced pears and parsnips in a saucepan with a dsp of minced garlic, 1/2 tsp of ground mace, 6 sage leaves and 1 bay leaf.

Season with salt and pepper, add 2 cups of milk and 1 cup of water.

Slowly bring to a gentle simmer, uncovered till the pears and parsnips are soft.

Remove from the heat, drain and add 1/4 cup of cream and blend to a smooth

Perfect with beef, poultry and seafood.

#### Shchee......cabbage

Please allow me to let 'Manilow', a character from Gogol's Dead Souls introduce you to Shchee..... " I humbly beg you

to partake.....and you must forgive us if our dinner is not up to the standards you are accustomed to in the capital. We have simple Russian cooking here ...plain cabbage soup ...but it is offered from the bottom of

I use a boneless piece of brisket 1 and 1/2 - 2kg.

our hearts.

Boil the meat in enough water to cover the meat,

(about 8 cups) for 1 and

Then remove the meat and

allow to cool. Meanwhile, in a large

saucepan saute 1/2 head of finely shredded cabbage

(I use Savoy cabbage,) 1 onion peeled and sliced in 3 tbs of ghee / butter.

Add 1 large grated carrot, 1 finely chopped parsnip and 1 turnip peeled and chopped.

Now add 1x 400gm can of diced tomatoes and continue to cook the cabbage until it is

Once the meat has cooled enough slice and cut into cubes, then add to the cabbage mix in the pot.

Add another 3 cans of diced tomatoes, 1/4 cup of raisins or 10 pitted prunes finely chopped.

1 tbs of salt, 3 tbs of lemon juice and 3 tbs of honey

tbs of brown sugar.

ingredients and slowly bring to the boil and then reduce the heat and allow to simmer for 2 hours or until the meat is fall apart tender.

Season with cracked black pepper.

Shchee tastes better at least a day old, so refrigerate in the pot and leave it for 24

To serve, bring the soup to a gentle boil and ladle it piping hot into warmed soup bowls, with a dollop of sour cream in each bowl and a sprinkle of dried dill.

This is a complete meal in

Cream of apples .... sambooka eez yablok



Peel and slice 6 Granny Smith apples.

Place them in a saucepan with 2 tbs of butter / marg, 2 tbs of lemon juice, 1 cinnamon stick and 125 gm of castor sugar.

Cook them over a low flame until the apples have softened.

Continue to cook over a low heat for about 10 minutes, by this time the apples should be a mush.

Remove the cinnamon stick and discard.

Place the apples in a bowl and mash or process to a smooth puree, set aside.

Beat 2 egg whites with a drop of lemon juice and a pinch of salt until stiff, they should hold firm peaks.

Combine the egg whites with the apple puree and beat them together with 1 tsp of vanilla extract.

Dissolve 2 envelopes of unflavoured gelatine in 1 cup of hot water.

While the dissolved gelatine is cooling, whip 1 cup of cream till soft peaks

Beat together the apples, gelatine and whip until the mixture is light and fluffy (I use bush honey) and 3 (this can take a little time).

Now fold in whipped Stir to incorporate all cream.

Melina Bath

Mrs Campbell.

Chill for at least 4 hours. To serve, unmould by dipping the pan in hot water for 10 seconds, then invert onto a serving plate.

Top the dish with a caramel sauce.

#### Fruit Marinade

Pour

chilled pan.

the mixture into

Marinated fruit kept in sealed jars can be kept for months.

Since I don't know much about sealing preserves or marinades in jars, I simply refrigerate the fruit in cleaned, reused glass jars with lids - jars I've saved and the

preserves and marinades last a long time.

The fruits you want to marinate can be almost any kind of fruit except for melons.

The marinated fruit is excellent served in the piece as an accompaniment to roast meats or as a dessert with sour cream.

I peeled and thickly sliced 8 buerre bosc pears and 7 green apples (Granny Smith ), I placed these in a large saucepan with 6 cups of water.

Allow this to come to the boil and simmer for 3

Remove from the heat. Now add 1/2 tsp of ground

1 tsp of whole peppercorns 1 tsp of ground tarragon

or 2 bay leaves 1 and 1/2 cups of raw

2 sticks of cinnamon

3 tbs of white wine

Bring the mix gently to the boil and simmer for 5 minutes, remove and cool.

Chill and put into jars.



During July it was wonderful to visit Lumen Christi Primary School in Churchill and meet with Principal Dave Cooper and Student Wellbeing Coordinator,

Lumen Christi is a wonderful school that has a spectacular view of Gippsland's stunning Strzelecki Ranges. While at the school I had the pleasure of touring the facilities where I was politely and very confidently greeted by Lumen Christi school Captains Louisa and Robert, who I am told are fabulous young role models and leaders. The students stunning artwork was displayed proudly on the walls of the school. Bright and vibrant art displays produced from students in Prep right through to Grade 6 featured The Last Supper and Naidoc Week and were very impressive.

Mr Cooper and Mrs Campbell spoke about the school's unique and innovative student wellbeing program and the importance of children receiving a quality education in a safe and supported environment. Through Federal Government funding Mrs Campbell is able to continue her exceptional work caring for the wellbeing and welfare of Lumen Christi's students. families and support teaching staff. Mrs Campbell brings an exceptional amount of experience to her role and she is valued greatly by teachers, parents and students alike. Mr Cooper outlined the school's ethos – 'Every teacher makes every minute count for every student'. It was evident that the teaching staff of Lumen Christi is committed to creating quality education and social outcomes for all their students. Mr Cooper is very proud of his teachers and support staff and the work they put into creating an individualised educational experience for

The surprise package of my visit included meeting the newest team member at Lumen Christi, Ollie the dachshund. Ollie was very happy to meet me and being an avid dog lover I was equally happy to meet Ollie! Ollie managed to cover every millimetre of my face with his fast and furious licks! While our cuddles were a highlight, Ollie has a very important role in assisting the welfare and wellbeing of students at the school. Ollie the dachshund is loving the attention he receives at school and acts as a therapy dog to Lumen Christi's student population. He creates a nurturing environment and is improving literacy skills as he cuddles up and listens to students read out loud, he is providing comfort to children when extra care and attention is needed and he is teaching responsibility. Importantly I hear Ollie helps out Administration and assists

Mr Cooper to make important

educational decisions! Ollie

has been embraced by the

students, teachers and admin

staff alike and will continue

to enhance positive wellbeing

Another new outcomes. initiative is the wellbeing schools' breakfast program which will soon commence. It is well documented that children who eat a healthy breakfast before starting their school day achieve higher academic results than pupils who do not, so I look forward to returning to see this program up and running and chat with students in the near future. Thank you to Lumen Christi Primary School for your

warm welcome and showing me your lovely school. I wish all the students, teachers and administrative staff all the best for the remainder of the 2019 school year.



Lumen Christie Primary School Last Supper Art

Mrs Campbell, Melina, Ollie the Therapy dog and Mr Cooper, Principal Lumen Christie





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#### Latrobe Youth Space – We have a new home!!







Latrobe Youth Space has a new home. We are now located at Shop 62, Mid Valley Shopping Centre. On Saturday July 6, we painted the new space in the Latrobe Youth Space's colours with help from our staff and volunteers. Even though the move coincided with the school holidays we still had a lots of engagement with the community. We hosted a UNO competition and facilitated our first sewing class where young people made carry bags.

We hosted editing, filming and acting trainings for the with the perfect opportunity to Latrobe Youth Film Festival experience snow for the first

for which we are collaborating with We Are Latrobe, The Health Innovation Zone and Nanoo Nanoo Arts to produce five short films. If you are a young person interested in being part of the Film Festival contact Brenton Marriott on Brenton.marriott@ymca.org.

au or 0439 836 459. We took a group of young people up to Mount Baw Baw for a snow day with the Wilderness team from Berry Street. Some of the young people who attended the Snow Day had never seen snow before and this provided them

time and enjoy tobogganing down the slopes. All young people who were part of the Snow Day stated they had a really good time.

We also, held stalls at the Eid Festival and had a stall for NAIDOC week where combined we engaged with over 1000 people. Eid Festival was organised by the United Muslim Sisters of Latrobe Valley and Relationship Australia Victoria to mark the end of the Islamic month of Ramadan where Muslims fast from dawn to dusk. To celebrate NAIDOC Week we partnered with VACCA, Ramahyuck and The Gathering Place to hold a stall at the NAIDOC 2019 Family Day. At these events we engaged with the community through interactive games and providing information about what Latrobe Youth Space does.

Latrobe Youth Space would like to thank all our volunteers who helped us with the move and at festivals. Come check out our new space and say hi to our friendly staff.

CHURCHILL & DISTRICT NEWS



"Connecting Your Community"

#### hurchill & Monash Golf Club

Saturday 29/6/19 Medal. Medal Winner - T. O'Rielly (7) 74 67 C/B, A Grade - T. O'Rielly (7) 74 67, B Grade - D. Caldwell (19) 92 73, C Grade - S. Sterrick (45) 122 75. DTL - M. Dear 67, B. Barnes 68, J. Sanders 71, R. Scurlock 72, R. Madgin 73, A. Ouinn 74 C/B, P. Smart 74 C/B. NTP - 3rd T. O'Rielly, 5th P. Smart, 12th T. O'Rielly, 14th T. O'Rielly. Putts - T. O'Rielly 27. Birdies - 12th T. O'Rielly.

Ladies Monthly Medal 2/7/19 - Winner - M. Dear (13) 90 Scratch, Medal Winner - M. Dear (13) 77, DTL - V. Verheyen (26) 80, C. Barnes (38) 85, J. Beck (34) 85. NTP - 3rd J. Blizzard, 5th M. Dear, 12th . M. Dear, 14th M. Dear. Putts - M. Dear 29.

Men Stableford Saturday July 6, 2019. A Grade - K. Hills (15) 38, B Grade - R. Welsh (24) 37, C Grade - R. Davidson (35) 37. DTL -D. Byers 37, Chips 36, R. Scurlock 36, A. Quinn 35, D. Ellwood 34, T. Sterrick 33,

H. Martin 33, V. Monument 32c/ B S. Turner 32 C/B. NTP - 3rd K. Hogan, 5th R. King, 12th D. Byers, 14th B. Barnes. Birdies - 5th R. King, 12th D. Byers.



supports Churchill & District News We love our community newspaper!



We support the "Be a Churchill Local - Shop Local" campaign, in partnership with the Churchill & District News.

CDCA meets on the 2nd Tuesday of every second month.

#### **Old Time Family Dance** Jeeralang North Hall

Jeeralang North Road

#### In recess till Sept 27

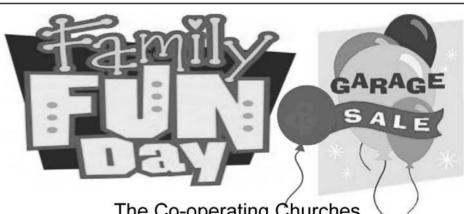
Dancing from 8.00 pm to 11.30 pm

Admission: \$8.00 Door Prize

Supper supplied

For more details please ring Judy 0403 493 751, Heather 5166 1494





The Co-operating Churches 1 Williams Ave Churchill

Saturday October 19, 2019 9.00am - 2.00pm

\*Sausage Sizzle\* \*Pancakes\* \*Cake Stall\* \*Plants\* \*Heaps of Garage Sale items\*





WANTED: Good saleable items Pickup available Phone: Glenda 51661819

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#### The Lions Club of Churchill & District



In conjunction with



# CHURCHILL FAMILY FISHING DAY





**Lake Hyland Mathison Park** 

**Mackeys Road Churchill** 

Entry is \$2.00 per Child or \$5 per family

Entry includes a sausage sizzle

REGISTRATION STARTS AT 9.45am to 1.45pm. FISHING FROM 10.00am—2.00pm.

PLEASE bring hats, sunscreen, insect repellent & chairs and shelters

JUNIORS BETWEEN THE AGES 4-17
MUST BE ACCOMPANIED BY AN ADULT
ONLY ONE ROD PER PERSON

PRIZES GALORE
Biggest Fish
Mystery weight
JUMPING CASTLE













Co-Operative
Churches Churchill





For further information contact 0418 327 287 or

Email: churchill.lions@gmail.com or See us on Facebook.

Local children experiencing

difficulties with their speech,

language and motor skills have better access to developmental

and therapeutic toys, thanks to

toys for the Children's Service

team at Latrobe Community

Health Service, which provides

therapy for children who need support developing their fine

use wooden toys such as blocks

and puzzles to initiate play

with the children they support,"

Latrobe Community Health

Service Paediatric Occupational

only one set to be used across

four of our Latrobe Valley sites,

making it logistically difficult for

the team to provide consistent

services at our Moe, Morwell,

Traralgon and Churchill centres."

one day, team members noticed

the men's shed next door to the

Latrobe Community Health

Service site was open. These

team members introduced

themselves and asked whether

the men's shed volunteers could

create some more wooden toys

told us they could be made at no

charge and by using materials

they already had onsite," Ms

the men's shed contacted us to

"Without hesitation they

"Within a few short weeks

for the Children's Service.

Wyatt said.

While working at Churchill

"Previously we have had

Therapist Jessie Wyatt said.

"Our occupational therapists and speech pathologists often

motor and language skills.

The men's shed kindly created multiple sets of wooden

the Churchill Men's Shed.

#### 40 years in travel



By Irene O'Donnell

In 1979 I was studying teaching at GIAE Churchill. I think I was over study at the time, so when the opportunity for a job at Billingsley's Travel was advertised, I applied. The rest is history. My career in travel began 40 years ago in this very office where I am today, albeit several name changes. In 1985, Brian and Alice O'Reilly headed for retirement and

Hot on the heels of the

recent metro Matchbook 30th

Anniversary Tour dates, Ian Moss

has announced regional tour

dates where he'll be taking the

iconic album on the road across

Victoria, New South Wales and

Tasmania from February 2020. Matchbook hit #1 on the

ARIA Albums Chart in 1989

and remained in the Top 10 for

14 weeks, selling over 200,000

Billingsleys to Traveland. In 1999 my husband and I purchased the franchise from Traveland. This was just prior to the collapse which also saw the demise of the Traveland group and a forced name change to Jetset. After a few years with the Jetset group, we rebranded to the fabulous Helloworld Travel Limited franchise.

When I began work here

in 1979 there were five travel agencies in town. I am proud to say that today, we are the sole travel agency in Morwell. When we purchased the business twenty years ago we employed two. Today as Helloworld Travel Morwell we employ four staff. We have seen hundreds of changes to Morwell and to the travel industry. The key to our success is the right people. My fantastic team

today includes Antoinette, Joy and Kim.

down to the love of the job, wonderful clients, world experiences I never imagined and the knowledge that I can give clients the very best travel experience.

\*Helloworld Travel Morwell, \*213 Commercial Road, Morwell, VIC 3840.

I put my longevity

\*Irene ODonnell Manager/Director, let us know they were ready to be collected."

The Children's Service team can now complete sessions with children at several sites without the need to transport equipment each day. This also means multiple appointments can occur across our different sites at the

"This simple gesture will be a tremendous help in reducing our waitlist times and allows our Children's Service team to continue providing a high quality service," Ms Wyatt said.

"The generosity of the local Men's Shed allows us to invest in providing affordable health care to those who need it most. Most importantly, it has helped to improve outcomes for children within the Latrobe Valley."

The Churchill Men's Shed is a place for all men to spend time on their own or with other people while working on community projects as well as individual tasks. Whether you're interested in woodworking, furniture restoration, metal working or any other handy work, the Men's Shed might be the place for you.

The Churchill Men's Shed meets on Mondays between 9.30am and 2.30pm at the Town Hall on Philip Parade, opposite the Churchill Neighbourhood

Go along to the hall during that time to see if the Men's Shed is for you. Otherwise, you can contact the Churchill Neighbourhood Centre at 9-11 Philip Parade, Churchill to get more information or to join.

#### an Moss Tour

copies and went on to see "Mossy" take away Album of the Year, Best Male Artist and Breakthrough Artist – Album, Breakthrough Artist – Single and Song of the Year (shared with Don Walker) for 'Tucker's Daughter', as well as being nominated for Single of the Year.

Ian said, "Touring into the heartland that is regional Australia has always been something that I

A message about

have looked forward to for over 40 years, especially meeting the fans and hearing their stories. The audiences have always been supportive, and I'm looking forward to getting back out there next year and sharing this special Matchbook 30th anniversary with them'

When: Friday April 3, 2020, 8pm. Where: Latrobe Performing Arts Centre. Admit \$64.00



#### HELLOWORLD TRAVEL MORWELL







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from

#### CHURCHILL NORTH PRIMARY



2/3 F Swimming

On Thursday July 18, my class walked to the Churchill Pool for swimming. When we got to the pool we did learning activities and free time. It was awesome.

By Nevaeh

Swimming

Yesterday I went swimming at the Churchill Swimming pool with 2 /3 F. We got our swimming bags and we walked to the pool. We got our bathers on and sat next to the pool. We got in the pool and I had a lesson

first with Miss Lugton. I went under water and grabbed the sink toy.

I got it with my foot. I jumped in the water and gave Miss Lugton a high five. Then I had free time and I played with Amber in the water. We played with the noodles. We got out of the pool to get changed then we walked back to school. I was happy to go to the pool.

By Georgia Foundation Students Free Play

> The Foundation

Churchill North Primary School were instrumental in organising an extended free play at the end of last term. The students wrote persuasive letters to the principal, Mrs. Bostedt, asking to have an extended play. Mrs. Bostedt was impressed with their writing and was persuaded to grant their wish of extra play time. The students have been able to see first hand how persuasive writing can be. Pyjama Day

students

As part of their persuasive

writing unit, the Foundation students at Churchill North Primary School wrote letters to the Principal to convince her they should be able to wear their pyjamas to school.

As a result of their excellent letters, they wore their pyjamas to school on Friday June 28. Liam R wrote 'Please can we have a pyjama day Mrs. Bostedt? Pyjamas are warm.

They will make me learn better. Please From Liam. Sophe wrote, 'Can we wear our pyjamas to school on Friday? Because they are comfortable and we can learn. From Sophe'. Zoey wrote 'Can we please have a pyjama day? Because the pyjamas are warm and fluffy. It will help us learn. From Zoe.

It was a terrific experience for the students to see the impact of their persuasive writing and of course wear their pyjamas to school. Churchill North Primary

School Playgroup

Churchill North Primary School runs a community based play group at the school

Wednesday and Friday mornings from 9am - 11am. Children and family members have the chance to join in a range of fun activities including; songs, games and play in the playroom and multi-purpose room. If you are interested in coming along, all that you need is a snack and drink for your child, a gold coin donation and active supervision of your child. If you would like any further information please contact the school on

0351 221976.





# SCHOOLNEWS



Ava and Shilah at swimming Ethan dressing up at playgroup Nicholas at playgroup

#### **LUMEN CHRISTI PRIMARY**



NAIDOC Week Local Aboriginal Elder, come artist -Helen Treadgold with Lumen Christi students. Our Lady of Perpetual Help with school captains and Father James





The whole participated in a prayer service dedicated to the religious Icon - Our Lady of Perpetual Help. This icon of Mary, the Mother of God, is visiting all the Churches in the Diocese of Sale.

The people of our Diocese look to her for continual help and reflect on the image of Mary and her Son, Jesus. The icon is a beautiful hand painted image, found in many Churches around the world. The same replica hangs in



and the original print is in a Church in Rome, (in the Church of St. Alphonsus, Italy). She is the patroness of the Diocese of Sale. The Icon presented to the children is over a hundred years old. It has been loaned out to us by Father Peter Slater, the parish priest of Warragul. NAIDOC Week

Local Aboriginal Elder, Helen Treadgold, visited Lumen Christi Primary School recently as part of NADIOC Week. Aunty Helen, as she likes to be addressed by the

Our Lady of Perpetual Help St Mary's Cathedral in Sale children, found solace in art birth of her granddaughter, when facing challenges in her

> She began painting at the age of 65 and found it to be rewarding and enjoyable. She has been faced with many challenges in her life such as being abandoned by her family at a young age. She finds that through her artwork, she is able to share her journey and life story. With the children, she shared many insights and techniques about her art.

Her possum skin art work shares the story of the recent

Most of Helen's artwork tells a story or has a message. Aunty Helen presented each child with a cardboard boomerang that they could draw aboriginal symbols on. Zayd from Year 1 said, "I loved drawing on my boomerang. I drew a waterhole and some tracks". Helen has been commissioned by many organisations to paint for them such as the Cancer Foundation. Many of her works are also displayed at the Latrobe Regional

Science – Balloon Rockets

On the last day of Term 2 our Grade 2 students enjoyed participating in a science experiment and created balloon rockets. Lots of collaboration and discussion was heard during the experiment and the students thoroughly enjoyed this fun activity to finish off the term. #NeverMissADayInMay

Throughout the month of May we held an attendance competition at CPS. students who were at school,



on time, every day, went into the draw to win a brand new iPad mini. Congratulations to Harpa B who was the lucky winner! The competition was also extended amongst the grades and the class that had the best overall attendance for the month was treated to a special day of fun and games at school. Congratulations to grade P/1B for taking out this award and we hope you enjoyed your afternoon at the park! Yoga and Mindfulness in



Schools

Term Throughout all of our grades will be participating in a special yoga and mindfulness program delivered once a week by qualified instructor, Yvette Atkins.

The whole class sessions will involve physical yoga warm ups and postures, breathing, relaxation and mindfulness practices and an activity that will involve journaling or art and craft activities while exploring how



mindfulness can be applied to everyday learning and experiences.

The benefits of yoga and mindfulness for children are numerous. They include:

- \* Helping to develop strong, healthy and flexible bodies
- \* Cultivating confidence and self esteem
- Self-regulating behaviour
- \* Coping with stress and anxiety

Developing



concentration and attention

CHURCHILL PRIMARY

\* Fostering creativity, expression and imagination. Cashing in on Dojo Points

At Churchill Primary School we operate as a PBS school which stands for Positive Behaviour Support. What this essentially means if that we focus on positive behaviour in ALL students rather than the negative. Positive behaviours are often rewarded with 'Dojo Dollars' (for example if we see a student helping another



student kind we might reward them with a Dojo dollar). These Dojo Dollars, or points, can then be saved and later "cashed in" for special rewards. The types of rewards offered are age appropriate and differ between each year level.

One of our Prep/1 grades cashed in some of their dojos at the start of the term and they were very excited to receive some great rewards!



# 6 SCHOOL NEWS

Our vegie garden

Our vegie garden is fabulous despite the winter. So far this term, in our lifestyles program, we have harvested chard. rainbow garlic, beetroot, parsley, chives and lemons for our whole school lunches.

Last week the Junior class made baked spuds with silverbeet salad followed by Julie's Jam Drops. This week the Senior class made spaghetti and meatballs in a tomato based sauce followed chocolate beetroot muffins. There was lots of slurping spaghetti and happy saucy faces.

We have a new rooster in

our chicken pen. The senior kids named him Shiny and the hens are most pleased. The eggs keep coming!

This term will be busy!

We have started our Bike Ed program, practising to compete in the Bike Ed Challenge against other local schools at the Morwell traffic school later this term.

Soon we will be hosting two calves from Gleeson's dairy farm in Boolarra. Students will be responsible for feeding the calves, cleaning their pen and preparing their bedding daily. Last year we hosted two calves, Daisy and Bruce, who we all fell in love with. We still keep tabs on them since they were returned to the Gleeson's farm.

Book Week

In August for Book Week students, staff, parents, grandparents, siblings and playgroup are all invited to go on our excursion to acclaimed author Alison Lester's shop and gallery in Fish Creek. We will then continue on to beautiful Walkerville South, to the setting of Alison Lester's famous book, "Magic Beach".

Volcano Island

Later in the term we will be working with Yvette Atkins from Yinnar ARC

#### YINNAR SOUTH

to do some art work and ceramics in response to our experiences of the bushfires earlier this year.

The theme this term in the Senior classroom is "Volcano Island". Much of our learning is based around the ring of fire, exploring the how, why, what, where and when of volcanoes, archipelagos, islands, angles, compass reading, landforms and mapping. The term will culminate with a whole school Volcano Day with STEM (Science, Technology, Engineering and Mathematics) activities and taste testing home-made

> Top left to right: Bike Ed

Contour pictures Bottom left to right: Writer's workshop 1

Writer's workshop 2

Writing workshops

Our Prep to Year 2 students at Yinnar South Primary School worked incredibly hard on their narrative stories. During our Writing Workshop, we have a daily routine of a mini lesson, independent writing and share time.

Each day is a new opportunity for the students to explore their endless possibilities as writers!

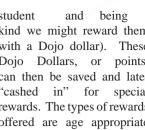
Lottie, Year 1, says, "I like writing because it is a really fun activity. When I am sad, writing helps me feel better. When I grow up, I want to be an author and illustrator." We started our narratives unit by

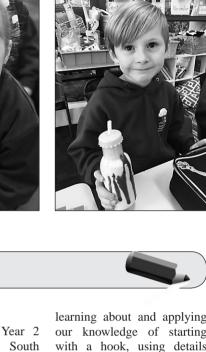
our knowledge of starting with a hook, using details and ending with feeling. Towards the end of the unit, the students went through the process of drafting, polishing and publishing their narratives.

To wrap things up, we had a publishing party to celebrate our efforts. Caitie, Year 2, says, "It's good to share with our friends after we write because we feel pretty proud of our work."

For our next unit, we will continue our journey to becoming the best story writers we can be by learning how to write opinion stories!









#### **KURNAI COLLEGE JUNIOR CAMPUS**







Naidoc celebrations

year, Each Kurnai College celebrates NAIDOC (National Aboriginal and Islander Day Observation Committee) Week. We feel this is an important part of our students' education and a strong step towards honouring and understanding our First Australians. Churchill Campus held a luncheon with activities and unveiled special hoodies for the college's

indigenous students. State cross country

We have been impressed with the efforts of Claire Irving over the past fortnight as she represented Kurnai College at the State Cross Country. The course was held at Bundoora Park and Claire completed the 3kms with an impressive time of 13:04 minutes which placed her 36th out of a group of 93. Kurnai has a number of representative

teams individuals who challenge themselves against the best and we are proud Claire's efforts. Chinese experience for Year 7s and 9s

welcomed 27

students to our Campus recently to take in art classes. The Chinese Year 7 and 8 students mixed with a class

part

some

in

of our Year

7s and a selection of Year 9s to produce a range of Australian animal drawings.

The Chinese and Kurnai students talked about music, lifestyles and art as they produced their work.

By the end of the class there was Chinese music being played, 'selfies' being taken and students exchanging details. We were extremely impressed with the way our younger students displayed

themselves.

It was a great opportunity for our students to better understand another culture, how they live and the common interests they share.

Kurnai values experience for our children and continues to offer these moments to our students wherever possible.





VCE Biology Excursion

On Monday July 22, 30 students from the Senior Biology VCE classes attended an excursion for the day at AgriBio in La Trobe University Melbourne. AgriBio is a leading Agricultural Research Institute that is funded by the Victorian government, mainly focusing on improving local farming industry through genetic engineering practices.

Throughout the day students engaged activities that will expand their understanding of DNA manipulation techniques and how they may be applied in various industries in Victoria. Mt Hotham Snow Camp

During the second week of the winter school holidays, 16 students from Kurnai College's University Campus enjoyed six days of





up the Omeo Alpine road to Mt Hotham Alpine resort. The week started off with all students picking up their chosen snow sports equipment from the rental centre and jumping feet first

snowboarding. The students

endured the 5-hour bus drive

into a snow sports lesson. After the snow sports lesson, the students enjoyed dinner at the warm open fire light ski lodge located at the Devonport access.

The following morning students had their second snow sports lesson where

they would have each day for the remainder of their stay at Hotham. Students were assessed by their instructors and placed in groups by their ability.

they met the instructor that

As the week progressed, all the students developed and improved their skiing and snowboarding skills on the wide green runs and the steeper blue and black runs, while enduring the blizzard conditions. But soon it was time to return home to the Latrobe Valley after a very successful week of snow

adventures.

Everyone who attended enjoyed their week in the snow, which was complemented by fresh snow falls, hearty cooked meals and wonderful company.

Thank you to Mr Matt Woodhouse and Mrs Laurel Kane, and Mrs Candy White who kindly gave up six days of their winter break, to attend what was a fabulous Mt Hotham Snow Camp. Kurnai College looks forward to 2020's fun filled snow adventure!











#### YINNAR PRIMARY



Semester 2 has started already. Our school was very busy during the last week of Term 2 and has hit the ground running in Term 3.

Our junior grades (P-2) had a big day out at Scienceworks in Melbourne. They visited the education centre and explored the many hands-on displays currently on show. There were many sleepy heads on the way home.

The school has just received some new robotic equipment. Our Beebots have been an instant hit in classrooms as the students are learning to create algorithms

to control and direct the Beebot's movement.

The Sustainability team went to Boolarra to visit the Men's Shed to ask them to be involved at our school. They will be helping to make some outdoor timber playground equipment. The team was really interested in all the machinery that the guys had. There was even a coffin for the students to try for size.

The SGS team are also very excited that their waste management ideas are proving successful. They have been able to reduce the amount of waste going to landfill from seven bins to just one or two

bins per week. If the school can maintain this then it will be a saving of \$1500 from our waste disposal bill.

Our school community came together for our annual Biggest Morning Tea. Volunteers made plates and plates of delicious food to share with all students and parents. Donations were taken and the school raised \$300+.

The students traditionally celebrate the end of Term 2 with a disco. The Junior School Council is responsible for all the planning and the running of the night. The theme was "when I grow up....." and the student body

went to great lengths to dress up for the occasion. The JSC decorated the Yinnar Memorial Hall and even had a special door entry for photos.

Earlier in the year, two staff went to a week-long Professional Development course about Phonics. At the end of term they shared the training on the Orton-Gillingham Approach to teaching literacy with all school staff. The staff has started implementing the program as part of the school's literacy block. The students are very excited by the program and are keenly taking it all in.

Celebrating 100 days of school was lots of fun in the P-2 classrooms. Students were encouraged to dress up as '100'. Even the teachers took part.

Somers Camp is offered to Grade 5/6 students biannually. The camp is located on the Mornington Peninsula and offers a range of outdoor and environmental activities. A number of students from Yinnar attended along with a staff member and all thoroughly enjoyed the many activities on offer.

Yinnar celebrated Naidoc Day with a number of activities including cooking, games,

boomerangs and stories. Students were encouraged to dress in the black, red and yellow or wear Aboriginal pattern clothes.

We have also welcomed two new staff members. Anna Di Nunzo and Teika Munckton have both taken up positions at our school. In other news, both Caitlin Twomey and Katie Linton are taking family leave. We have had a couple of families relocate to other areas and have also welcomed some new families as well. Our current enrolment sits at 218 students with 23 staff.









### 6 SCHOOL NEWS



#### CHURCHILL PRESCHOOLS



PreSchool Hub

We've jumped into Term 3 with the children busy learning, creating, building, painting and exploring their environment. start each morning with the acknowledgement of country, the children acknowledge our Indigenous past and thank them for caring for the land, recognising the ongoing connection of Aboriginal

and Torres Strait Islander Australians and showing respect for Traditional

Our afternoons include a yoga session, this allows us to refocus and switch our bodies back into learning mode as well as having a calming effect. Term 3 we have occupational therapists and a speech therapist working with

both our groups as part of

the school readiness funding program. We have been working on our core strengths and coordination through games, climbing, yoga and follow the leader activities, over and under ball games and

attended the Stephanie Alexander kitchen garden, their vision is for children to

laying in the floor activities. Our educators have

form positive food habits for once they start to grow we children to words such as Left:Children enjoying activities at the Hub

life. Food education teaches students to grow fresh, seasonal produce and use it to prepare nutritious, delicious food. Students are given all the skills, experiences and role modelling they need to learn to love their veggies and make healthier choices about what to cook and eat, for life.

We have started to plant vegetable and herb seeds and will learn what to cook with them.

Glendonald Preschool

This term at Glendonald Preschool we are beginning to learn about life cycles and in particular 'insects'. This has stemmed from an interest that many of the children have in collecting bugs and grubs in the garden.

We have introduced the

'metamorphosis', 'chrysalis', 'larvae' and 'pupa'. We have made butterflies and caterpillars and we then made butterfly cupcakes.

To extend their learning we have watched life cycle animations on the T.V and followed up each day with stories and songs about insects and frogs. We hope to see the children continue to engage with wonder and excitement.

Preschool

Right:Oliver and Elijah with leap frogs Ivy the butterfly Max with slime and worms







# STAMP MATTERSA NEW

EXPERIENCE



#### Halley's Comet

A comet is a conglomeration of rock, dust, frozen gases and ice which travels through space in an orbital path around our sun. As it nears the sun, the frozen gases and water melt away to form a coma or tail which always faces away from the sun. They vary in brightness and some are so bright they are visible from Earth without a telescope.

They have been known to man since he first looked

up into the heavens and were looked upon as a sign of impending evil. The most well-known one is Halley's Comet which appears every 75 years approximately. The first record of it which still exists was made around 239 BCE by Chinese astronomers. There are several other records of it, the most famous to the English part of society being its inclusion on the Bayeaux Tapestry. Its appearance in 1066 was indeed an evil omen to the English Anglo-Saxons

but less so to the French Normans.

Why is it known as Halley's Comet? He was certainly not the first to see it or indeed to track its path by telescope while it was visible in the sky. The reason was that in 1705 he was able to plot its orbit mathematically using the newly-published Laws of Motion discovered by his friend Sir Isaac Newton. Halley went on to become the Astronomer-Royal and both men were members of the

Royal Society. He predicted its return in 1758. When it did, it was officially named after him.

Halley's Comet has returned faithfully each 74-79 years since. In Victoria in 1910 it was particularly bright and according to my wife's father, it lit up the night brighter than a full moon. The reason for this was that the comet and Earth were on the same side of the sun in the planetary plane. Australians last saw it in 1986 and it is due again in mid-2061. No doubt someone will try to reach it with a space craft of some sort as they did with the Giotto spacecraft and four others in 1986, and may try to land one on it as they did to another comet recently.

Its trajectory carries it from out beyond Neptune and around the sun and back again. Fragments of it are visible each year in October as in the Orionid meteor shower, and again in May as in the Eta meteor shower.

Several countries issued stamps with a Halley's Comet theme in 1986. Australia's contribution was a 3c stamp showing the Parkes radiotelescope and a diagram of Halley's Comet's orbit. Montserrat issued a stamp

showing the Bayeaux Tapestry image, and a number of other countries produced stamps with actual images and previous imagined ones, such as the 1301 painting by Giotto of the Nativity, where

he used the comet as the star over Bethlehem.

This is a very interesting theme for a collection and one which has a number of different subjects to research to do it justice.











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res subject

