# CHURCHILL & DISTRICT NEWS

Est. 1966 Distributed Free

# Winners Line Up!



By Tracey Burr

Eager contestants in the Churchill & District News Junior Fishing Competition started arriving at Lake Hyland at 7.30am to 'get the best spot'! Fishing started at 9am with over 120 youngsters competing for some great prizes in the freshly stocked lake.

"The weigh in table was very busy with plenty of fish caught," said Pete Prokopiv. "We also had a turtle and a horseshoe!"

The overall winner with the heaviest bag for 2009 was Dylan Gatt and the biggest fish caught

was by Dustin Wier at 1.1kg.

"Congratulations go to all the contestants," said Val Prokopiv. "It was a great day - very easy for the volunteers as the kids were all enthusiastic and well behaved!"

We would like to thank all the youngsters who took part, the parents, grandparents and caregivers who came along to make the day such a success. We would also like to thank our volunteers who did a great job, Simon Clarke from Latrobe City Council and the Mathison Park Committee who made sure the Lake and sur-

rounds were in perfect condition.

The Churchill & District Lions Club again superbly handled the catering and our thanks go to them.

We would also like to thank Richard Rogala from Fisheries Victoria, Errol Parmigiani from Department of Primary Industries (DPI) and Fishcare for their support and sponsorship.

The support and sponsorship we receive for this event is fantastic, we know the youngsters appreciate it and join with us in thanking all the following: Department of Primary Industries (DPI), Latrobe City Council, International Power Hazelwood, Alpine Country, Lions Club of Churchill and District, Gippsland Trade Printers, Co-Operating Churches in Churchill, Fishcare, Valley Trophy Centre, Fishin' Trip, Gippsland Trades & Labour Council, Relationships Australia and Mathison Park Committee.

Till next year!

For a full list of winners and more photographs please turn to page 22

#### \*\*FIRE SAFETY COMPETITION - PAGE 13\*\*\*\*\*FIRE SAFETY COMPETITION - PAGE 13\*\*\*\*FIRE SAFETY COMPETITION - PAGE 13\*\*\*

Churchill & District News Proudly Supported By





Chartered Accountants, Taxation, Financial, Business Advisors & Superannuation

## DAINBRIDGE NICHOLSON FINANCIAL SERVICES

Suite 14 (Upstairs) Hazelwood Village Shopping Centre Churchill 3842

Phone: (03) 51 222 033 Fax: (03) 51 222 733 2 Churchill & District News

#### 12 November 2009

## **Churchill & District News**

The Churchill and District News is a community newspaper staffed by

The Team:

Team Leader/Secretary: Ruth

Editor/Treasurer: Val Prokopiv

Advertising: Ruth Place, Peter Prokopiv, Tracey Burr Layout/Design: Val Prokopiv,

Tracey Burr

Webpage: Val Prokopiv Proof Readers: Ruth Place, Olivia

Jackson, Allan Larkin, Geraldine

Matt Prokopiv Team Members: Wendy Brown, Charlie Rawlinson, Carol Scott, Allan Larkin, Karen Bradfield, Bea Stallbom, Keith Enders

Photography/Computer Support:

#### Contributions

#### The deadline for the submission of articles and advertisements for the December 2009 edition is November 30th 2009

to the Editor can be sent to: Churchill & District News PO

Articles for publication and letters

Box 234, Churchill, 3842 Or Email: cdnews@dcsi.net.au All articles must be submitted by the 30th of each month for publication in the middle of the following

Advertising enquires can be

addressed to:

Larkin

Peter Prokopiv Churchill & District News PO Box 234, Churchill, 3842

Tel: 03 5122 2589 or 0402 406 376

#### **Publication Dates 2009**

Thursday 17th December Special Schools Edition Thursday 26th November

Please ensure your articles are submitted on or before the deadline.

Guidelines for the submission of articles and pho-

tographs are available on our web site at cdnews.com.au or contact the Editor on 0411053546.

If you are unable to meet the specific deadline please contact the Editor on 04110 53546

## Articles can be left in our Drop Off Boxes Located at:

Cafe Le Mac's, Churchill Primary School, Churchill Library and the **Co-Operating Church** 



Inquiries Tel:

Peter on 5122 2589

## **ADVERTISING RATES**

Full Page: \$255.00 11cm x 13cm \$80.00

Colour: \$450.00 11cm x 6.5cm: \$45.00

Half Page:\$195.00 7cm x 6.5cm: \$32.00 19cm x 15cm: \$115.00 All prices include GST.

Webpage: www.cdnews.com.au

#### Disclaimer

The Churchill and District News wishes to advise that the views or remarks expressed in this publication are not necessarily the views of the Editor or the Management Team and no endorsement of service is implied by the listing of advertisers, sponsors or contributors.

THE CHURCHILL & DISTRICT NEWS IS PRODUCED UNDER THE DIRECTION AND CONTROL OF THE CO-OPERATING CHURCHES OF CHURCHILL. THE CO-OPERATION IS MADE UP OF THE ANGLICAN, UNITING AND CHURCHES OF CHRIST.

# Nook and Cranny **Book Exchange** Large range of Westerns and True Crime 44 George Street Morwell









234 Commercial Road, Morwell Ph: 03 5135 3960



Dr David A Forys, Chiropractor Laberta K Forys, MSc, Dietitian

Hazelwood Village Shopping Centre Churchill

Phone: 5122 3336



# **Editors Pen**

As another great issue goes to print, I am delighted once again by the support of our contributors, advertisers and sponsors. This month we are pleased to welcome Hazelwood Rotary to our list of sponsors and thank them for their sup-

The Junior Fishing Competition was a great success. We have many more great photos of the kids that we were unable to publish but keep an eye on the website at cdnews.com.au. We will be posting more pictures there shortly.

This month is galloping by as we head towards Christmas. If there are any community groups who would like to be included in the paper, please do not hesitate to contact us. It is a great way to keep in contact with members and let people know about their activities particularly at this time of year.

I would like to thank Cora Pal for the first of a series of articles: C&D Celebrity Chefs'. Cora will be talking to many of our residents from overseas and bringing you their favourite recipes.

The Fire Safety Competition for Children will be closing very soon. There are some great prizes on offer and kids - don't worry if you can't answer all the questions, just have a go! The answers will be printed next month.

The nominations for both the Churchill and Yinnar Citizen and Young Citizen of the Year will be closing soon so please get nominations in as soon as

An update of the Churchill Town Centre Plan and works still to be done are on pages 14 and 15. Thanks to Ian Gibson from Latrobe City for supplying that information. The centre has changed dramatically in a very short space of time and there is still much to be done. If you have any comments about the centre or anything in general we welcome your letters.

Val

# Get ready for Christmas . . .

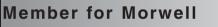
Buy Mum or Grandma something sensible this Christmas

# \*Podicare 110 George Street, Morwell

**Telephone 5134 2375** 

If unable to decide what to buy for Christmas, Gift Vouchers are available

# RUSSELL NORTHE MLA







66 George St (PO Box 214) Morwell VIC 3840

russell.northe@parliament.vic.gov.au www.russellnorthe.com.au

# **Smart Water Fund - Applications Open** for Round Seven

Gippsland Water is encouraging its customers and stakeholders to apply for a Smart Water Fund grant to develop innovative water conservation, water recycling or biosolids management initia-

"With increasing pressure on water supplies, there is an ongoing need to find innovative ways to be smarter with our water use," Gippsland Water managing director David Mawer said.

"The Smart Water Fund supports innovative projects that will help address the challenges posed by drought and climate change to our urban water

unexplored ideas, the fund aims to generate knowledge that can then be used by the whole community to improve water sustainability."

The Smart Water Fund has already provided \$28 million in grant funding to 170 projects across Victoria since 2002.

Application packs for round seven funding can be downloaded from the Smart Water Fund website at www.smartwater.com.au.

Applications close on 20 November 2009. For further information applicants can contact the Smart Water Fund by telephoning freecall 1800 882 432, or emailing info@smartwater.com.au.

"By focusing on new or previously

## **Notices**

Hatch, Match and Despatch notices can be placed here Cost: \$10 for 4 lines.

For more information please ring Peter on 03 5122 2589

12 November 2009 Churchill & District News 3



John Parker, Cr. Darrell White Colin Brick, and Mengar Hibbins with one of the heritage signs

# Heritage Signs Unveiled At Boolarra

The 125th anniversary of the township of Boolarra, Boolarra Primary School and the unveiling of new heritage sign were celebrated in the Railway Park in Boolarra on Sunday 11th October 2009.

It began with a lunchtime barbecue where Colin Brick, MC for the day, welcomed dignitaries, including members of Boolarra and other historical societies of the area, and guests to the event.

Boolarra's establishment was a product of geography and technology, explained Colin. This has been of critical importance ever since. The origins of Boolarra lie in the railway line, established 125 years ago. The plains ended at Boolarra and the hills began. It was a land of swamp and rainforest with a mild and wet climate. The surrounding farmland was difficult to clear, with the surrounding hills referred to as 'Heartbreak Hills'. Dairy and forestry were the main industries with farmers milking about 40 cows and sending their cream to the town butter factory. There was plenty of local employment and the streets were lined with shops. Boolarra became the service centre for a hinterland of Budgeree, Boolarra South, Mirboo and Darlimurla. Terrible fires in 1937 burnt down many shops that were never replaced.

Changes in economics and transport have changed the area. There are bigger farms, improved roads, less jobs and fewer children. The majority of residents work outside Boolarra, the region faces major climate related challenges, and the resolution will have an impact on Boolarra's character. However, it still has a reliable rainfall, which is rare and valuable. Melbourne is creeping closer and it will affect the town. The challenge for Boolarra is to maintain and improve services and infrastructure, try to develop local industry and employment and manage the process of development to the town's advantage as a community.

Colin then thanked all who had contributed to the day, including those who had cooked the barbecue.

Councillor Darrell White described Boolarra as a close-knit town, saying its heritage and history reenforce that claim. Darrell referred to the Primary School's display in the Multi-Purpose building, saying that it too celebrated that claim. Boolarra's roots began in forestry and agriculture. It has become a place of solitude and tranquillity, which makes up for the lack of services. Darrell praised the local Boolarra Community Development Group who work with tenacity and endurance. The Boolarra Folk Festival is a product of this group and a great asset to Boolarra. The people of Boolarra have tenacity, willingness and drive to do all they achieve, he said. Darrell congratulated the townsfolk saying "Well done. Be highly proud of what you have achieved. Keep up the good work."

Latrobe City Council is keen to support Boolarra and to continue with them into the future, he went on to say.

John Parker, representative for the Boolarra Historical Society, also welcomed guests, in particular members of other local historical societies. John thanked the members of the Booolarra Historical Society for their wonderful efforts in making the heritage signs a reality. He said the signs had entailed hours of work, and made particular mention of Ian and Mengar Hibbins' for their fantastic input into the project. There are eleven signs at present but the society hopes that number will double in the future. John congratulated the Boolarra Primary School on its 125th anniversary and the display they had put together. He hoped that the work done by the school and the signs would help new generations to recognise and appreciate their heritage.

Historical Society members lead a walk around town to view the signs and hear the history behind them from local identities. Presenters included Flo Gilligan (nee Penaluna), Bruce Hall, Jack Richards, Ann Morgan, Margaret Halliday and Ian (Bluey) Hibbins. They added some fascinating reminiscing to their presentations. Many folks had taken the opportunity to dress in period costume over the years of Boolarra's existence. These were judged by the local Historical Society representatives, and awards given.

The day finished at the Historical Museum where there was a special display set up, and guests enjoyed a wonderful afternoon tea at the adjacent Multi-purpose Building.



**Winners of the Period Costume Competition** 



Shop 7 West Place Shopping Centre Churchill Monday - Friday 8.30am - 6.00pm Saturday 9.00am - 2.00pm

**Telephone:** 5122 1390

# GRAND OPENING SALE One Day ONLY

Friday 27th November

# 15% OFF STOREWIDE

\* Excluding Prescriptions and Catalogue Specials



# **Bulk Billing**

- \*Family Medicine
- \*Women's Health
- \*Counselling
- \*Minor Surgical Procedures
- \*Pathology Service
- \*Industrial Medicals
- \*Visiting Paediatrician \*Visiting Physiotherapist
- \*Visiting Surgeon
- \*Visiting Psychologists

\*Travel & Health Immunisations

Consulting Hours

Monday to Friday 8am - 5.30pm
Saturday 8am - 1.30pm
24 hour on call service
Tel: 5122 2555

9a Georgina Place, Churchill, 3842

"Caring Family Medicine"

# Latrobe City

**GUNYAH WARD** 



Cr Ed Vermuelen

For general assistance and information

1300 367 700

or www.latrobe.vic.gov.au

To contact Cr. Vermeulen for matters concerning Gunyah Ward

0428 148 585

or Email:

edve@latrobe.vic.gov.au

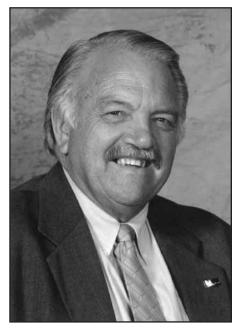
# Old Time Family Dance Hazelwood North Hall Church Road, Hazelwood North Friday 27 November 2009

Dancing from 8.00 pm to 11.30 pm Music: Harmony Plus Admission: \$5.00 Door Prize & Novelties Please bring a plate

For more details please ring Zelma Mildenhall 5166 1264



4 Churchill & District News 12 November 2009



# Update on Churchill Town Centre Plan

Latrobe City Council in December 2008 adopted the modified version of the commercial centre in the Churchill Town Centre Plan, reinstating a traffic link between Philip Parade and the car park between Hazelwood Village and West Place. This included a new swooping road providing access to the car park. In April 2009, Council resolved to remove references to a proposed "West Link Road" between the traffic lights at Monash Way and McDonald Way.

Consequently, the Churchill Town Centre Plan has been redrafted. The new draft also includes some updates, with the inclusion of the expansion at Ritchies Supermarket, new shops with a planning permit to the north-west of Hazelwood Village, and a reorientation of the southern car park in line with its current planning permit.

The redrafted Town Centre Plan is able to be viewed on the Council's website:

# Town Centre Plan Update & Power On Street Parade

# **Cr Darrell White**

www.latrobe.vic.gov.au/services/projects/church illtowncentreplan

Changes are shown in Figure 1, with changes to the 2007 version identified with yellow stars. More information on the town centre developments are on pages 14 and 15.

# Latrobe City Council - Annual Report 2008/2009

Copies of Latrobe City Council's 2008/09 Annual Report are now available for our community following its endorsement by Council recently.

This comprehensive report highlights another year of progress for Latrobe City with focus given to the completion of the Latrobe City Hyland Highway Landfill, Churchill and District Community Hub and the Latrobe Leisure Moe Newborough refurbishment as key achievements in the City's capital works program.

This year's report also details an array of operational statistics for the 2008/09 financial year, including the collection of almost 31,000 tonnes of waste, the provision of over 73,000 hours of home care, the welcoming of over 455,000 attendances through Latrobe Leisure facilities, and the maintenance of 540 hectares of parks, reserves and median strips.

The Auditor General's Report on council's finances for the year 2008/09 was also received by Council. The Auditor General's report clearly highlights Latrobe City as being in a strong financial position and council having complied with all fiscal requirements. Key financial indicators support this view, and the report confirms

the municipality's finances are being managed in a responsible and prudent manner.

Copies of the "Latrobe City Council 2008/09 Annual Report" will be available at council service centres.

#### Latrobe Rose and Garden Show Spectacular

The Gippsland Championships will be contested in roses, cut flowers, vegetables, floral art, photography and children's items, fruit, flowering shrubs and trees, Australian plants and container plants are also included in the schedule of more than 150 items. A local art group will display paintings of flowers and garden scenes that are for sale.

The Championships will be held in the Morwell Senior Citizens Centre, Maryvale Crescent on Saturday 21st November, 1pm - 5pm, and Sunday 22nd November, 10am - 4pm.

Adjacent to the location of the Gippsland Championships is the Morwell Centenary Rose Garden, which features more than 3000 roses in over 130 garden beds. November will see the garden at is pristine best for the community to experience and it never closes.

#### "Power On" Street Parade and Twilight Market

A street parade and twilight market will be held in Morwell on Saturday 21st November as part of Latrobe City's 'The Grid' project. Members of the community are invited to enjoy an evening of music, dance, food, colourful displays and entertainment.

The evening will begin with a street parade of schoolchildren and members of the community along Commercial Road and into the grounds of Latrobe City's corporate headquarters.

The parade will leave from Tarwin Street at 5.30pm. It will feature huge three-dimensional puppets and flags symbolising the community's hopes and dreams for a sustainable and bright future for the Latrobe Valley, in the light of climate change. The puppets and flags will be created by children and the public through a program of artists-in-schools and community workshops.

Under the banner 'Power On!' the festival will present live bands, a special choral performance, street performers, a screening of films from The Grid - SPAusNet short film competition, a children's choir, displays, and much more.

The Latrobe City 'Pylon Tree', created by the community from recycled metal and wire from the electricity grid, will once again be on display at the Latrobe Regional Gallery.

From 4.30pm, the twilight market of businesses from across Latrobe City will be open for trading, offering delicious treats to eat, and exciting merchandise to browse and buy.

The 'Power On!' street parade and twilight market is the final event in Latrobe City's 'The Grid' project. Residents are urged to join in with the fun of this significant community event.

For further information, please contact Latrobe City's Amanda Owen on phone 5128 5639, or by email at amandaow@latrobe.vic.gov.au.

# ~ A Night To Remember ~ 1st Churchill Venturer Reunion

28 November 7pm
Churchill Soccer Club
\$50 Double, \$30 Single
Spit Roast Dinner
Drinks @ Bar Prices

An un-missable event for past and present members and partners

Contact:
Darren Eldridge
0429 012 065
daggs666@wideband.net.au





Richard with Anish Perekh together with Arthritis group representatives Sharon Hately and Heidi Lam

# The Good Guys Doing Good!

The Good Guys Traralgon Store Manger, Anish Perekh, has kindly donated an Olympus

Digital Camera to ten year old Churchill youngster Richard Cusick.

Richard was pleasantly surprised when Anish Perekh presented him with an Olympus digital camera as an early Christmas present.

Richard, who suffers from systemic juvenile rheumatoid arthritis, has been sponsored for several years by the Latrobe Valley Arthritis Self Help Support Group. The group's president, Beryl Souter said the group had taken Richard into their hearts, provided him with wrist splints and helped with his Camp Limber Up expenses so he could meet other children with the disease.

The Group heavily relies on the support of local business like The Good Guys to raise money through its Christmas raffle in order that the group can continue their support. 12 Novembeer 2009 Churchill & District News 5



Rotary Club of Hazelwood President, Leo Billington and club member, Ian Wilson presenting the charity bowl

# **Hazelwood Rotary Working With Gippsland Soccer**

## **Gippsland Soccer League Finals**

The Rotary Club of Hazelwood was the selected charity this year to work with with the Gippsland Soccer League over four weekends as gatekeepers at elimination games leading up to the finals played at Latrobe City Sports Club on Saturday, 19 September.

Games were played at various locations including Crinigan Road South Reserve (Fortuna 60 home ground) and the Hazelwood South Reserve (Churchill United Soccer Club home ground).

A huge spectator crowd braved the wind, rain and cold to watch a highly spirited finals game at the Latrobe City Sports Club (formerly the Falcons Soccer Club home ground). The charity bowl was won by the Fortuna 60 Soccer Club

defeating Churchill.

The Rotary Club wishes to express thanks and gratitude to the Gippsland Soccer League.

#### **Community Bank**

The Rotary Club of Hazelwood has had a strong support role in the quest to establish a Community Bank in Churchill. Long serving club member, Ross Ollquist has played a leading role since late September 2008. Ross is now a member of the steering committee and would be pleased to explain to anyone what is involved to successfully establish a Churchill and District Community Bank.

The Rotary Club of Hazelwood, together with the Rotary Club of Morwell provided the catering at the recent successful Shannons Car, Motorcycle and Boat Display Show.

By attracting hundreds of enthu-

Hazelwood Pondage, the highly annual events calendar.

ings, from the day supported

## **Eel Hole Creek Clean-up**

along a section of Eel Hole Creek on Saturday, 14 November between 9.00 am and midday. Everyone is welcome to join in and assist with

this activity and the Rotary Club of Hazelwood, please contact club President, Leo Billington on 51 661

evening – 6.30 pm until 8.00 pm.

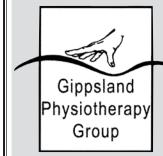
siasts to the magnificent venue at popular event must now have a guaranteed spot on Gippsland's

Proceeds, including all gate tak-Gippsland Rotary Centenary House.

The club will conduct a clean-up this worthwhile community project.

For further information about

The Club meets every Monday



... Keeping

**Gippslanders** 

Pain Free

Service

Locations

Gippsland Physiotherapy Group

Physiotherapy

Phone 51746685 Traralgon

Phone 51337388

Moe Phone 51261349

Churchill Phone 51222555

# **DID YOU KNOW?**

Morwell



- bustling cities and beautiful scenery! I have recently returned from holidaying with Wendy Wu Tours in China, visiting Shanghai, Nine Villages Valley, Chengdu, Xian and

In Shanghai I travelled on the fastest lift in the world and we ascended 88 floors in 45 seconds. I also travelled on a very fast train reaching top speed of 431 km/h. In the remote mountainous area of central China we visited Nine Villages Valley and some spectacular scenery of mountains, lakes and waterfalls. It was non stop camera clicking and photographers dream.

Chengdu is famous for its Panda Reserve and these bears are a wonder to see up close. Again more camera action couldn't be avoided.

A trip to China would not be complete without a visit to Xian. This ancient walled city is a short drive from the famous UNESCO site of the Terracotta Warriors. Over 7000 pottery soldiers horses,

Chariots and weapons have been unearthed and they are displayed in large pits. Archaeologists are still unearthing more each year. A whole day can be spent marvelling at the ancient diggings, displays and enormity of the site. Our tour ended in Beijing a magnificent city in itself with Tiananmen, Temple of Heaven, and the Summer Palace just to name a few "must sees". The highlight of my visit to China was seeing the Great Wall. Walking on the Great Wall is a definite must

This is my third tour with Wendy Wu Tours, having previously travelled to Vietnam and India with them. They are an all inclusive touring company with airfares, accommodation, transfers, quide, breakfast lunch and dinner included every day! If you would like to know more, please contact me at Jetset Morwell on 5134 3388. Kind regards, Joy.



the world is yours, use it 213 Commercial Road, Morwell. Phone 5134 3388 Licence Number 32298

# **Morwell RSL Sub Branch Inc**

# **BISTRO OPEN 7 DAYS LUNCH & DINNER**



All functions catered for **Rooms Available for:** Meetings, Conferences, & Seminars

# **Entertainment for November**

**Unknown Quantity** Friday 13th

Saturday 14th I.C. Rock's

Tribute to "The Big O" Roy Orbison

Sunday 15th **Old Time Dance Featuring** 

Ken & Alice Rae

Free Entry: Anzac Room: Starts 2pm

Friday 20th House Rules

Saturday 21st H.B.T

70s 80s Disco Friday 27th

Saturday 28th Misty

BOOK YOUR TABLE AT RECEPTION FOR NEW YEARS EVE FEATURING I.C. ROCK

**Telephone:** 5134 2455



Rotarians John Breheny and Nigel Aubrey and son Mickey at the Shannons barbeque

# Family Law

LAWYERS You're not alone when you are our client

1st interview free of charge and obligation - totally confidential Sale - (03) 5144 7788

Morwell - (03) 5133 7788

www.simonparsons.com.au

# Church News

## Lumen Christi Catholic Church

35 Walker Parade, Churchill Tel: 5122 2226 Rev. Hugh Brown Saturday: Mass:6.00pm Sunday: Mass: 9.00am 1st and 3rd Sundays: Yinnar: Mass: 10.30 am 2nd and 4th Sundays: Boolarra: Mass: 10.30am

Co-operating Churches of Churchill Rev. Dr. Bob Brown Williams Avenue, Churchill. Tel: 5122 1480

Church Times

Glenda and Ian Combridge Tel: 5166 1819

Sunday Service: 9.30am.



# Churchill Christian Fellowship

Maple Crescent, Churchill. Sunday: 10.00am Ladies Meeeting: Tuesday 10.00am



# **Church Snippets**

During the month, Rev Dr. Bob Brown has been running a series of studies on some of the parables in the Bible. These have taken place at Churchill and Boolarra/Yinnar parishes. They have been well attended and some new insights have been gained.

Also during this month, Bob, in collaboration with Father Hugh of Lumen Christi and Monash University Gippsland Health and Well Being Department, a series called Rediscovering a Sense of Well Being has been run on Wednesday evenings at Monash.

Topics have included Men and Mental Health, The Practice of Mindfulness and its Importance to Well Being, Secrets for Healthy Ageing and Quality of Life, Happiness, Depression and Spiritual Beliefs, Understanding and Helping People Living with Depressionwith representatives from Beyond Blue and Barrier Breakers.

These seminars have been well attended (up to 70 people per night) and very well received. It is hoped that the transcripts of the lectures can reproduced in this paper.

Bob and Hugh along with

Monash would like to know if there are other topics the public would like to explore. Quality speakers can be arranged, if these agencies work

On the 25th October we had a happy/sad experience at church. Two wonderful people, who have been members of our congregations since the very early times of the Co-Operating Church in Churchill were recognised, and one officially farewelled.

Jean Brick along with Iris Fowler began the Friendship Group for the then older congregation members many years ago. This year they decided to call it a day. Jean was recognised for her leadership of the group and for her many other ways of serving our congregation.

Kath Tanian has contributed to church and community activities over many years also. Kath now lives in Morwell and is unable to come to church here.

Both ladies were presented with a gift and a beautiful floral array of flowers. Each one thanked the congregation, saying that they have been happy to contribute and be part of the church family here.

Cool Club 4 Kids has started off for term 4 very well. Special thanks is given to Latrobe City Trust Fund which has supplied some funds for our operation.

The three beautiful gardens in our Open Gardens on November 14th are very special, and not to be missed. They range from a small town garden, to large out of town gardens. Whether small or large, they each have their own character and attractions. The owners are friendly and welcoming, willing and eager to talk about their gardens and offer some tips. At one garden, refreshments will be available- hot baked potatoes with goodies, hot dogs, Devonshire teas. There will also be a well stocked plant stall. The cost is \$8 per adult with \$6 concession, with children under 12 free. The gardens will be open between 10am and 4pm. For tickets and booklets please go to the Co-Operating Churches corner of Williams Avenue and McDonald Way, Churchill.

The Co-Operating Churches in Churchill is extremely grateful to the owners for being willing to open and share their gardens.



# **Chaplain's Contemplations** Fr Hugh Brown

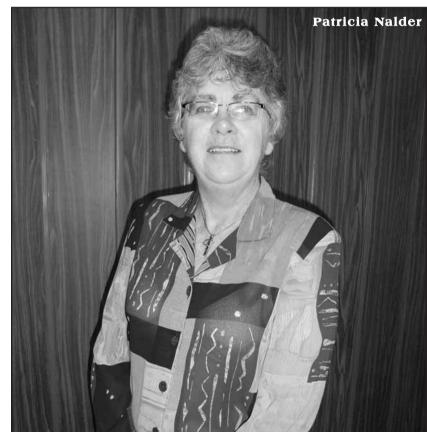
Life at Monash University, Gippsland is in that betwixt and between time with students busily preparing for or undertaking examinations. It is usually a stressful time for them, especially students who are in their first year of university and, for some of them, doing exams in a second language, English, is a challenge indeed.

Over the past 5 weeks the University in conjunction with the Co-operating Churches in Churchill and Lumen Christi Catholic Parish has been a running a series of presentations on the theme of 'Rediscovering a Sense of Wellbeing". The idea arose from consciousness that people in our local area have had a fairly difficult time of things this year with both drought and fires bringing their own stresses and, at times, devastation. There is also the constant media coverage of the Bushfire Royal Commission and the current campaign to increase people's awareness of the need for "fire readiness" as we now move into another projected hot summer season - while they are

important, they can produce a level of heightened anxiety among us.

Perhaps it is a reminder to us of the importance of making sure that, while we need to be alert to the situation, we need also to care for our own psychological and social wellbeing and ensure that we are taking opportunities to refresh our own sources of meaning and strength. Spring and its magnificent signs of new life is a wonderful time to "seize the moment" and make use of the beautiful days and cooler evenings. It is a time when it's good to be outdoors - walking, enjoying the signs of new growth, watching the birds foster their young and generally appreciating the beautiful gifts of Gippsland and the Latrobe Valley, the Jerralangs, the Strzeleckis, our state parks and our picturesque townships.

I trust that each of us can find in springtime the opportunity to renew our faith in the goodness of creation and to be appreciative of what, at times, we can easily take for granted.



# Saturday Breakfast

Patricia Nalder, Chief Executive Officer of Lifeline Gippsland, was the guest speaker at the October Breakfast.

Patricia outlined the beginnings of Lifeline in Gippsland. It was originally known as Lifeline Latrobe Valley before it expanded its reach to cover all of Gippsland. Commencing in Morwell in 1968 it was it was the first Lifeline centre in Victoria. It now has counselling centres in Drouin and Wonthaggi to support the Morwell centre.

Lifeline currently employs the equivalent of 6.3 full time people along with many volunteers who work as telephone counsellors, shop volunteers and sorters of the donations made to Lifeline.

The current budget to run Lifeline Gippsland it is about \$500,000, three quarters of which is raised by the Lifeline shops based in Morwell, Traralgon, Churchill, Moe and Sale.

Lifeline Gippsland played an important role in the recent Gippsland bushfires

by supplying counsellors to help people affected by the fires. Lifeline's main service is providing a

24 hour telephone (13 11 14) crisis and

referral line, which is staffed by volunteers trained by Lifeline. Taking about 14,000 calls annually makes it one of the busier centres, busier for example, than the Newcastle or Wollongong centres.

Lifeline also conducts ASIST (Applied Suicide Interventions Skills) -Suicide Intervention Workshops.

Lifeline Gippsland is one of many national and international centres. The National Office website is www.lifeline.org.au which has useful information for people who may need help. The local website is www.lifeline.org.au/gippsland.

The final Breakfast for 2009 will be held on the 28 November starting at 7.45

Professor Helen Bartlett, the Pro Vice Chancellor at Monash Gippsland will be the guest speaker. She will talk about the current situation at the Gippsland Campus and about future developments as well as giving some personal back-

People interested in attending should contact me by THURSDAY 26 NOVEM-BER on 5122 1148 or at kbenders@nettech.com.au.

15 October 2009 Churchill & District News 7



# **Latrobe Rose and Garden Show**

To celebrate the Award of Garden Excellence presented to the Morwell Centenary Rose Garden by the World Federation of Rose Societies at their June convention in Vancouver, a Rose and Garden Show is being held on 21 and 22 November 2009. This will be held in The Senior Citizen's Building adjacent to the Morwell Rose Garden. More than 140 items are included. Gippsland Championships for Roses, Cut Flowers, Vegetables, Floral Art and Photography will be contested. Sixteen primary schools in the region are participating with miniature potted roses, decorated sand saucers and miniature rock gardens.

The show schedule has been compiled to make the show "user friendly". While there are selected championships, many items are included specifically for those who have never previously exhibited or class themselves as novices. If you have a spike of any flower or flowering shrub, a fruit, or vegetable growing in your garden, you are invited to display them at the community show on 21 November 2009.

In both the floral art and photography sections, we are remembering the awful bush fires last February but featuring the marvelous recovery that is occurring as nature provides new growth.

Show schedules may be obtained from the Churchill Community Hub or from and Latrobe library or service centres. For further information, contact the Show Manager, Edith Colley, 5176 2805 or email edith@netspace.net.au.

We look forward to seeing you at the show from 1pm on



Saturday 21 and from 10am Sunday 22 November. Entry is a gold coin and there will be regular conducted tours of the rose garden. Plants, potted roses, light luncheon and a sausage sizzle will be available for purchase.

Pictured: Floral art created by members of the Sale Floral Art Grup on show in Sale recently. The Group are organising the floral art and exhibiting at the Latrobe Show on 21 and 22 November.

# Making Victoria FireReady:



# New Fire Danger Ratings. Look for them, act on them.

Victoria has adopted the new national Fire Danger Rating scale to help individuals and communities understand the level of fire danger on any given day.

The new ratings recognise the significant increase in severe bushfire conditions over the past decade and the greater level of danger to the community, as experienced on Saturday 7 February 2009.

It's important for all Victorians to be aware of the ratings, which will feature on weather forecasts, in newspapers, websites, radio and TV.

The new ratings provide a clear prediction of likely fire behaviour, including how difficult it would be to put a fire out once it has started. They provide information on:

- The sort of bushfire behaviour that could be experienced on that day.
- The type of threat a bushfire may pose to life and property on that day.

Be aware of the Fire Danger Rating every day during the fire season, and be prepared to take the appropriate actions. For more information go to www.cfa.vic.gov.au



12 November 2009 8 Churchill & District News



# BOOK YOUR CHILD IN FOR 2010



# Open to all **Gippsland families**

- Care available for 0 5 year olds
- Full time, part time or occasional care provided
- Fully Accredited
- Child care benefits and rebates available for eligible families
- Age appropriate activities
- Cooked nutritious meals
- Orientation sessions are offered to all new families

# Come and have a look at this purpose built childcare centre

Open 6.30am – 6.30pm Mon to Fri

Call Jodie or Bronya to arrange an inspection or appointment on 5122 6227

or Email:

pooh.corner@general.monash.edu.au www.mugsu.org.au

Separate playroom

se outdoor area for
babies 0-1 years.

"Whilst the centre is new and refurbished with new toys and equipment, one thing remains the same and that is the high level of caring and professionalism practiced by all our Staff at Pooh Corner"

12 November 2009

#### Churchill & District News 9

# **CNAV Annual Conference: 'Our** Strength in Times of Crisis'

Community Newspapers: Our Strength in Times of Crisis was the theme for the annual conference of Community Newspaper Association of Victoria (CNAV) held at Kinglake and Toolangi.

"The choice of the conference venue was particularly significant because it is in the Shire of Murrindindi, which suffered heavily in the February bush fires," CNAV president Liz Hart said. A gettogether at the Alpine Ash Mountain Retreat on Friday 23 October 2009 was a chance for friends from past conferences to get together and to meet new members in an idyllic setting. It was a special celebration for Doris Barlow from the Waranga News who turned 83 on the day. Doris is an active member of the team, editing working in the office, an inspiration to everyone and a lot

Members were welcomed to the conference on Saturday by Peter Murrindindi Councillor, who spoke of the strength of the local community. There are, he said, as many community groups now as there were before the bush fires

Jacinta Allen, the Minister for Regional Development, officially opened the conference and spoke of the history of newspapers. Keynote speaker, Karen Kissane, Senior

Writer for the Age, stressed the importance of shared stories. A forum followed with Bruce Esplin, the State Emergency Services Commissioner as part of the panel. All were impressed with the range and diversity of publications and acknowledged the one thing members have in common - they are the main source of information in their local communities.

Mary Jo Fortuna reported on the progress of CNAV. Membership has grown and there is an increased recognition of community newspa-

"People are more likely to read community newspapers," she said. "And that includes the advertise-

Several workshops were held throughout the afternoon, including 'Writing for Media' with Liz Hart. Liz talked about the principals of journalistic writing. The discussion that followed highlighted the similarities in the challenges that all papers faced, despite the difference in content and style. That was very refreshing to hear!

The annual awards dinner was held at the Toolangi Tavern - a venue I would highly recommend to anyone travelling in the area! The awards are highly contested and highly valued. The Churchill and District News was a finalist in the 'Best Sports Article' category, for a

story written by Simon McDonald. 'Cougars Win Grand Final Thriller', in October 2008. Our congratulations and thanks goes to Simon. Our congratulations also go to the Boolarra Link for their award, a finalist in the 'Best Layout' catego-

On Sunday morning a tour of the Singing Gardens in Toolangi was followed by a tour of the Kinglake Mountain Monthly Newspaper in Kinglake. This, for me, was one of the highlights of the weekend. The resilience of the community, the work, the dedication and the resourcefulness of the team was inspirational. Within two weeks of the bushfires and despite losing valued members of their team, homes and businesses, they were back in production. Their 'fire edition' is available on their website at www.mountainmonthly.com.au for those interested. It is worth a look.

The diversity and the similarities of all the member papers are extraordinary and we have returned home with a pile of papers to explore, to learn from and to be inspired by. Our thanks go to the CNAV Committee for the opportunity to be a part of great organisation! More information on CNAV can be found on their website at www.cnav.org.au



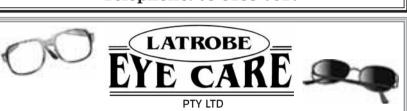
# JB Computers PTY LTD

71A, George Street, Morwell 3840

(Opp. Bendigo Bank)

New computers from \$845 with LCD Screen, Used PCs from \$100, Used Laptops \$390, 17inch LCD monitor \$245, 19inch LCD \$290, Pioneer DVD Burner \$55, High Definition TV & Capture Card \$95, Wireless Keyboard, Optical Mice & Charger Pack \$53, 512MB Geforce 8500GT \$109, 256MG Geforce 8400GS \$89, 7100GS 512 shared \$109. Upgrade Kit: Latest Core2 Duo Main Board, CPU & 1GB DDR2 Memory \$250. Repairs & fault findings from \$20, Labor for upgrade PCs from \$30. Very cheap to fix your PC. DVD Disk:- Ritek, Maxdata, Princo any brand 50 pack \$20, DVD Single Black Cases Box (100) for \$17, Many Brands, Cheap Price. 10% pensioners discount to repair computers.

**Telephone: 03 5133 7617** 



13 George Street Morwell, 3840 Tel: (03) 5134 2555 Fax: (03) 5134 3109

Providing a Complete Service to the Community

- Spectacle Makers
  - Sun Glasses
- O Contact Lens Practitioners
  - Eye Examinations
- Cataract, Diabetes & Glaucoma Co-Management

# Churchill Self Storage

THREE SIZES:

3m x 3m 3m x 4.5m 3m x 6m

Situated at corner of Switchback Rd & McCormick St, Churchill Across from Churchill Timber & Hardware

SECURE ACCESS VIA ELECTRIC GATE & YOUR PADLOCK

Phone:

Contact:

Professionals Phone: 0351342790 B. J Bennett & Co. REAL ESTATE PTY LTD 219 COMMERCIAL RD, MORWELL

# 'Power On! '

Saturday, 21 November 2009 Celebrating Our Future! Family evening of music, dance, food & displays Street Parade and Twilight Market

The parade will feature huge 3-dimensional puppets and flags live bands, a special choral performance, street performers, a screening of films from The Grid - SPAusNet short film competition, a children's choir, displays, and much more for your family to enjoy.

Churchill & District News Looking Back...Volume 2

# \*\*\*Volume 1 Now Available\*\*\*

## **Order Form**

I would like ...... copies of Looking Back... Volume 2 / ...... copies of Volume 2 at \$15 each

Please mail my copy(s) to:

Telephone ....

Address .

Payment must be sent with order. Please add \$2.50 per copy for postage and handling. Cheques made payable to the Churchill/& District News.

Return form to PO Box 234, Churchill, 3842.

Books can be purchased from: Churchill Post Office, Monash University Bookshop, Gippsland Campus, Morwell Newsagents and Gippsland Trades & Labour Council, 8 - 10 Elizabeth Street, Morwell Tel: 03 5133 7684 (Cash or Cheque only)

Delivery / Collection can be arranged by tel: 03 5122 2589 / 0411 053 546 or 03 5122 1961



10 Churchill & District News 12 November 2009



A Churchill & District History Series

# Looking Back...



...through the eyes of local residents

# Song in Costume Excerpt from the History of Yinnar CWA

'Song in Costume' was a big part of the CWA ladies activities particularly from 1964- 2001.

There were many wonderful and talented ladies whose creativity and 'stagewomanship' led the branch each year that they entered.

One of the ladies who is well remembered is Winifred Jones. Win had a wonderful sense of fun and creativity, but also a desire to make the entry as best it could. The ladies would practice a great deal, with some trepidation that all would be OK. It usually was. The competition at the festivals was extremely competitive. They made all their own costumes, sharing ideas and making many visits to Op Shops

Win was the Special Choral and Song in Costume Chairperson on the Music Committee. She was a leader in Song in Costume in the Yinnar branch, which she proudly reports, had many talented members. Win's talent lay in being able to think up ideas in her mind and put them down on paper. A small sub-committee of 4-5 members would do the planning, but the whole branch was involved. Drama and music were very important and interesting activities in the branch, but above all they were lots of fun. Win loved it. The costumes that were required, were all

made by the CWA ladies, and Yinnar was acclaimed for their productions, winning several prizes for their efforts. The ladies practiced for three months. They often panicked at the last minute, thinking it would not go well. However, it always turned out well on the day. Costumes were made as they went along. Yinnar's pianist was Wyn Pankhurst who was very talented. Other notable 'stars', are Bev Corley, who is a Salvo, and Mrs. Bennett who also was branch pianist.

"Win was a great motivator," says Helen Heesom. She also says that Morwell Group was very good. Morwell have continued to the present day. Yallourn CWA was exceptionally talented in both music and drama. Nell Hodgson and Dorothy Fogarty are well known in the district for their talents.

"Win (Jones) and I did all sorts of silly things on the stage. Win was a great organizer with a great imagination. We had lots of fun with song and drama," said Millie Coleman. "At practises at Win's place where there were some frustrations but also a lot of fun and laughter under Win's direction and guidance." Millie Coleman was, along with Win Jones and Pauline Shaw, part of a trio called the Three Tenors.



**Anzac Day Concert 1995** 



The Seekers 1997, 1998

# By Ruth Place



Cafe Society 1988



Teddy Bears Picnic 1990



Don't Let Your Daughters on the Stage!

12 November 2009 Churchill & District News 11



A Churchill & District History Series

# Looking



.through the eyes of local resident



Stage Struck 1985

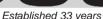


**Anzac Day Concert 1995** 

Song in Costume Titles					
YEAR	TITLE	PLACE	TITLE	PLACE	
1969	Bats in the Belfry	1st			
1971	The Lonely Goatherd	1st	Husbands and Wives		
1972	Bees are Buzzing		Could We But Rule		
1973	Ship Ahoy	1st (Best Actress)	Drunken Sailor		
1977	The Sentimental Bloke			2nd	
1978	Monopoly		I Hear Music and there is No-one There		
1979	The King's Breakfast	1st	Drover's Dream I Could Have Danced	1st 1st	
1980	Painting the Clouds With Sunshine		Day Trip to Seaspray I Feel Pretty	1st 1st	
1981	Springtime in Gippsland	1st	The Ventriloquist Old Spinning Wheel	1st 1st	
1984	Howzat	1st- Group 2nd State	I Remember It Well		
1985	Hold on Round the Bend - (Elva Wicks- Best Actress)	Encouragement (State)	Memory		
1986	Side Show Antics	1st Group 2nd State			
1988	Café Society	2nd Group			
1989	Stage Struck		Chase Me Charlie	2nd	
1990	Teddy Bear's Picnic				
1991	Olympic Fun and Games	1st Group	Mad Dogs and Englishmen Cops and Robbers	3rd	
1996	The Three Tenors	2nd State			
1997	The Seekers- Group Fun Day				
1998	The Seekers Master of the House- Group				

# **GIPPSLAND**

# Quality Custom-Made Furniture











Best Range

Best Prices Best Finish

**Huge Range of Furniture and Bedding** 

including Entertainment Units, Occasional

Furniture and Chest of Drawers





Jessica Entertainment Unit



**Huge Selection** on all bedding



Large Corner TV Unit



Fabric and Leather Lounges

12 Churchill & District News 12 November 2009



# Workcover **Claims**

# **PARSONS**

**LAWYERS** 

If you don't fight you lose

1st interview free of charge and obligation - totally confidential

Morwell - (03) 5133 7788

Sale - (03) 5144 7788

enquiries@simonparsons.com.au www.simonparsons.com.au

# **Awards Presentation**

The dedication and bravery of members of the Churchill CFA was recognised at its Annual Awards Dinner and Presentation. Greg Patterson from the CFA congratulated the brigade on its commitment and encouraged members to celebrate their successes in protecting life and property in the last fire season rather than to dwell on the horrors of events.

He also thanked families, partners, spouses, relatives and friends who support the volunteers.

He conveyed a huge thank you from the Chief Officer.

Guest, Councillor Darrell White, spoke on behalf of Latrobe City Council, thanking all the brigades present for their dedication and commitment in responding to the range of fires that happen in this area. Darrell said he had had personal experience of the Black Saturday bushfires, and appreciated what the fire fighters had faced. He said the brigade's service was valued and the commitment appreciated. He noted it was good

to see the camaraderie that existed among mem- to CFA and service to the community and other bers. Darrell presented a framed certificate from the CFA to Captain Steve Barling. He concluded by saying, "Well done for a great job undertak-

Steve Barling also congratulated all the members who helped during the fires. He said the brigade was pleased to be able to contribute to the campaign but best of all no members were hurt. Steve encouraged new members to continue with their training and their commitment, learning all they can, so they can contribute as best they can.

#### The Awards

Awards were made to the following:

Five Year Service Certificates presented by Malcolm McKenzie to: Lindsay Bevis, Darren Devlin, Steve Shankland, Clinton Wilk, Graeme Renwick and Ruth Place.

CFA Service Awards presented by Greg Patterson. These are given for years of service

agencies.

Ten Year Awards: Chris Gallagher, Steve Idzes, Shane Renwick and David Sutherland.

Twenty Year Awards: Darlene Parkinson and Bert Penco.

Twenty-five Year Award: Allan Larkin.

Captain Steve Barling presented Shane Renwick with "Firefighter of the Year, saying Shane had made a wonderful contribution to the brigade, showing a great deal of leadership over the last twelve months.

Lieutenant Darlene Parkinson presented Ashleigh Caldwell with the "Rookie of the Year"

Lieutenant Scott Randall presented two Encouragement Awards to Kylee McKenzie and Jess Baulch.

Lieutenant Steve Shankland presented the "Most Consistent" award to Chris Gallagher.

Captain Steve presented the "Captain's Trophy" to Darren Devlin.

Scott Randall presented the "2-Man Marshall" awards to Clinton Wilk and George Brien for the pumper and Graeme Renwick and Darren Devlin for the tanker.

Darren Devlin presented to "Special Man" award to Tony Gallagher.

The Minister for Victoria's Police and Emergency Services, Bob Cameron, visited local fire brigades, to present thank you plaques to the fire fighters who were involved in the last fire season's horrific fires which devastated this

He warned that there is no reason why the coming fire season will not be as bad if not worse than the last one, urging people to be fire ready and attend community fire ready meetings for tips on how to be best prepared, and to know the risk of staying or going.



Captain Steve Barling



Kylee McKenzie and Jess Baulch



**Churchill CFA Award Winners** 



12 November 2009 Churchill & District News 13

# **Summer Safety Competition**

Solve the Crossword Puzzle to win a great prize!

Answer the questions, fill in the entry form and send it to:

Summer Safety Competition

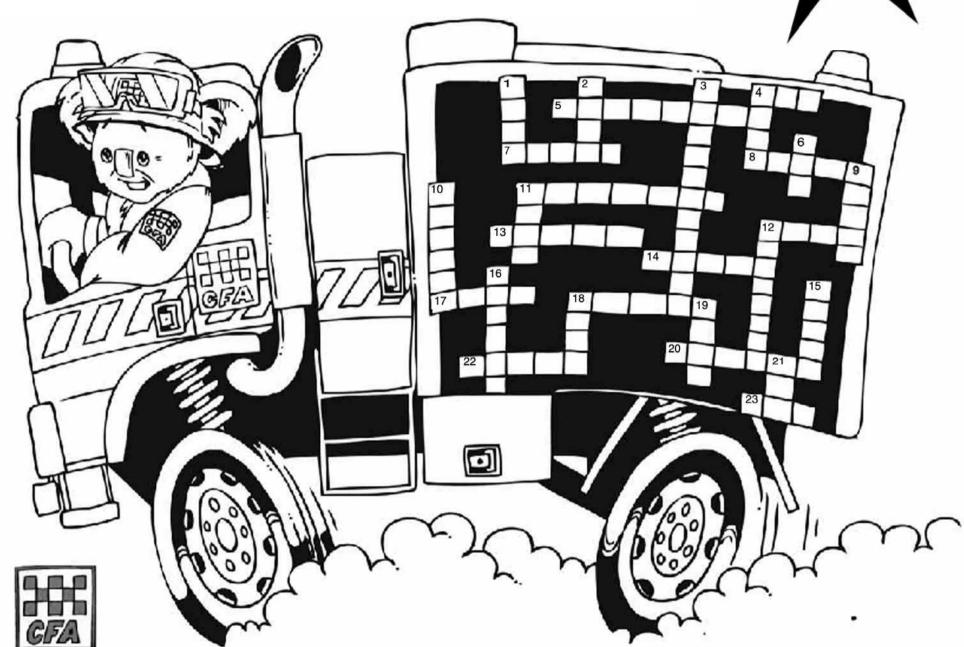
PO Box 243

CHURCHILL 3842

Or put your entry in our 'Drop off Box' at Cafe Le Mac at the Shopping Centre in Churchill oThe Crossword Competition is open for all pre-school and primary school age children.

Closing Date: Friday November 20th

(BIG PEOPLE can help young ones with the answers if necessary. The aim is to make sure our young ones understand the risks and are fire ready through a fun learning activity.)



NAME ...... DATE OF BIRTH......

ADDRESS......TELEPHONE NUMBER......Summer Safety Crossword Questions

## ACROSS

- 4. A day of high fire risk is usually very \_ \_ and dry.
- 5. A \_ \_ \_ \_ usually happens during summer.
- 7. You can use the TELE \_ \_ \_ \_ to find our more information about a bushfire and also to tell other people what is happening.
- 8. These large things can sometimes catch fire in a bushfire, but can help to protect your home.
- 11. You can survive a bushfire and protect your home if you \_\_\_\_\_ a survival plan.
- 12. Breathing in too much smoke, or getting too hot will make you feel very \_
- 13. If you plan to leave, it is safest to leave \_ \_ \_ \_
- 14. You will need lots of \_ \_ \_ \_ to put a little fire out and to drink.
- 17. Make sure the \_\_\_\_ to your home is wide enough for a fire truck to safely drive down
- 18. These are useful to squirt water at little fires, ant to wet down the outside of the house.
- 20. This is the most important thing when planning to stay or leave.
- 22. The first part of your survival plan is to work out whether to stay or  $\_\_\_$
- 23. When you go home, have a look at how prepared your home is against bushfire and be a FIRE\_ \_ \_.

#### DOWN

- 1. All members of your family can \_ \_ \_ to prepare a survival plan.
- 2. Your clothing might \_ \_ \_ if it is made from synthetic materials and gets too hot.

Lots of

**Prizes to** 

be Won!

- 3. The \_\_\_\_\_ might not be able to defend your home because they could be fighting a bushfire somewhere else.
- 4. The most dangerous part of a bushfire is not the flames, but the part that travels in front called RADIANT \_ \_ \_ \_ .
- 6. Don't forget to plan for the safety of your \_ \_ animals.
- 9. This can be seen and smelled from a long way away if there is a fire.
- 10. Most (but not all) bushfires happen in the \_ \_ \_ \_ season.
- 11. You must have a survival \_ \_ \_ and stick to it.
- 12. If your family is well prepared, you can  $\_\_\_\_\_$  a bushfire.
- 15. A day of high fire danger can also be very \_ \_ \_ \_
- 16. If you decide to evacuate your home too late with a bushfire coming, you will be in a lot of \_ \_ \_ \_ \_.
- 18. The safest place for your family to be in a bushfire is inside your well prepared \_ \_ \_ .
- 19. If your family chooses to \_ \_ \_ \_, you will need to make sure your home is prepared and you have lots of water.
- 21. You can fill buckets of water under a garden \_ \_ \_.

14 Churchill & District News 12 November 2009

# Churchill Town Centre Construction Update

# **Georgina Place**

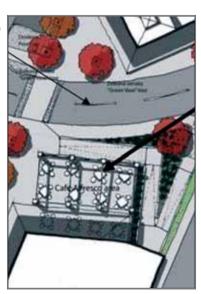


The new swooping road will provide improved access to the northern car park from Philip Parade and Monash Way.

The road will be reconstructed in stages. The pavement from Philip Parade to Marina Drive is planned to be built at the same time as the Philip Parade reconstruction. The remainder of construction of Georgina Place's swooping road will take place after land ownership issues in the present northern car park have been resolved.

# "Urban Plaza" near Marina Drive

Georgina Place



The Churchill Town Centre Plan aims to extend the retail area from the new laundry in West Place, northwards towards Hazelwood Village.

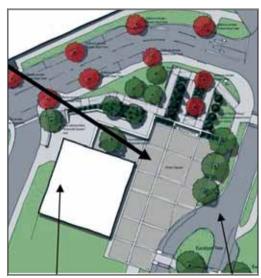
A small plaza with seating is planned for the space between the new swooping road and the end of the retail area, aiming to be a place for meeting, eating and talking.

# Pedestrian Plaza near Town Hall

The narrowing of Philip Parade allows for construction of a substantial new plaza area to the east and north of the Town Hall (opposite Churchill and District Community Hub).

A passive open space area is proposed to be built in front of the Town Hall, with space for civic structures such as a proposed memorial.

A footpath, compliant with the Disability Discrimination Act, is to zig-zag up the hill beside the Town Hall. Detailed design of the area is being finalised, and tenders will be advertised for construction in the new year.



Town Hall

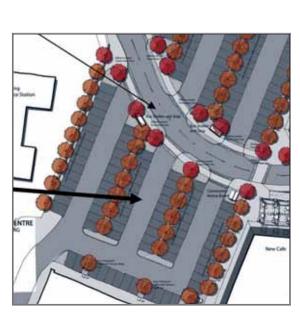
Philip Parade

# Northern Car Park (between West Place Shops and Swooping Road)

This part of the northern car park is also being rebuilt by Minster Constructions Pty Ltd in stages.

The first stage has been built, and involves retention of the existing layout of the parking areas, but with levels adjusted to accord with the Churchill Town Centre Plan. The ulti-

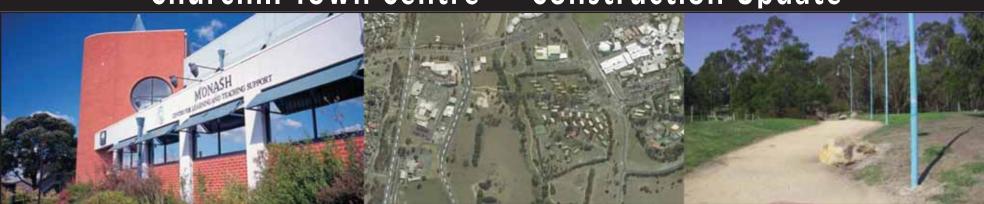
mate layout will include redesign of the car parking and realignment of West Place, aiming to improve access, car parking numbers and landscaping.



\*\*Note that these images are indicative of the final design, and not the exact detail.



## **Construction Update** Churchill Town Centre



# **New Commercial Buildings**

Two new buildings are envisaged in the Churchill Town Centre Plan, aimed at bringing the parts of the town centre closer together. These new buildings include a new mixed use building and an extension to West Place shopping centre.

# **New Mixed Use Building**

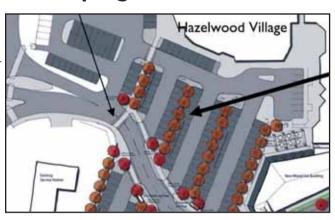
A new building is proposed on the sloping area of Council-owned land between the swooping road and Hazelwood Village (beside the Chinese restaurant). This will have frontages towards Hazelwood Village and along the north-south pedestrian link between West Place and Hazelwood Village, and also to the swooping road. It is expected that the new building could house some retail and commercial facilities, and perhaps some accommodation on higher levels. It is proposed that this would be a private development.

# **Extension to West Place**

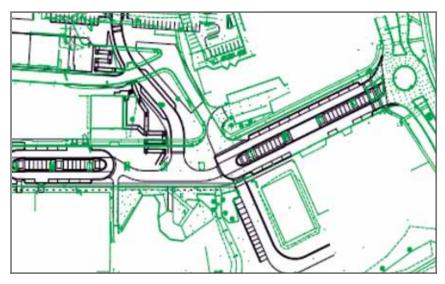
An extension of the West Place specialty shops is proposed in the Churchill Town Centre Plan, from the current post office and laundry northwards towards Hazelwood Village. The new commercial area would open on to the proposed "urban plaza" near Marina Drive.

# **Northern Car Park** (between Hazelwood Village shops and Swooping Road)

Redevelopment of this part of the northern car park in accordance with the Churchill Town Centre Plan will be dependent on the support of the land owner.



# **Philip Parade Construction**



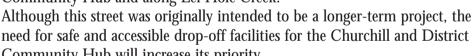
A major upgrade of Philip Parade will take place over the next few months, with major works expected early in the new year. This will include a narrowing of the roadway in front of the Churchill and District Community Hub, modifications to the design and levels of Philip Parade to enhance its role

as a parking precinct rather than just a through road, and establishment of connections to the new swooping road. Undergrounding of power lines has already been completed.

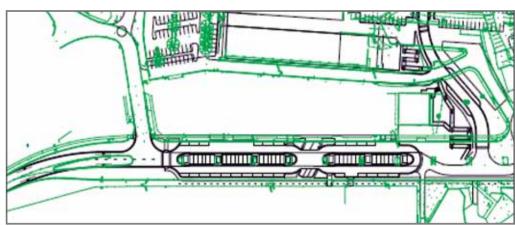
Philip Parade is due for reconstruction as its pavement is failing. The adoption of the Churchill Town

# **Street near Churchill and District Community Hub and Eel Hole Creek**

The Churchill Town Centre Plan proposes a new street between the pedestrian connection to Monash University and the skate park, connecting to McDonald Way. The first part of the street on Councilowned land near the Churchill and District Community Hub will be constructed first, while the section behind the CFA is likely to be built at a later stage. The street provides for drop-off and parking near the Churchill and District



Community Hub and along Eel Hole Creek. Community Hub will increase its priority.



Above: Balfour Place to Georgina Place Left: Georgina Place to McDonald Way

> Centre Plan and operation of the Churchill and District Community Hub provides an opportunity to improve safety, pedestrian access, public space, parking and attractiveness within the area.



#### 12 November 2009

# Churchill Neighbourhood Centre Making it Official!

Officially cutting the ribbon to celebrate their new home at the Hub was the main business of the Annual General Meeting of Churchill Neighbourhood Centre held on Wednesday 4 November 2009.

Jackie McLure, President for the last three years, welcomed everyone to the AGM.

In speaking to her report, Jackie was pleased to say, "Finally, after three years of saying our next AGM would be in our new building", they had made it.

The Hub, she said, had been used as a resource centre during the recent fires, for meetings of local groups, and five other community organisations. It has quickly become an important and well-used community asset.

The Centre has flourished under Co-Ordinator Henry Parniak's leadership, and has enjoyed strong support from the committee, volunteers, tutors and participants. It was a place of learning, friendship and laughter.

Treasurer Lorraine Andrews reported a solid financial base. She thanked Anne Hogg and the committee for bookkeeping assistance.

In his report, Henry recalled the bushfires and their impact on the Centre. He said the "CNC was called upon to support the community and it reached out with open hands and hearts. We touched real people who were hurting and we hurt with them. We will continue to reach out through the bushfire recovery process."

Two major fundraising events were held during the year, the Quilt and Craft Exhibition and Craft Bonanza "which brought together large numbers of volunteers to achieve great things, to work, share and have fun and to celebrate what community can do together," he said.

After a slow start in term one following the fires the Centre has bounced back. Numbers are up and learning is taking place with sharing, laughter and fun. Henry says he can only see further growth and improvement ahead with more classes and workshops already planned. He made particular mention of the development of the Men's Shed, which is presently being fitted out by a group of guys who are just loving it.

Henry ended by thanking his committee for their unreserved support, understanding and hard work in a year that has not been without difficulties. He referred to the committee and tutors as 'family'. He also said they (CNC) were there to continue to support the community, which they were proud to serve.

Henry presented parcels of thanks to his committee and tutors, as well as two special presentations.



The election of office bearers took place. The following were elected:

President: Jean Baudendistal Vice President: Barbara George Secretary: Isabel Temple Treasurer: Lorraine Andrews Jacqueline McLure, Robyn kelly, Mary Edwards, Anne Vernon, Kaye Charalambous and Anne Boothman

The AGM finished with a delicious light lunch shared with a lot of chatter.

Treasurer: Lorraine Andrews
Committee Members



Henry Parniak, co-ordinator of the Churchill Neighbourhood Centre, says it is his goal to greet all who come to the Centre, join them for morning tea, get to know them and make them feel at home.

The Centre is located in the Churchill Community Hub and is open on Monday to Friday from 10am- 3pm with a range of courses at reasonable prices. There are also two courses at night from 6pm-9pm. The courses include various computer-based activities, creative and beginning writing, crafts including quilting, patchwork, and needlework, lead lighting, folk art and yoga and the Men's Shed.

Members of the Men's Shed are at present fitting their space out with workbenches and deciding on the layout of the area. Representatives from tool and machine companies are visiting to see the work space and advise on the type of machines and tools appropriate for the room and their use. The supervisor for the Men's Shed is an antique furniture restorer. He would welcome your visits and advice.

The patchwork groups are divided into three classes from beginners to advanced,

night.

The ladies are a welcoming, warm hearted bunch who are very willing share their skills, give advice, or stop what they are doing to join someone else with a different craft idea for a while. Even though there are tutors, skill sharing is encouraged and welcomed.

'Annie' the quilting machine is very popular. The presence of Annie means that anyone can come and complete a quilt from start to finish.

Most of the classes are full, and participants really like their tutors as they make them feel at home, valued and included, show sensitivity, care and a willingness to give and take to make sure all are satisfied.

The Neighbourhood Centre is a wonderful way to meet new friends, learn new skills and participate in some fun social interaction.

"Come along and join the happy crew," said Henry.

For further information, ring Henry at the Neighbourhood Centre on 51 22 2955.

# Warm Welcome Guaranteed



The Men's Shed



Jean and Jackie with the golliwog display Above left: Quilting at the Centre

# C & D Celebrity Chefs' Bernie Beschle

Our district is bursting at the seams with creative people, among them our talented multicultural cooks. Foodies from as far away as the UK, continental Europe, China, the Indian sub-continent and the Americas live - and cook - here.

Each month this column will feature a local cook who brings delicious dishes from his or her country of origin and shares a recipe with News readers.

We begin our series on the 'celebrity chefs' of Churchill and district with Bernie Beschle who came to Australia from Germany in 1957 and settled in Churchill in 1987. Bernie is married to Anne, from Liverpool in the UK. They met on her 21st birthday and have been together ever since. Their kitchen often fills with the fragrant aromas of Bernie's native dishes.

Bernie, a retired Essential Services Officer at the SEC, is originally from Lake Constance on the border of Germany and Switzerland. This is a scenic area known for its natural beauty and hearty cuisine. Here is one of Bernie's favourite recipes from his old home country.





**Lake Constance** 

## BERNIE'S SAUERKRAUT AND NOODLES

Ingredients:

1 pkt fettuccini (other pasta can be used)

1 pkt sauerkraut

1 onion

3 rashers speck or bacon

2 eggs

#### Method:

- 1. Cook pasta
- 2. Rinse sauerkraut
- 3. Fry onion and speck until speck is crisp
- 4. Add cooked pasta and drained sauerkraut to fry pan
- 5. When heated through, put in the beaten eggs and mix well

If you want to sweeten the sauerkraut, you can add some grated apple or carrot

Bernie sometimes adds soy sauce to taste, but that's just his (multicultural) preference!

So simple, so quick and so delicious!

Happy cooking! See you in the next issue with another recipe from a local 'celebrity chef'!

Cora Pal

# Lifeline Churchill Shop News Christmas is Coming!!

Christmas is just around the corner and Lifeline's Churchill shop is ready and waiting with a fabulous range of new and old bargains to suit every pocket and member of the family. Just when you thought it couldn't get any better, the shop's ever popular Christmas Sale starts on the 17th November

Lifeline Churchill Shop, which celebrated its 21st Birthday in August, would like to thank its many supporters including Ritchies IGA Community Benefits Scheme. If you shop at Ritchies and have not done so already, please consider nominating Lifeline as your chosen community group. Cards are available from the Churchill shop and can be presented each time you shop - it's easy.

The Lifeline shop is next door to the Churchill Chiropractor and is open each weekday from 9.30am until 4pm. Please note that the shop will close for the holiday period on Friday 18th December and will reopen on Monday, January 11 2010.

Lifeline's Traralgon shop will close on Tuesday 22nd December and reopen on



Tuesday 5th January

The Moe and Morwell shops will close on Tuesday 22nd December and reopen on Monday 4th January.

If you wish to donate non-breakable items in good condition please place them in one of our donation bins or contact the Lifeline Gippsland office on 5136 3500 to arrange pickup of larger items such as furniture.

Have a safe and happy Christmas.

# Fusion Christmas Advent Pageants

Primary school children will again have the opportunity to participate in a re-telling of the Nativity Story in a colourful and creative way through Fusion's advent pageants. On November 27th, children in Morwell and Churchill will dress up as angels, shepherds, wise men, Mary and Joseph, to walk through the main street retelling the story of the



birth of baby Jesus on that very first Christmas day. There will also be a festival and concert where parents and friends can participate in a celebration together.

Last year two pageants ran with children from a number of local primary schools having a great time together. Coordinator, Paula Hoogerbrugge, said "Advent pageants are a lovely way to cel-

ebrate our children as they learn about the real meaning of Christmas. It's an opportunity for the community to come together and share the joy and love of this season. Businesses get involved through being stop off points where Mary and Joseph ask if there's any room in the inn! It's a great even to be a part of."

Anyone who is interested in being involved can contact Paula on 5134 6922 or

paula.hoogerbrugge@fusion.org.au



12 November 2009 18 Churchill & District News

# **Closing Date 20th November 2009**



# Lions Club of Churchill and District Incorporated



# 2009 CHURCHILL CITIZEN OF THE YEAR AWARDS NOMINATION FORM

The Awards are provided by the Lions Club of Churchill & District Inc. and presented at the Australia Day Ceremony in Churchill on 26 January 2010. Person(s) who have made a noteworthy contribu-

NOMINATION FOR (Please tick appropriate box):

tion during the preceding year and / or given outstanding service to the local Community over a number of years shall be eligible. Members of the Lions Organisation are ineligible to nominate. The person(s) being nominated must be a resident of Churchill or the immediate surrounding district. All information is confidential. The decision is final and no correspondence will be entered into.

Lions Club of Churchill & District Inc.	Lions Club of Churchill & District Inc
Citizen of the Year Award	Young Citizen of the Year Award
DETAILS OF THE PERSON BEING NOMINATEI	Must be 18 years or under on 26 January 2010
Surname:	Other Names
Private Address	
i i i vate i tadress	
Occupation:	Telephone: Private:
Date of Birth: Age: Marita	
THE PERSON IS BEING NOMINATED FOR CON	
OTHER SIGNIFICANT CONTRIBUTIONS AND A	ACHIEVEMENTS:
Additional material may be attached if desired.	
PAST AND PRESENT MEMBERSHIP OF COMM	UNITY/SPORTING/PROFESSIONAL BODIES, ETC:
ANY OTHER RELEVANT BACKGROUND INFO	RMATION:
	FOR FURTHER INFORMATION ABOUT NOMINEE:
Name: Name	
Position: Position: .	
Address: Address:	
Post Code: Post Code:	
Telephone: Telephone:	
TO BE COMPLETED BY PERSON SUBMITTING	S NOMINATION:
Mr/Mrs/Miss:	
	Post Code:
Organisation represented (if any):	Telephone:
Signature:	
	FORM TO BE RETURNED TO:

Bill Hurenkamp, The Secretary Lions Club of Churchill & District Inc Phone: (03) 5174 4221

Lions Club of Churchill & District Inc PO Box 110 CHURCHILL 3842

# **Lions Club Citizen** Awards 2010

The Churchill and District Lions Inc will once again be organising a community function to celebrate Australia Day in Churchill. The event has proven very popular in recent years. To enhance the event, the club will present a Young

Citizen Award and a Citizen Award to the most outstanding person(s) in each category for their contribution to the community during the previous 12 months. This Award is now adopted as a tradition and we ask

that residents again nominate candidates. Nominees must be a resident of Churchill or reside in the immediate surrounding district. The nominated person's applications will be scruti-

nised by an independent panel of judges and the relevant winner for each category chosen. The decision of hat panel will be final and no correspondence will be entered into. The awards will be supplied and presented by the

Lions Club of Churchill and District at the Churchill Australia Day Ceremony on 26 January 2010. Lions Club of Churchill & District Inc Young

Citizen of the Year Award -applicants must be 18 years or under on 26 January 2010. Lions Club of Churchill & District Inc Citizen of the Year Award - open to all applicants over the age of 18

ears on 26 January 2010. The closing date for all applications is Friday 20 November 2009.

# **Kinder transition** days for Churchill and **District Schools**



Parents are welcome to bring their children to attend Orientation days at Churchill and District Schools. These days are provided to help the children adjust to school in a graduated manner.

The state - wide Orientation Day is Tuesday 8 December 2009

## **Churchill Primary School**

Tuesday 17 November: 9a.m. - 11a.m. Bring a snack Thursday 26 November: 9a.m. - 11a.m. Bring a snack Tuesday 8 December: 9a.m. - 11a.m. Bring a snack

#### **Churchill North Primary School**

Bring a snack Tuesday 8 December: 9:00am - 10.30am Bring a snack

## **Hazelwood North Primary School**

Tuesday 8 December: 9.00am - 11.30am

#### **Lumen Christi Primary School**

Tuesday 17 November: 1:45 - 3:00 pm Bring a snack

Friday 27 November: 9:00 - 10:00am Bring a snack

Tuesday 8 December: 9:00am - 12.30pm

Bring a snack and lunch

12 November 2009 Churchill & District News 19

# Nominations for Yinnar and District Citizen of the Year Awards

For several years the Yinnar and District Community Association has presented a Citizen of the Year Award to a worthy recipient at the annual Australia Day Celebrations in Yinnar. In 2009, an inaugural Young Citizen of the Year presentation was held in conjunction with the celebrations on January 26.

The Citizen of the Year Award is open to residents of Yinnar and District. The award acknowledges outstanding community contributions which must largely or significantly impact on Yinnar and District. The nominator must also be a resident of Yinnar and District. On Australia Day 2009, Helen Heesom was presented with Citizen of the Year for outstanding service to the Community of Yinnar and District. As a long-term resident, Helen diligently and generously served the

community through her association with many organizations for more than fifty years.

The Young Citizen of the Year Award is open to residents of Yinnar and District who are under the age of eighteen years on 1 January in the year of the award. The award is intended to acknowledge outstanding community contributions which must largely or significantly impact on Yinnar and District. The nominator must also be a resident of Yinnar and District and under the age of eighteen years on 1 January, in the year of the award. Tom Linton received the inaugural Young Citizen of the Year Award for his contribution to Yinnar and District through his association with sporting clubs, namely football, cricket and tennis, participation in school activities and his dedication to his

volunteer work with Yinnar Fire Brigade.

Once again, the Yinnar and District Community Association is seeking nominations for these awards. Nominations forms are available at the General Store or by contacting Robyn Irvine on 51 631 565. Particulars regarding referees, adjudication, and the presentation ceremony are included on the nomination form. Please note that nominations for the 2010 awards close on December 1 2009. With so many worthy candidates in our community, the Yinnar and District Community Association looks forward to receiving a large number of nominations for Citizen of the Year and Young Citizen of the Year. All members of our community are strongly encouraged to give this matter due consideration.

# Imagine What a Community Bank® Branch Could Do For Churchill

The people of Churchill and district are making their Community Bank® branch a reality with more than \$140,000 pledged since the launch of the campaign near the end of September.

Steering Committee Chairman Wayne Casey said, "This is a fantastic response which is indicative of the area's community spirit."

"However, we still need additional support to get us 'over the line'." Pledges are sought to buy shares with a minimum of \$500 up to \$10,000 and/or to use the banking facility.

"Committee members are currently taking every opportunity to meet and talk to as many locals as possible. You will find them set up in your local shopping strips and attending many community group meetings. We want to raise awareness as to exactly what a Community Bank© branch could mean for Churchill and districts."

There are over 240 communities around Australia with their own Community Bank® branch, with some returning over \$30,000 per month to their community. The most successful Community Bank® branches throughout Australia have collected pledges of support

around 300 locals, with these people going on to become shareholders in the local company.

Mr Casey said a good local example of a successful Community Bank® branch was the branch in Trafalgar, with their recent Annual Report detailing community grants totalling \$75,354 as well as a five cent dividend for its local shareholders. Trafalgar have a particular youth focus with 40% of their grants allocated to a Youth Foundation Project with the remainder spread between various schools, clubs and other worthy organisations.

"The Trafalgar Community Bank® branch is a great example of how these successful branches are helping shape the future of their communities," Mr Casey said.

"Imagine what a Community Bank<sup>®</sup> branch could do for Churchill and our district."

Pledge forms and further information is available at Ritchie's, the Community Hub or by contacting any of the following Steering Committee members:

Wayne Casey 5122 1363 Craig Flanigan 5122 2846 Jeff Kemp 5122 1293 Sharon Middlemiss 0412 348 964

# Found - A Croc in the Creek



During the last working bee which was very well attended, one of the tasks was to clear rubbish from Eel Hole Creek. One of the unusual items found was a croc - not the animal type but the footwear type! That was not all. Several large bags were filled with wrappers, bottles, cans and other rubbish. Those involved with this exercise spent over two hours collecting the rubbish from in and around the creek, especially near the concrete bridge near Kurnai and up the concrete path to the pedestrian lights on Monash Way. PLEASE TAKE YOUR RUBBISH HOME WITH YOU.

Other jobs completed were the cleaning up of the northern end of the lake for the Junior Fishing Competition and clearing out dead branches from the plantation near the picnic shelter. Several other folks did a cleanup of dead branches and weeds near the pathway from the Kurnai end.

Thanks go to all who helped on the day and those who have put in extra hours since then, spraying weeds and mowing the grass.

In preparation for the Churchill and District News Junior Fishing Competition, the council arborist inspected the dead trees around the main playground area and decided that one needed to go before the day. The photo shows a member removing the tree.

WARNING: For those who walk their dogs in the park, it is advisable to keep them on the lead this time of year due to snakes. Some have already been seen.

# Community Work Stress Study

Community sector workers have one of the highest levels of work stress claims in Australia. Victoria University PhD student, Lorraine Harrison, has worked in the community sector for over 20 years and has seen the effect of work stress on her colleagues and work mates.

"I believe a lot more could be done to improve this situation," she said. "And one of the missing pieces of information is how workers themselves experience job stress." Lorraine would like to speak with community sector workers about their experiences of job stress and how it has been handled in their workplaces.

"Often the workers themselves don't

get asked how it is for them and their knowledge is therefore missed," said Lorraine.

Lorraine is planning to run a focus group in Morwell on 24 November 2009, after business hours at 5.30pm for about 1.5 hours. It would be good for workers to hear from each other about job stress as well as for research purposes. The group can only run if there are a reasonable numbers of workers who are prepared to come along. If you would like to be involved contact Lorraine on 0438307002 or email

lorraine.harrison@live.vu.edu.au

# Asbestos Awareness Day Ceremony Rose Garden in Morwell

Friday 27 November 2009 at 11.00am

The event highlights and raises the awareness of asbestos and its effects on families and the community.

There will be an ecumenical service to remember those who are suffering and those who have succumbed to asbestos disease.

Newborough Primary School Choir & Paddy
O'Dowd will be singing.

At the conclusion of the ceremony, there will be a free BBQ lunch with the compliments of Gippsland Trades& Labour Council and all are most welcome to attend.

For further information contact

Vicki Hamilton O4O7274173 or the GARDS office: 5127 7744



# Mathison Park

# **Water Plants**

By Ken Harris

Walking around Lake Hyland in Mathison Park one sees large patches of reed-like plants. These are not in fact reeds, which are not at present to be found in the park. They are in fact known as Tall Spike-rushes - Eleocharis sphacelata and are a type of sedge. They consist of tall hollow cylindrical stems and the flowers are just bunches of stamens (on the males) or styles (on the females). My picture shows a female flowering stem. Most of these Spike-rush patches are home to the Purple Swamphen. The Swamphens spend a lot of time among the spike-rushes and they build their nests as a platform of spike-rush stems, piled to quite a height above the water,

A second sedge is also common all around the edge of the lake. This is the Tassel Sedge - Carex fasciculata. They grow as green clumps of rather coarse grass-like leaves and their flower stems arch over so that the flower spikes hang downwards, leading to the name Tassel Sedge. Each flower head of the Tassel Sedge consists of two different spikes one above the other. The female flower-spike comes first and the male flower-spike immediately follows it on the stem.

There is one other water plant that grows very commonly in the park. These are often called Cumbungi in Australia, but have a number of different names elsewhere, being any of Bullrush, Common Bullrush, Broadleaf Cattail, Common Cattail, or Cat-o'-nine-tails.

Their scientific name is Typha latifolia. Bullrushes are in a different family and are not closely related to the sedges. The Bullrushes in the park are all the same species and it is an introduced species that is spreading at a great rate in the Gippsland Region and is tending to out compete the two native species of Cumbungi which are both still to be found in Gippsland. In Mathison Park these Cumbungi are very common in the swampy region in the middle of the park and along Eelhole Creek. The Friends of Mathison Park are trying to eliminate this aggressive weed from the park and if we succeed, we hope to introduce the Common Reed - Phragmites australis (which is a native species) in its place.



Tassel Sedge



Tall Spike Rush

20 Churchill & District News 12 November 2009

# Hazelwood House Happenings



The ladies from the Churchill Lionesses enjoying a volunteers afternoon tea at Hazelwood House



Thank you to our local Dutch ladies who gave a very informative talk about their lives in Holland on our Dutch cultural day



Some of our residents enjoying a drink while watching the Melbourne  $\operatorname{\mathsf{Cup}}$ 

# Men, Masculinity and Mental Health

This article is from Monash University Gippsland's 'Rediscovering a Sense of Well Being' series.

In November 2008, the Commonwealth Government established a Senate Select Committee to inquire into a range of issues related to men's health in Australia. The report of that Committee was released in May of this year. There were a number of significant conclusions and recommendations.

Australian men are long-lived by world standards but their health status exhibits distinct differences from that of Australian women and is, by most measures, worse. Men's life expectancy was 4.8 years less than women. If dying before the age of 75 years is considered premature, then a man dying at 60 years will have lost 15 potential years of life. On this measure, Australian men lose 75% more years than women. The leading contributors to Potential Years of Life Lost for males are coronary heart disease, suicide, land transport accidents and lung cancer. Twice as many male deaths as female are considered avoidable.

Generally, Australian men are less likely to experience a mental health problem than women. However, in specific areas and age groups men carry a greater share of the burden of disease. Substance abuse is common in age groups of men. The incidence of suicide among men is four times that of women. Seventy per cent of men with a mental health problem do not seek medical advice. While less than women, significant numbers of men experience both depression and anxiety.

Poor health outcomes for men can be explained in part by social determinants such as economic circumstances, lifestyle, employment and specific events (eg drought, separation). Health outcomes are also influenced by the social and cultural construction of masculinity, in other words how we define ourselves as men. Our conformity to the complex set of expectations, norms, values and behaviours which we call masculine culture will determine how we manage our health and seek help when we need to. As the recent Irish National Men's Health Policy puts it: Mental health issues can pose a threat to a man's masculinity, as evidenced by the way many men conceal symptoms, reject help-seeking and rely on more 'acceptable' male outlets, such as alcohol abuse or aggression, to deal with a mental health issue. (Republic of Ireland, Department of Health & Children, National Men's Health Policy 2008-2012, (Dublin 2008), p. 72, para-

When it comes to defining manhood or masculinity, researchers agree that we can no longer talk about a single, innate concept of masculinity. There are as many expressions of masculinity as there are men. Masculinity is something that we do, rather than what we are. An individual man may express his masculinity according to the circumstance he finds himself in. Footballers on the field might be comfortable expressing physical affection after kicking a goal, but they would never be seen embracing one another off the field for fear of being

labelled homosexual. Men might express vulnerability with their wives or female friends, but never with other men in the workplace or the pub for fear of being labelled as weak.

Having said this, it is universally agreed that there are common identifiable features that define "traditional" masculine behaviour. These include being independent, super-competent, experienced, rational, invulnerable, unemotional, in-authority, tough, work being a major focus of life, being reluctant to ask for assistance, having a proclivity for physical confrontation, and being suspicious of the feminine and the homosexual.

When we act contrary to these cultural expectations, or see other men acting contrary to those norms or we fall short of what is expected of us, we experience internal conflict or discomfort. The more internal distress we experience the more likely we are to conform to the demands of "normative masculinity. The more constrained we are by masculine values the more exposed we are to a range of physical and mental health issues. Research is now revealing that if we conform rigidly to traditional masculine norms the more likely we are to suffer depression and anxiety; more likely to be concerned about our work over our family; have difficulty with intimacy with both women and men; be unable to identify and express our feelings; unwilling to seek help when required, and more likely to harm ourselves or others.

The senate select committee acknowledged this research when it concluded that "the whole issue of anxiety, depression and other mental health problems in men is one of the most difficult to deal with in that identifying a problem and seeking help or treatment comes into conflict with what appears to be an entrenched aspect of masculinity, resistance to admitting weakness, seeking help and talking openly about emotional matters." (Senate Select Committee on Men's Health 2.7)

The challenge for us men in the light of these findings is not to repudiate many of these masculine values, but to rewrite our job descriptions as men, fathers and husbands that allows for the inclusion of other values, greater flexibility and responsiveness to the circumstances in which we may find ourselves. As men we are challenged to be less contemptuous of weakness, less controlling of women, less identified with our work and less inclined to physical confrontation and the need to win. As fathers we are challenged to teach our sons that they are no less men if their sexual orientation if different, they show vulnerability or ask for help. As husbands we are challenged to be less emotionally distant, less numb to their own feelings, more intimate with their partners and find greater balance between work and family.

It is universally recognised that we will move a long way to improve our health outcomes when our attitudes and behaviours embrace a broader frame than that promoted by our current constraining masculine culture.

Churchill & District News 21 12 November 2009



Helen Russell, Ann Van Rhine, Richard Lawrence, Ros Spratt, Rosemary Andrews of TRCC and Kay Walton from Bass Coast

# Tarwin River Canoe Club – Glenelg

Recently seven intrepid explorers from the Tarwin River and Bass Coast Canoe Clubs, enjoyed three days paddling on the Glenelg River in the Lower Glenelg National Park. The Glenelg River flows for 400

kms through farmland, native forest, limestone gorges and past quaint riverside boathouses before widening into a shallow lake system. It flows into the ocean south of Nelson. Twenty-nine landings and

numerous campsites make the Glenelg River perfect for canoe camping.

Paddler enquiries to MOB: 0437 GOTRCC.



Michael Barbagallo, PhD student and "Scientist in school" at Churchill North Primary

# **Monash University Gippsland Hosts CSIRO Travelling Film Festival**

Gippsland Primary School students have been learnof local schools visited Monash Gippsalnd to view the CSIRO sponsored travelling film festival SCINEMA.

2009 is 'The International Year of Astronomy' which provided the theme for this year's SCINEMA program.

SCINEMA is a science film, video and multimedia festival that is aimed at Primary School audiences. It brings together a program of science drama, documentaries, and short stories as well as a number of guest speakers. SCINEMA is a component of the CSIRO Scientist in Schools project, designed to inform and influence school students about the value and relevance of science to industry, communities and society.

Monash Gippsland PhD student Mr Michael Barbagallo is the Scientist in School at Churchill North Primary School. He also hosted the students who visited SCINEMA at the Churchill Campus.

"It is rewarding working with Primary School chiling more about science at Monash University Gippsland. dren," said Mr Barbagallo. "the aim of our Scientist in During National Science Week children from a number Schools program is to promote science education to younger students and to experience their enthusiastic response to our work is very gratifying."

Churchill North Primary School teacher, Ms Michelle Midgley said, "the students have been inspired both by the SCINEMA film festival and the Scientist in Schools project."

"The hands-on experiences the children have through Michael's involvement has inspired them to think more deeply about science and has further challenged their inquisitiveness."

Both SCINEMA and Science in Schools are organized by the Gippsland Access and Participation project established by Monash University Gippsland with funding received from the Federal Government. This project is designed to increase participation of rural and indigenous students in higher education.

# African Children Suffer Hunger While Westerners Battle Weight

You can change this for at least some

My name is Rev. Lyn Fowler, and I head up Glory to the King Ministrie International Inc

Between 1 September and 30 November 30 2009 I am going to try to lose 20 kg and in the process to help some very needy children through the Widows and Orphans Empowerment Project in Uganda, Africa.

You can be part of this project and make a difference in the lives of orphans in Uganda by sponsoring me for each kg I lose, or by simply making a donation.

Next year we want to open the LoseWeight4Waifs Challenge for participation by anyone in Victoria. For more information or to sponsor me please call 5169 6788 or www.LoseWeight4Waifs.com



# Latrobe Friends & Volunteers **BBQ Dinner**

Friends of Baw Baw National Park Friends of Morwell National Park Friends of Tarra Bulga National Park Friends of Mt Worth Sate Park Friends of Tyers Park Mt St Gwinear Ski Patrol Friends of Lyrebird Forest Walk Friends of Crossover Regional Park Friends of Glen Nayook Friends of Traralgon South Flora & Fauna Reserve Australian Deer Association

The Latrobe Ranger in Charge extends an open invitation to you and your family to join Parks Victoria staff for a BBQ dinner to celebrate the significant contributions made by Friends Groups and volunteers in park management during 2009.

This is a great opportunity to network with members of other Friends Groups and celebrate our achievements together. The BBQ dinner will be held at the Bert Thompson Reserve (Behind the Pizza Hut in Argyle Street, Traralgon) on Sunday the 15 November 2009 starting at 5.30pm. Soft drinks and food will be provided. BYO drinks, plastic plates, cutlery and chairs.

RSVP: to Andy Gillham at Parks Victoria, 71 Hotham St Traralgon, or on 5172 2186 or Email agillham@parks.vic.gov.au by Thursday 12 November 2009.

22 Churchill & District News 12 November 2009

Churchill & District News: Junior Fishing Competition 2009 WINNERS

Overall Winner: Heaviest Bag: Dylan Gatt Biggest Catch: Dustin Weir Mystery Weight: William Johnson Most Unusual Catch: Lachlan Bauman Smallest Fish: Rosy Carter

## 4 - 8 Year Olds

1st Blair Motta. Age 6. Total Catch: 937gms 2nd Dylan Evans. Age 8. Total Catch: 751gms 3rd Luke Bryant Age 5. Total Catch: 560gms

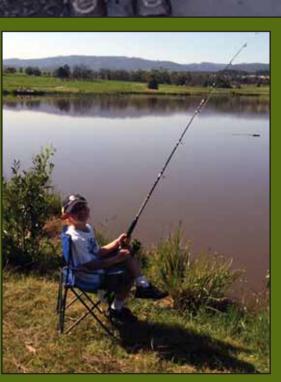
#### 2 - 12 Year Olds

1st Dustin Weir: Total Catch 1.1kg 2nd Dylan Motta: Total Catch 524gms 3rd Chloe Tarasinski: Total Catch 578gms

#### 3 - 16 Years

1st Dylan Gatt: Total Catch: 1.474kg 2nd Angus Pegg: Total Catch 348gms 3rd Hayley Mullins: Total Catch 272gms.













12 November 2009 Churchill & District News 23

# Lumen Christi Primary School

# School Fete

# Wow! Wow! What a fantastic night!



The atmosphere was terrific and the comments from parents, students and visitors were so uplifting. Everyone had a terrific time.

There were some new events this year neluding pony rides and a reinvented Funnel of Terror!

The children spent time making beautiful patchwork quilts, which were

auctioned off on the night.

Thank you to **EVERYONE** who helped in any way, especially those people who sewed those wonderful quilts.



Without so many willing helpers, we would not be able to hold such a successful event

# STATE SOCCER FINAL

On Monday
September 14, our girls'
soccer team travelled
down to the Darebin
International Sports
Complex to play in the
VPSSA State Soccer
Finals.

The venue is an experience in itself.

The girls played their three games with enthusiasm and energy and we are very proud of them.

While unsuccessful on the day, out of the initial 1,850 teams that started at a District Level, our girls made it to the top eight teams in Victoria.



We were all thrilled that they achieved such a success.

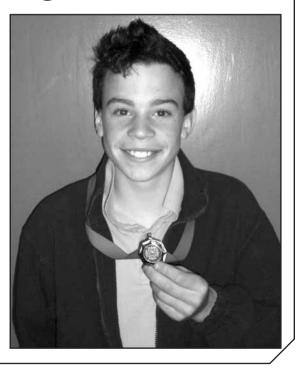
We are especially grateful to both Erin King and Tom Sands for all the time they put into coaching the girls.

# **Congratulations**

Congratulations to Cameron Ryan who competed at Regional in the 100 and 200 metre sprints and then progressed to the State level in 100 metre sprint.

Cameron came third in Victoria.

Well done Cameron!



# Music - Count Us In

All around Australia on Thursday 22 October, hundreds of thousands of students performed the "Music is Everything" song at the same time as part of a nationwide celebration of music.

At Lumen Christi, the Grade 4/5 students created some great dance moves to go along with the song and the whole

school performed the song and dance together.

The children loved singing and dancing together!

# Active After School Care Program Children Have Fun Horse Riding!

Lumen Christi Primary School has a free Active After School program that runs from 3.00-4.30pm on Tuesday, Wednesday and Thursday afternoons for seven weeks every term.

During the fourth term this program is running a horse riding program on the Thursday afternoon. We had an amazing response from both parents and very excited children. We have two groups that will run for four weeks each, and have a waiting list. Those on the waiting list will be the first in when we run our Term 1 2010 program.

Having this program available to the children has provided many with an opportunity that may not have had. The program will assist children in learning how to ride, maintain good health and the optimum condition of the horses.

Other activities include golf held on Tuesday and gymnastics held on Wednesday afternoons.

The Active After School program has provided the children with an amazing opportunity that all involved appreciate.

We would also like to thank Hazelwood Lodge's Catherine Martindale for providing the lessons and an



amazing opportunity for the children. A special thank you to Sandra Ashford, Regional Co-Ordinator of the Active After School Care - Australian Sports

# 3/4 WOORABINDA CAMP



On the 19 and 20 of October Grades 3 and 4 attended Woorabinda School Camp. On Monday, we all settled in and hiked to the cookout where we made fires and cooked our lunch.

Back at the camp in the afternoon, we enjoyed initiative games, the zip wire, ropes course, archery, and canoeing.

After a yummy dinner, our night hike tour guide ensured we all got to see some night life along the way.

Day 2 was just as busy and to finish off the day, the children participated in the Quest Challenge.

What a fun packed couple of days. We all headed back to school and slept well that night!

# Sporting Achievements

We congratulate Lachlan Griffiths who qualified for the State Final of the Victorian Schools Cycling Championship. In the lead up to this event, Lachlan represented Lumen Christi in the Under 13 Novice event held in Lakes Entrance.

Lachlan competed on the 17 October and the cycling route was around Lygon Street, Carlton where he came 8th.

# Boolarra Primary School

# SUCCESSFUL GARDEN BLITZ



All the students worked with celebrated garden guru, Jane Edmanson, to create fabulous new gardens during the first week of the term.

Lots of parents and other community members pitched in and assisted. The Boolarra Community Development team generously provided a barbecue lunch for everyone.

Jane presented the school with a

colourful painting to remind us that plants and flowers can cheer us up.

The Royal Australian Horticultural Society donated superb trees and the Fuchsia and Roses Nursery also helped out with lots of wonderful flowers.

We are very grateful to our school neighbours, Rob and Marietta Herni from Boolarra Plants for making this venture possible.

# ATHLETIC SUCCESS



Kayla and Erin of Grade 4 represented our zone at the recent Regional Athletic Sports.

Erin was placed 4th in discus (miss-

ing out on 3rd place by a narrow margin) and Kayla 8th in her run (which was a sensational effort, especially as she has been feeling unwell).

#### 125th Birthday Celebrations

Tessa, Chloe and Alana of Grade 5/6, along with all of the teachers and our Business Manager, Ms Wendy Jones, did a magnificent job setting up our school display for the town's 125th Celebrations. The 5/6s and Ms Tina Larrad also made a very informative computer presentation outlining the history of the town. Parent, Gabbi' also whipped up a superb hummingbird Birthday Cake, which was very much appreciated by all. The good weather added to the pleasure of the day. A few people entered into the spirit of the occasion by dressing in olden day clothing, and some were rewarded with certificates and chocolates. The Boolarra Historical Society did a great job providing information on a tour of the heritage signs installed about the town by the Latrobe City.

#### Core Value - Supporting One Another

In our "Bounce Back", Personal Development Program we have been working on helping our students to build their team skills. The Grade 2/3/4s came up with a great list of what they understand 'Supporting Others' to mean. It included: looking after each other, at Sports events, saying "good job" instead of "boo", helping each other, if people are hurt you say "Come on, you can do it", looking out for each other and caring, including people left out into the game and if a friend is doing something challenging, you say "Good luck". They did a good job and showed that supporting one another is one of the strengths of our school, but we can always do better.

#### National Bandanna Day

We have been selling bandannas and pens to raise money for the Leukaemia Foundation. We are grateful to Kath Kershaw for providing these for us so we could support this worthy cause. Our school community learnt firsthand how vital it is to find a cure for this disease when it claimed the life of Kath's son and former pupil, Louis Scherer, a few years ago.

#### Bike Ed Success

Our Bike Ed team did a sensational job at the recent regional finals. They placed 4th, narrowly missing a place in the state finals (2 points separated them from the 3rd team, which is a tiny margin when we scored 631 points!). Ms Jo Dryden was delighted with the performance of the team, (who bettered their previous best score) their behaviour and attitude.

Mosaic Work Our art teacher, Ms Karen Twomey, is managing our next major school beautification project. Karen and local artist, Ms Meg Viney, are working with our students to develop an mosaic display which will adorn the walls in the area where our students line up to come inside. It is coming along brilliantly and our students are thoroughly enjoying the experience. 5/6 Ballarat Camp

Our Grade 5/6 teacher, Ms Tina Larrad, has put an enormous amount of work into planning and coordinating the Ballarat Camp our school and for Thorpdale and Narracan students. The students will have a wonderful time obtaining firsthand experience of the Gold Rush period and other aspects of our history. School camps are possibly the most exhausting activity a teacher can undertake as the responsibility of looking after other people's children, in a foreign environment 24 hours a day is enormous. They are also one of the most rewarding experiences for teachers as we enjoy seeing students blossom during such opportunities. No sooner do they get back from Ballarat than 11 of our 5/6s will head off to the Education Department Camp at Somers.

#### World Teachers' Day

Students from Grade Prep to 6 recently took part in making a video for the World Teachers' Day competition staged by the Victorian Institute of Teaching. Our students addressed the theme of What Makes a good Teacher with lots of confidence and conviction, as they know the teachers at our school are great teachers! The teachers were treated a lovely morning tea, a special lunch and messages of appreciation on World Teachers Day (which was celebrated on Monday 1st November for us as the 5/6s were on camp on the actual day -Friday 30th October)

## Forthcoming Events:

Thursday 26 Nov - P/1/2 dinner at school, with Grades 2's sleeping over and then going home after breakfast on Friday 17.

Tuesday 1 December - Life Ed Van visits our school. There will be as session for all grades.

Wednesday 9 December - R.E Concert

Friday 11 December - Whole school production, matinee and evening show.

Tuesday 15 December - Community Carols

Thursday 17 December - Grade 6 Graduation Ceremony. Friday 18 December - End of School Year.

# **SCHOOL PRODUCTION**



Our students are working brilliantly with Maria, our Production Coordinator, and mastering some really impressive dance routines.

Every child in the school participates in our production which will be staged at the Boolarra Memorial Hall on Friday 11th December once during the afternoon and then again in the evening.

Tickets will be sold to help cover the costs of the hall hire, lighting and sound equipment. They will go on sale early next month.

# Kurnai College Churchill Campus

#### **World Teachers Day**

The celebration of World Teachers' Day took and programs that will ensure their students are place on 30 October. This gives the learning community the opportunity to acknowledge the hard work and dedication of teachers throughout

Teachers are a dedicated group of people who often have to work in difficult situations, such as being under-resourced, to try and give their students the best start in life possible. Teachers at Kurnai College go 'above and beyond' to help their students achieve. Many attend school camps where they are on duty 24 hours a day for the duration, take students on day excursions involving early starts and late returns, often battling the hurley burley of Melbourne traffic and crowds in the process.

Still others spend many hours in the week

advantage of these skills to help students learn. Kurnai College Council acknowledged the work of teachers in the school at its recent meeting, and a member of council attended each of the three campuses of the College on World Teachers' Day to thank teachers for their dedication to the students of the College. Council also provided light refreshments for the teachers on

researching more engaging teaching strategies

able to make the most of their lessons. While

many find it difficult to keep pace with develop-

ing technology, they realise that kids today are

very technology-savvy, so adults need to take

## Arts Show

As part of the year's arts festival, the theatre department has begun to present three original

works. They form a quirky program of plays conhave a shoe fight while a giant shoe is coming ceived and produced by students, which really closer and closer to earth. You will be entranced showcases the creative strength of these groups of students.

On Wednesday 11 November, the Year 9 class presented "Truth or Dare". It was a powerful story of teenage life, with strong language and a deep relevance with inclusions of topics of love, drugs, judgement and suicide, which are all part of the mix of life. It was told in a very unusual style of storytelling. There was a wicked twist at the end. The acting was excellent, the writingintense and the music wild.

On Wednesday, November 18, the Year 8 class will present a completely different style of play "Bagging Politics". It is a comedy about politics, journalism, and the Sunrise Show. The

audience will see all of their favourite politicians

to watch how impending doom is dealt with in between visits to the local "entertainment centre" and the "lab". This is hilarious fun in the most creative style, like nothing you have seen before.

On Wednesday 25 November, The Year 7 student body will present a wild collection of small plays with huge dance pieces. The whole night includes small films, music, dance and clever little stories about teenage life. It is a fantastic collection showcasing over 100 student's

All performances start at 7pm for the public

It is a wonderful reflection of the robust cultural life at Churchill, and the vitality of students.

# Churchill Primary School

#### **Sporting Achievement**

Bradley Sands qualified and competed in the long jump in the State Schools Athletics at Olympic Park

Sixteen people qualified in his age group, reported Bradley. Each person was given three jumps, and the top eight chosen. Those top eight were given another three jumps to establish the winner. The winner jumped 4 metres and 28 cm.

Bradley came 10th in the State. Bradley thinks that being 10th in the State is pretty amazing.

He thanks his Dad for being such a great help, coaching him and taking him to the sandpit to practice. He also thanks his Mum for going to Melbourne with him.

Bradley hopes to start Little Athletics soon. He also hopes to get into the top eight next year so he will keep focussing and practicing.

#### **English On Line Testing (EOL)**

The Preps-2s have been tested using EOL Victoria wide tests. The information gained from these tests will show the student's progress and will help to determine future teacher planning to provide suitable programs to address student's needs.

#### **Shade Sails**

The National School Pride Grant has been put to good use improving the school playground facilities. New shade sails, a brand new school sign and new spouting have brightened up the school, made it a more Sun Smart school environment, and given a place where

coming events can be advertised.

#### Welcome Back to Teacher Kryshia Speirs

A welcome back was extended to Kryshia Speirs who has been Acting Principal at Cobains Primary School for Term 3.

Kryshia says it was very nice, a great experience and that she really loved her time there. She reported that the school runs smoothly. While she was there they held their school sports which was exciting. They also had lots of excursions. Kryshia met some wonderful people. The children Kryshia taught at Cobains are now pen pals with her grade at Churchill Primary School

On return, Kryshia was greeted with lots of hugs and 'we missed yous'. In return Kryshia was pleased to see how much the children had grown and learnt.

#### **Building Education Revolution Grant**

Principal Susan Gilmore has had confirmation that the building program will officially start in the last week of January, first week of February 2010. This is great news for Churchill Primary School as they will be in the first wave of new building contracts.

The senior school end of the school will be demolished and a new library, ICT area and four new class-

#### **Asthma Friendly Accreditation Process**

Staff at Churchill Primary School have been involved with asthma education and has achieved accreditation as an Asthma Friendly School.

# **Academic Success**



A number of Churchill Primary School students participated in the International Competitions and Assessment for Schools (ICAS), run by the University of N.S.W.

Thousands of Australian and International students take part in these examinations.

Churchill Primary School achieved the following results:

Computer: 5 students entered and achieved 1 Distinction, 1 Credit, and 3 Participations

Science: 4 students entered and achieved 2 Credits and 2 Participations

Spelling: 5 students entered and achieved 1 Distinction, 3 Credits and 1 Participation.

English: 2 students entered and achieved 1 Distinction and1 Participation.

Mathematics: 6 Students entered and achieved 1 Distinction, 3 Credits and 2 Participations

Writing: 5 students entered and

achieved 2 Credits Participations.

In the Australian mathematics Competition run by Monash University, Churchill's results were very pleasing. 9 students entered and achieved 2 Distinctions, 2 Credits 1 Proficiency Participations.

Congratulations Riley Flanigan, Rhys Comber, Rowan Flake-Farrell.

Crazy Hair Day



This activity was held to raise money for Save the Children Fund.

Along with some of the proceeds from the fete held on Saturday 7

November, the money will go towards buying a well for a village in Chad in Africa.

# Jungle Book

The Preps-2s attended a live musical show of Jungle Book in the Little Theatre at the Performing Arts Centre at Traralgon on 26th October.

The children had a most enjoyable time seeing all the characters they knew from the story.

Josh from Grade 1 reported: "On Monday we went to the Jungle Book. I liked it when Baloo threw the snakes. My favourite bit is when Jackal came onto

Dylan reported: "On Monday we went to see the Jungle Book. I liked it when the dingo(jackal) squirted water at

Hannah reported: "On Monday the 26th October 2009, all the Preps-2s that had paid went to a performance called The Jungle Book, at the Traralgon Little Theatre.

There were only three characters that were on stage, but there are more characters in the Jungle Book that they talk

The characters that were on stage

were Baloo the Bear, Mowgli the Cub Man, and I forgot the jackal's first name.

We got on the bus and went to the Traralgon Little Theatre. Then we went inside, but before we went inside we got a photo taken.

We had to make a tiger face. Next we went inside. My cousin Amity is in

She was sitting behind me. Well, at the start of the concert, Baloo did a song

At the end of the song, Mowgli came in. We had to learn a song. It was "I am Happy in the Jungle, howling away Hawooool." Or something like that any-

We had to roar like a tiger for a competition. In a bit of it, Mowgli just remembered that Sher Kahn was coming to eat him and us too. Amity called me

"Hannah, Hannah, are they really going to eat us?" In another bit (it happened a lot), he shook his bum. It was

# Prep Orientation Days

The Preps for 2010 have begun their and eager for school. orientation visits to the school. They seem wonderfully prepared for school, and excited by the prospect of this new adventure in their learning.

The school, too, is excited to have them. It is good to know they are ready

The next two days for visits will be Tuesday 17 November from 9am-11am and Thursday 20 November from 9am -11am. The State Orientation Day is on 8 December 2009

# Kurnai College Campus Churchill continued.....

#### **Athletics Day**

On Thursday the 8 of October five students from Kurnai College competed in the Victorian Southern Zone Athletics Carnival. Three students from Churchill Campus and two from Morwell campus competed in six events. Huge congratulations go to all the students who made it through to this round, especially Cedar Martin from Churchill Campus, who came second in the High Jump and qualified for the State Championships to be held at Olympic Park Melbourne. She received a silver medal on the

All the students did extremely well. They had to come at least first or second in the Gippsland region to get this far. The students

have been through several training sessions in their lunch times to help them prepare for their events. Kurnai has been running the lunch time sessions every Monday since the start of the year with great success. They hope future sessions will attract more students, so they can benefit as much as the five who competed this If your child is part of a sporting team and

could benefit from the knowledge of two teachers experienced in training youngsters how to run, then have them join in and they too will gain the advantages that running properly can





26 Churchill & District News 12 November 2009

# Hazelwood North Primary School

# SCHOOL SWIMMING

By Prep J

I liked the deep end. I went in the deep. I had a noodle. By Shaylee S

I went swimming and Mum watched me. I like to do pin drops. By Boyd M I did a pin drop, I touched the bottom, I did a somersault, and a backflip and we went to the deep end. We did backstroke. We used a kickboard and our teacher was Callan. We went to get the sinky toys and I got some of the sinky toys. We did a slide entry. My Dad came everyday to help the boys. By Mitchell L

I went to the Churchill pool. I did a pin drop. It was fun. I went swimming I did a handstand every day. I had kickboards too. I touched the bottom of the deep end. I liked my teacher. I went at the deep end. Mum and Archie came to watch. I did freestyle and backstroke too. Mitchell and Charlie were in my group. By Lara N

We went to swimming for 5 days, I jumped in the deep end, and I did a pin drop. My teachers name was Cheryl. I touched the bottom of the deep end. I like the pools. By Sophie B

I like swimming in the pool. Jaye, Ryan, Amy, and Lara went in the pool and we had fun. By Kayla P

At swimming, we did a pin drop at the deep end. I had fun. We squeezed the kickboard. We went to the bottom of the pool. Mummy and Zoe came to swimming with me. By Kelly N

I went under the water. I wore a life jacket. It was fun. We went to the Churchill pool. We went to the red line. I liked my teacher. I used a noodle. My Mum and Dad came to watch. 5 days at the Churchill pool. I can swim by myself. I like swimming. By Ryan R

I like swimming. I did a pin drop. Using the noodle was my favourite. The girls were slow (in the change rooms). I was wearing my shorts. By Liam H

We went to the Churchill pool. I went in the deep end. I touched the bottom. It was fun. I did the backstroke all of the way. It was fun. My teacher was Callan. Mitch was in my group. My Mum came to watch me. I like swimming and we wore our clothes. By Charlie B

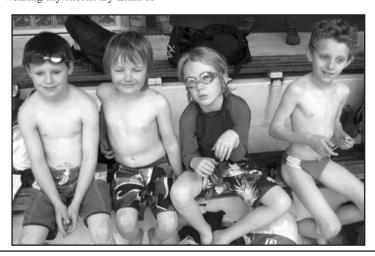
We went under. I went to the other end. We went on a letter. Calista, Sophie, Gavin, and Liam are all in my group. We did a pin drop in the water and we had a board. By Emmerson T

I like swimming at the Churchill pool. I did a jump in the pool. 5 days at the Churchill pool. I liked it and I went on a noodle. I went to the deep end. Caitlyn was my teacher and Mitchell Boyd and Kelly they were in my group. I like it. By Sarah O

We went swimming. I went to the deep end and it was fun. I liked my teacher. She was nice. We went to swimming for 5 days. I liked swimming. Jenny came to watch me and my Mum too. I used a kickboard and a noodle. Shaylee was in my group so was Sophie Liam Emmerson and Calista. By Gavin

At swimming, we had kickboards. It was fun. I did a handstand under water. We were there for 5 days. We got noodles. We used them for horses. They were fun. Lara, Jaye, Jorja, and Shaynia were in my group. We went to the middle of the pool. My group wore life jackets. We wore our clothes. My Mum and Dad came too. It was good. We jumped in the pool. My teachers name was Ros. By Amy K

I liked it when I was up near the deep end. I jumped in the water. I did open shut them. Mum and Dad came to watch me. It was fun. I liked blowing bubbles when I was doing the Jack in the box 4 times. By Jaye P



#### Mental Health by Grade 4R What is Mental Health?

Last week was National Mental Health Week so Grade 4R took the opportunity to find out what it really

Here are some of the things we discovered:

- Mental health is NOT the same as mental illness
- Everyone has mental health
- Just like our physical (body) health, we need to keep our mental
- (mind) healthy too. Mental health is feeling good inside
- ## Being mentally healthy is feeling happy, confident and resilient. It is just like the things we learn about in the You Can Do It Program.

We all made our own 'Mental Health' mind maps with strategies that help us to feel better and stay mentally healthy. These are on display in the foyer, but here are some examples how Grade 4R look after their mental

Think positive thoughts

Play sport or do some physical activity:

Play with a pet Motorbike riding

Listen to music Draw or paint

Sleep

Play a game Keep busy

Cuddle mum, dad or your teddy

Spend time alone Talk to a friend

Sit in the garden

Snuggle in bed

Watch a movie

Relax

Go on a holiday

Mental health - understanding

# **OUR SCHOOL PRODUCTION BEST FOOT FORWARD**



Hazelwood North Primary school put on a fantastic performance on the 21 and the 23 of October. They performed a production called Best Foot Forward. Caitlin, Tyler, Luke, Chloe and Mikayla were the main characters of the wonderful production. The director/producer, Mrs Janelle Szkwarek, did an excellent job of sorting and finalizing the show. Mrs Szkwarek was planning it for months, sorting out the lighting, characters and

props. We practised our roles throughout terms two, three and four. Finally the big day came. All of the children at H.N.P.S performed their part and did an exquisite job! We all sang, danced or spoke in front of an audience and became much more confident at performing. Everyone was very pleased with themselves for putting their 'best foot forward' and giving it a go!

By Jade, Chloe and Sophie.



# **Human Powered Vehicle Maryborough**

By Jaymi and Jordan.

Keeping healthy and happy

What is physical health?

That is easy - it is about keeping

our bodies as fit and well as can be.

There are times when we all get sick

and need to look after ourselves so we

involves making sure we are getting

enough rest, eating healthy foods, exercising and taking medicine that is

Looking after our physical health

What is mental health?

Many people do not really under-

The truth is we all have mental

health just as we all have physical

strange. THIS IS NOT TRUE.

involves looking after our physical

what it is

and mental health.

can get better.

given by a doctor.

In November, students from Hazelwood North Primary School Years 5 and 6 are participating in the RACV Energy Breakthrough camp in Maryborough.

Earlier this year we wrote letters seeking sponsors. While we are at Maryborough, we will be going through scrutineering, presentation and the race. We are there for 3 days (18 to the 21 of November) we start racing on Thursday at 9:00am and end at 9:00pm. We have been training for a month and a half and we have been working on our presentation and our speeches. We have



learnt about global warming, road safety and the safety features of the vehicles. Everyone has been working very hard and is looking forward to it.

health.

Mental health is about the way we think and feel about ourselves and our world. It is about how we handle our everyday lives, like making an keeping friends, keeping up with schoolwork and getting along with our fami-

So just like our physical health, there are times we feel well and happy and times we do not feel so great. Everyone feels angry, sad or scared at times and in most cases, people get

It is important to look after our mental health so we live a happy life.

### Paul O'Brien's Retirement

Last Thursday we held a function to celebrate Paul O'Brien's 35-year career in education. Mr O'Brien taught at Hazelwood North Primary School from 1986. There were more than 50

people present including our School Council President- Sandra Stevenson, past president Wendy Moore, current and former colleagues and Paul's family and friends. We wish Paul all the best in the future.

# Events at H.N.P.S.

Health and Human Relations 11 and 25 November. Puberty Session 13 November - Year 4 and 5 Maryborough H.P.V 18-21 November NovemberWater Safety Day Hazelwood Pondage 7 December - Years 3-6 Orientation Day 8 December - Prep and Year 6 Graduation

14 December - Grade 6

stand what mental health is. They think "mental health" has something to do with not being very smart or being

12 November 2009

# Churchill Bowls Club Membership Boost

The Churchill Bowls Club will wrap up its indoor bowls program for the Christmas break on Thursday 10 December with a light supper after the completion of the night's indoor bowls activities. The year has culminated in many new faces of all ages and gender, turning up with their friends and families to brave the unknown, have a go at indoor bowls, and enjoy the social and sporting interaction that is intrinsic to community based activities. We intend to recommence the indoor bowls season in the first week of February 2010.

We are enjoying a boost in membership with another 10 people joining the club in the past month. This augurs well for the future viability of the club, its members and the Churchill community as a whole.

At the club's last committee meeting held on the 28th of October 2009, Ian Murphy the Recreational Officer for Open Space Planning Latrobe City, addressed the committee and members on the complex issues involved in the future of the Gaskin Park Complex. Although the final outcome is still a few months off, the committee and members came away from the meeting with a positive outlook

Our thanks to Ian and Latrobe City for giving their

time and energy in addressing our meeting, and bringing us up to date on the latest developments relating to Gaskin Park.

The Churchill Bowls Club will be involved in the Churchill Festival in March 2010. It is our aim to promote lawn and indoor bowls at the festival, and laud the benefits and rewards in being part of a team involved in a sporting activity. We intend to have coaches available on the day to assist any new budding indoor bowls players.

It is envisaged that we will have our own indoor bowls pennant team up and running in 2010, competing against other teams in the district. This will be an historic moment in the club's history as it will be the first team to represent the Churchill Bowls Club in actual competition.

In closing, I would like the opportunity to thank the following businesses who assist us with financial and in house support:

Churchill Maintenance & Fabrication, Picton Hopkins Plaster Suppliers, Morwell, Morwell Lighthouse, Flexitray Waterproofing, Morwell, Hazelwood Health and Churchill Barber Shed.



# **Agility and Obedience**

By Karen Bradfield

For those who like challenging activities with their dogs the Gippsland Obedience Dog Club held dual Obedience and Agility Trials on Sunday 8 November. This event attracted competitors from various parts of the state.

The aim of both was to test the abilities of both dog and handler, showing the willingness of the dog to obey and to perform as asked.

In Agility, the course consisted of obstacles including jumps, a tunnel, ramps, weaving poles and the like set up as a course, which has to be negotiated within a set time and in the correct order and manner so as not to incur penalties. This was fast, exciting to watch and compete in, and a great way for active dogs to

have fun.

Obedience was judged at various levels depending on the ability of dog and handler starting with the beginning level of CCD where nearly the entire test is done on lead through to the more advanced classes where the entire test is done off lead and involves such tasks as directed jumping, retrieving and finding the handler's object from a group of the same articles by scent.

Of course, in a perfect world, all the dogs would be obedient and do things exactly right all of the time but that is not the case. As anyone who competes in the sport will tell you, a dog will keep you humble and give you a sense of proportion when it comes to being in the ring. Sometimes it is a handler that causes the fault that loses vital points and sometimes the dog has ideas of its own. These can be amusing at times - at least for the onlookers. There are also times when a dog can be too enthusiastic while wanting to please its owner. A friend of mine whose dog decided to retrieve a dumbbell thrown over a jump in the next ring by fetching it before the correct dog was sent to do so was highly pleased with his own cleverness although the handler could only shake his head.

Both these sports can be a lot of fun for those who take part as well as producing a dog that is a pleasure to live with. If you think you might be interested contact the DOGS Victoria on 03 9788 2500.







# Churchill Monash Golf Club Results Round Up

#### 10/10/09 4BBB Par

Winners: D. Taylor (20) J. Ambrosini (23)+9, Runner Up: J. Robinson P. Rickwood +8 c/b DTL: D. Scurlock R. Scurlock +8; B. Barnes J. Jeffery +7 c/b; D. Beyer B. Downie +7 NTP 3rd M. Brereton; 5th R. Scurlock; 12th P. Rickwood; 14th H. Martin

#### 11/10/09 Stableford Men's

Winner: L. Stein 32 pts; DTL W. Peter 30 pts NTP 3rd W.Peter;12th B. Kilday

## 13/10/09 Stableford

Winner: L. Peake (41) 38 pts; DTL C. Ellis 33 pts; C. Barnes 32 pts; E. D'Alterio 31 pts NTP 5/14 33-45 L.

#### 10/10/09 4BBB Par

Winners: D. Taylor (20) J. Ambrosini (23) +9, Runner Up: J. Robinson P. Rickwood +8 c/b. DTL: D. Scurlock R. Scurlock +8; B. Barnes J. Jeffery +7 c/b; D. Beyer B.D ownie +7 NTP 3rd M. Brereton; 5th R. Scurlock; 12th P. Rickwood; 14th H. Martin 11/10/09 Stableford Men's

Winner: L. Stein 32 pts; DTL W. Peter 30 pts NTP 3rd W.Peter;12th BKilday

#### 13/10/09 Stableford

Winner: L. Peake (41) 38 pts; DTL C. Ellis 33 pts; C. Barnes 32 pts; E. D'Alterio 31 pts NTP 5/14 33-45 L. Peake

#### 17/10/09 Stroke

A Grade: G. Beyer(12) 67; B. Grade: P. Junker(20) 69; C Grade: G. Marshall(33) 68 DTL: J. Robinson; K. Hills; J. Thornby; W. Judkins; T. Webb; T. Sterrick; A. Percy NTP 3rd T. Collins 5th S. Wotton 12th Dael Scurlock 14th P. Junker Birdies J. Thornby

#### 20/10/09 Stableford 2nd Round Gold Putter

Sponsored by June & Danny O'Reilly Day Winner: J. Leslie (24) 33 points DTL: M. Munckton 32pts; C. Barnes 31pts; J. Beck 30pts c/b NTP 5/14th 33-45 C. Barnes. Winner of Gold Putter C.Barnes on c/b

#### **24/10/09** Stableford

A Grade: J. Robinson (16) 40 pts c/b; B. Grade B. Kilday(20) 36 pts; C. Grade E. Hayes Hills (28) 39 pts. DTL P. Coad 40; N. Peller 38; G. Beyer 37; P. Kearns 37; S. Wotton 37; B. Barnes 37 NTP 3rd W. Peter 12th P. R. Hart 5th B. Kilday 14th G. Beyer Birdies B. Kilday 5th; P. Hart 12th; L. Stein 5th Eagle P. Kearns 7th

## 25/10/09 Open Mixed Canadian

A Grade: R & D Scurlock (9) 71; B Grade: L. Stein & L. Peake (19 7/8) 70 1/8; Visitors Trophy: T & S Traill (11 1/4) 72 3/4 NTP 12th T. Traill; 5th J. McCafferty; 14th A. Nicholas DTL A. Nicholas & D. Wood (16 1/2) 73 1/2; S. & I. Yoshimura (13 1/8) 74 7/8

#### 27/10/09 Ladies Invitation Day

Winners: D. Scurlock & J. Beath 48 pts; Runners Up: M. Munckton & J. Payne 46 pts Best 9 In M. McConville & J. St.Ellen 24 pts; Best 9 Out T. Buxton & J. Elder 23 pts. NTP 3rd J. Blizzard; 12th S. Cooke; 14th D. Scurlock DTL J. Blizzard & D. Bennett 42 pts; K. Raber & D. Deppler 42 pts Birdie D. Scurlock 14th

# **24/10/09** Stableford

A Grade: J. Robinson(16) 40 pts c/b; B. Grade B. Kilday(20) 36 pts; C. Grade E. Hayes Hills (28) 39 pts. DTL P. Coad 40; N. Peller 38; G. Beyer 37; P. Kearns 37; S. Wotton 37; B. Barnes 37 NTP 3rd W. Peter 12th P.R. Hart 5th B. Kilday 14th G. Beyer Birdies B. Kilday 5th; P. Hart 12th; L. Stein 5th Eagle P. Kearns 7th.



MASTER YOUR GREAT OUTDOORS

# **尚Husqvarna**®

\$2899Save \$300



# Lawn care has never been easier.

Huge range of ride-on mowers to suit homeowners and professional operators. From lawn tractors to commercial zero turns, we have you covered.

LTH126 Tractor

Briggs & Stratton - 12.5hp - Foot-pedal Hydrostatic -Side-discharge 77cm (30") cutting deck.



CTH 1736 Tractor Kohler Courage OHV 17hp - Hydrostatic - Rear-collect 92cm



\$400

\$5499 Save \$500

12 November 2009

LTH 1742T Tractor

Kawasaki V-Twin OHV 17hp - Foot-pedal Hydrostatic - Sidedischarge 107cm (42") cutting deck.





R13C Rider Briggs & Stratton OHV - 12.5hp - Hydrostatic -

94cm cutting deck.

(36") cutting deck.



R16C Rider Briggs & Stratton OHV - 15.5hp - Hydrostatic - 94cm cutting deck.



R15V2s AWD Rider Kawasaki V-Twin OHV - 15hp - Hydrostatic AWD -Choice of 103cm or 112cm cutting deck.

Price includes 103cm deck



RZ4219 Zero Turn Briggs & Stratton ELS 19hp - 42" Stamped steel cutting deck.



EZ4624 Zero Turn Briggs & Stratton EL5 24hp - 46" Stamped steel cutting deck.



MZ25 Zero Turn Kohler Courage Pro 25hp - Choice of 52" or 61" fabricated 10 gauge cutting decks. Price includes 52" deck



Huge range of

refers to model 2356



**Huge range of Trimmers** & Brushcutters



Hand-held & Back-pack

refers to hand-held model 125B



**Homeowner & Professional** Hedge Trimmers

refers to model 123HD60

Commercial Extreme Duty -

All day, every day use.



Frequent or demanding use.



Medium Duty -Seasonal or occasional use.

Ask us about our EZILEASE finance solution with an affordable, fixed monthly repayment, so you **EZ**ILEASE can take home the equipment you need today! Finance available to approved applicants only. Prices with Husqvarna quoted are calculated over 4 years and include GST. Conditions apply, see in-store for details

YOUR LOCAL HUSQVARNA SPECIALIST

Central Gippsland Mowers & Chainsaws 533 Princes Drive, Morwell Tel: 03 5134 8899 www.husqvarna.com